

35th Issue

August 2020

Westbrook Village

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Games that Sharpen the Mind

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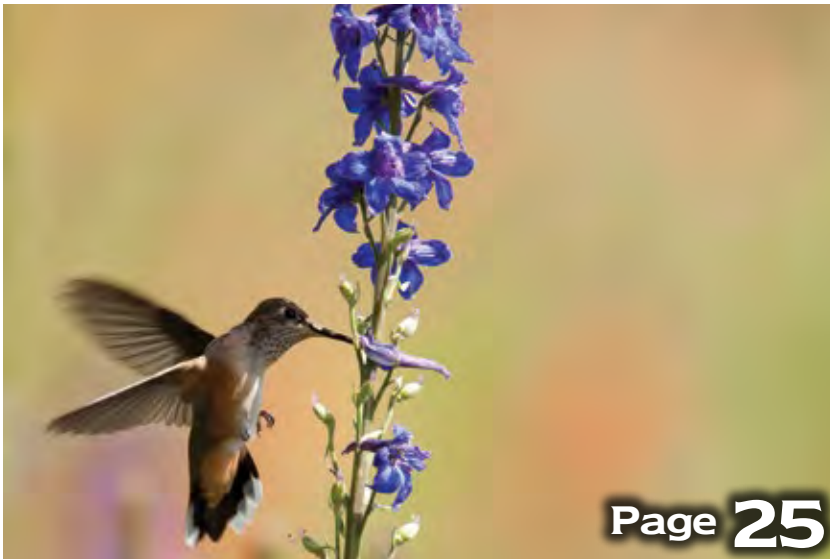
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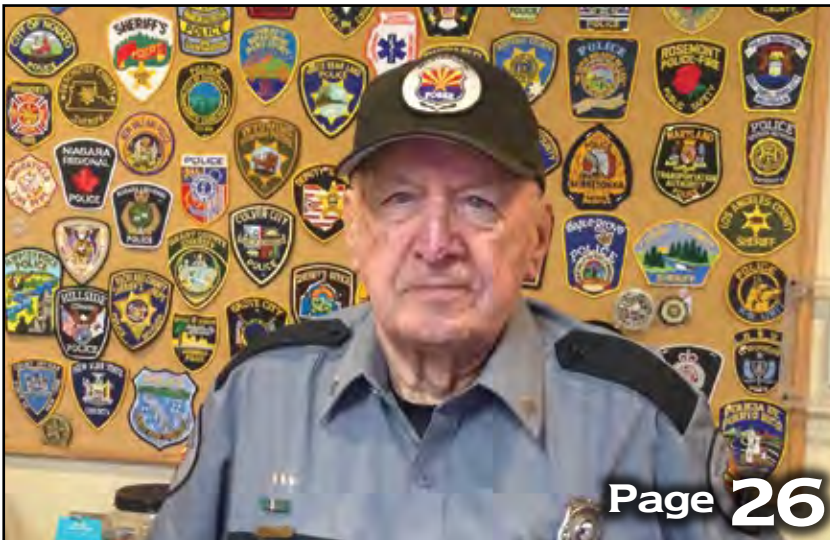
August 2020

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A resplendent Rufous hummingbird sips nectar from a wildflower



Page 26

Posse co-founder Bill Sandvig retires from countless donated hours and more than 20 years of Posse service to WV

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Deadline for submissions

for the September issue is **August 1st.**

Call Judy Carrucciu at **623-321-2209** for advertising rates or send an email to: **admin@westbrookvillageLIVING.com**. Please also send all ideas, articles, club news and memories to Judy.

This publication is delivered at the end of each month via U.S. Mail in Westbrook Village and surrounding area.

Editor's Message

I think we are all sick and tired of Covid-19 at this point. I pray daily that the virus goes away soon, or a safe vaccination is developed so that we can live our lives freely again. Until that happens, please take care to be careful and safe in your everyday excursions.

This slowdown has made us all stop and appreciate the little things in life, like the beautiful hummingbirds that we see in Westbrook Village. Check out the article on the Rufous Hummingbird on page 25.

Every day I make a gratitude list. This list helps me keep a positive outlook even amid this pandemic. We have so much to be grateful for in this country. If you live in Westbrook Village, your standard of life is better than 90% of the world. We have sunshine, golf courses, recreation, and great neighbors. So much to be thankful for today. If you are feeling down, make a list of 5 things you are grateful for every day. It will change your outlook.

On page 24, read about Bill Sandvig, an original posse



Lori Reiland

member that dedicated thousands of volunteer hours to keep our community safe. Thank you, Bill, for all you have done. We are grateful for your service.

I am also grateful for Chaplain Greg's reminder on page 8 of the seasons in life. This season will soon pass, and another will begin. I love his inspirational message every month and I hope you do too.

Last month my husband and I made a road trip to Wyoming to visit his parents in the small town of Big Piney. Life in a small town is so different, but another reminder to slow down the pace we keep everyday in the big city. Social distancing is the norm there. On my morning bike rides I saw antelope, deer, and many species of birds too. The beauty of this country is all around us, we just need to look for it.

Peace and love to you and yours,

Lori

Do you have a good Westbrook idea, memory or club event? If so, we want to hear from you! Please direct emails as well as all letters to Admin@WestbrookVillageLiving.com.

EASY Eats! by Sharon Arthur Moore

Easy as Pie These cuties make a fun dessert for company that will impress the heck out of them. And, even nicer, you can make up a batch or two when you have some time and pop them in the freezer for a dessert later on.

The little half-pint jars make easy storage for desserts and extra cute serving dishes. Single servings of pie that you bake in the jar. If you have some leftover pie filling, put it on ice cream or on a slice of cake. Couldn't be easier!

Cherry Pie-in-a-Jar (makes 5 servings)

1 can cherry pie filling
1 can sour cherries,
drained
2 single pie crusts
5 pint jars (with lids if
freezing)



In a medium bowl, mix the cherry pie filling and the drained sour cherries together and set aside. Save the drained juice from the sour cherries and freeze for later use in another recipe.

If using store-bought pie crusts roll them to make them a bit larger and thinner.

Using the ring for the canning jar as a "cutter," cut 5 rounds from one pie crust with the lid. Repeat with the second pie crust. Save the scraps for patching. Set five rounds aside for tops.

The remaining five rounds will be the bottom crust for the pie. Fit one round into one jar, tearing off the excess and patching with it and scraps of leftover dough until the entire inside, but below the rim, is covered with dough. Press out air pockets so the dough fits tightly against the jar.

Repeat the process with the four remaining jars. Divide cherry pie filling among the jars.

The set-aside pie crust rounds are the tops. You can cut some into strips to make a lattice crust and/or use a small cutter to make vents in a solid top.

Preheat oven to 375°. Place jars in a baking pan with sides and bake for at least 45 minutes (more if needed to brown the crust better).

Place jars spaced apart on a baking sheet with sides and put into COLD oven. Turn oven to 375°. Bake for 60 minutes (or until crusts are browned).

NOTE: To make for serving later, cover each jar with a canning lid and ring. Put in freezer. When you want to bake the frozen pies, remove the rings and lids (wash to reuse).



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City of Peoria Update: Fiscal Year 2021 Budget



It's fair to say that 2020 has been a year like no other. And even though much has changed over the last several months, what has not changed is the City of Peoria's commitment to accountable leadership, low taxes and dedication to upholding our Principles of Sound Financial Management.

Peoria City Council recently approved the Fiscal Year 2021 Budget of \$665 million. As in past years, there will be no increase in taxes. In fact, Peoria has not increased sales or property taxes in more than a decade. The last tax change was a decrease in property tax in 2008.

This budget prudently represents the effects the global pandemic has had on our primary source of revenue – sales tax. This budget is a 0.75 percent decrease from last year with a fully funded 10-year Capital Improvement Program (CIP) of \$783.2 million, which provides for a variety of major investments in parks, roadways, public safety facilities, and water and sewer infrastructure.

Taking into consideration the current economic situation, it's important that we balance being cautious with spending, while also maintaining the exceptional quality of life that our residents expect.

In June, Governor Ducey announced next steps in the AZCARES Act, which is \$441 million in federal funding to be disbursed to all cities, towns, and counties that did not receive direct federal funding. Peoria's portion will allow us to use these dollars to focus on preserving superior public safety, assisting our small businesses, and enhancing our social and human services.

Public safety remains a top priority, and this year's budget includes new vehicles and equipment for our Police Department, which will allow for a fourth squad during higher

call volume times. Patrol vehicles will also receive upgraded hardware, crime analytic software and electronic forensic equipment. Additionally, the Peoria Fire-Medical Department will receive critical funding to enhance their training efforts with new EMS equipment and arson training. The CIP also includes several projects to expand, rehabilitate, or otherwise improve fire stations.

Notable community enhancements include a number of neighborhood-focused initiatives including a neighborhood grant program, designed to keep neighborhoods strong and vibrant. Additionally, our roadway network is critical, and it remains important that we prioritize funding to our streets and traffic signals, while maintaining Peoria's current roadway network.

Creating a balanced budget is one of the most important responsibilities of city government. During this exceptional time, when the far-reaching implications of the COVID-19 pandemic remain unknown, we are focused on keeping taxes low, adhering to our sensible Principles of Sound Financial Management, and ensuring that every action we take is for the benefit of those that call Peoria home.

I want to hear your ideas on how to make our city an even better place to live. Share your ideas at mayor@peoriaaz.gov, or stay connected with me on Facebook, Twitter, and Instagram.

– Mayor Cathy Carlat



*Mayor
Cathy Carlat*

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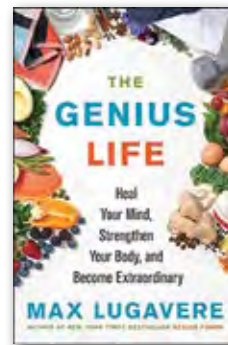
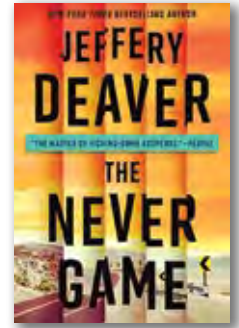
WV LIBRARY



SUMMER READING

by Sandra W. Evans

Jeffery Deaver's fast-paced novel introduces Colter Shaw, a reward seeker. After examining all the clues in a kidnapping case, Shaw realizes that everything points to a video game – *The Whispering Man* - where the player is given five random objects to survive. Shaw realizes that the kidnapper is playing out the game in real life. Shaw must **locate the victim and use the five objects to bring them to safety.**



After his bestselling book, **Genius Foods**, Max Lugavere's new book offers the keys to cognitive health. His motivation was his mother's diagnosis of early onset dementia. He is a proponent of outdoor recreation and vitamin D for the positive effects on the brain plus low-intensity exercise and a fasting protocol to extend life span. By following his many lifestyle tips, Lugavere proves that the gateway to healing your brain is your body!

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Chaplain's Corner Column

A Season for Everything

When the temperature hits 111 degrees (which it did today as I'm writing this) we tend to move a little slower and take time to rest. And that's not a bad thing.

It's hard to do anything without proper rest, isn't it? We can't think clearly. We can't work efficiently. We can't even listen well when we're tired. Even God rested on the seventh day!

Rest is built into the creation around us. Look at the trees, the crops, the grass....all bowing to the seasons. Sometimes the land is rich with new growth; sometimes it lies fallow, resting until the next crop springs forth.

Animals are tuned into these cycles too. I used to observe our Siberian Husky, Jazz, with envy. When she was tired, she was tired. And she would just plop down to rest. Period. She'd be oblivious to my wife and I buzzing around the house trying to "get things done." Jazz had the good sense to lay down and snooze for the afternoon!

The Bible speaks about seasons too, and thanks to The Byrds topping the billboard charts in 1965 with "Turn! Turn! Turn!" we can all mouth the words pulled from **Ecclesiastes, Chapter 3:**

To everything there is a season, and a time to every purpose under heaven:

A time to be born, and a time to die; a time to plant, a time to reap that which is planted;

A time to kill, and a time to heal; A time to tear down, and a time to build up;

A time to weep, and a time to laugh; a time to mourn, and a time to dance;

A time to cast away stones, and a time to gather stones together;

A time to embrace, and a time to refrain from embracing;

A time to gain, and a time to lose; a time to keep, and a time to throw away;

A time to rend, and a time to sew; a time to keep silence, and a time to speak;

A time to love, and a time to hate; a time of war, and a time of peace.

This is great prose that simply speaks about the natural order of things. The writer (most often thought to be King Solomon) is lamenting about life here on earth. Boring, boring. Same old, same old. So predictive. We are subject to its cycles.

Maybe we should more often heed the cycles of life. When it's time to work, work hard. When it's time to dance, dance enthusiastically. When it's time to keep silent, don't talk. And when it's time to rest, rest with gusto: take a peaceful walk, sit in quiet to meditate, read a good book, watch your favorite TV show....or just nap the afternoon away.

There's a season for everything.

– Chaplain Greg

Greg Olson is a Board Certified Chaplain and Grief Recovery Specialist. He is the Pastor and Director of Life Discovery Ministries in Glendale, AZ, a non-profit organization dedicated to helping those in grief or loss. You can reach Greg at gr.olson@cox.net or 602-622-1488.

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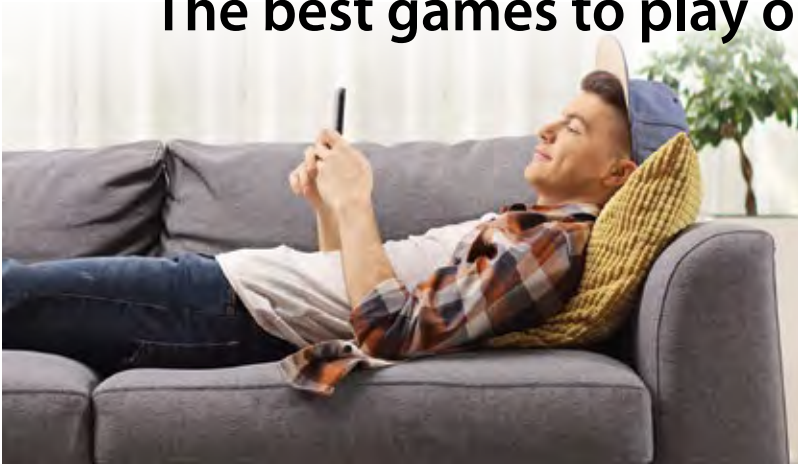
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TEXT LIKE A CHAMPION

The best games to play on your phone with friends!



Are you indoors for the afternoon, and looking for a way to connect with your neighbor and collaborate using some healthy competition—without leaving your comfy chair?

Look no further than the familiar fixture that dominates all of us—the little rectangular tool called the cell phone. Who knew that there is a whole slew of games one can enjoy using the texting feature?

Text your neighbor and see if he or she is game!



Last Letter Game

The first player texts a word to opponent, and waits for opponent to text back a word that starts with the last letter of the word the first player texted.

Rules:

- Pick a topic for the word choices; e.g., Songs, Cars, Movies
- Mention a word from your chosen topic.
- Your opponent has to mention a word from the same topic that begins with the last letter.
- You can set a time limit to make it more fast-paced and fun.

For example:

- If your topic is movie stars, text "John Wayne."
- Your opponent texts back "Errol Flynn," and it goes on until someone cannot think of an answer, causing the other player to win.

Word Scramble

1) The first player chooses a category and texts a scrambled word to the opponent.

2) The opponent then has to guess the word and text it back to the opponent.

- Make it more difficult by setting a time limit.
- You can also play the game starting with three-letter words and working your way up to bigger words for a bigger challenge.

Word Scramble

1) First player texts a word, and opponent uses the letters in that word to text a new word back to the first player

2) Now from the same letters, the first player creates and texts back another word.

- Keep the game going back and forth until the last person is out of new words.
- It will be fun to see how many new words you can create.
- You can put a time limit on each turn if you want a challenge.



Rhymes

To play the game:

1) Whoever is first: pick a word and text it to your neighbor who is playing

2) Your neighbor now texts back a word that rhymes with the one you sent.

- Keep going until one of the players can no longer think of a rhyming word.
- In this case, the winning player is the one who had the last successful rhyme.

For example:

- If your opponent starts with the word "bridge."
- You could reply with "smidge" because it rhymes with "bridge."
- Then your opponent could say "fridge."

Can you think of the next rhyming word? Have fun!

Enjoy keeping your mind sharp and connecting with your WV community at the same time!

WV VETERAN TREASURES

KOREAN WAR MEMORIES



JOHN A. SILVERBAUER SR.

John joined the U.S. Army at the beginning of 1951. He received his training in Kansas, and was soon aboard a ship to Japan, where he was trained in heavy equipment. Following that training he went on to serve in Korea, as part of the 8th Army Infantry Division. During this time, enemy forces were exerting one last major attempt to take Seoul. By the summer of 1951, John was part of the holding action, as the situation moved into truce talks. During this time he attained status as a corporal while serving our country.

John was hospitalized overseas with a severe illness, but recovered and was discharged back to the U.S. He is proud of his Korean Service Medal, U.N. Service medal, Good Conduct award, and Honorable Discharge award.

Thank you for your service to our country!

JOHN SILVERBAUER Photo credit: Tanju Bayramoglu



RICHARD "IRV" IVERSON

Richard Iverson joined the Army in 1952 and after training was assigned to the 2nd Infantry Division, which was well-known for possessing both Bloody and Heartbreak Ridges, using ridge warfare. The division then moved to the Korean Demilitarized Zone, where it maintained vigilance and training of the national troops there. During this time, Richard was grateful that he escaped serious injury, while fulfilling his duties.

Richard moved up the ranks, earning the designation of Operations Sergeant at Division G3. He values respect for both country and flag, and is a proponent of standing for the National Anthem, in honor of all who fought to protect the freedoms held by our wonderful nation.

Thank you for your service to our country!

RICHARD IVERSON Photo credit: Tanju Bayramoglu





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Crossword Puzzle #35

ACROSS

- 1 Luzon people
- 4 Fastener
- 8 Inspire
- 12 Eat
- 13 Vivacity
- 14 Bad (pref.)
- 15 According to (2 words)
- 16 Pallid
- 17 Biblical giants
- 18 Ankles
- 20 Site of Hannibal's defeat
- 22 N. Caucasian language
- 25 Glacial pinnacle
- 28 Tube
- 31 Gambol
- 33 Bantu language
- 34 Commotion
- 35 Son-in-law
- 36 Standard (abbr.)
- 37 Self (Scot.)
- 38 Nutmeg husk
- 39 Migratory

DOWN

- 40 Siberian antelope
- 42 High definition television (abbr.)
- 44 Yemen capital
- 46 Rockies peak
- 50 Yahi tribe survivor
- 52 "Cantique de Noel" composer
- 55 Age
- 56 Sign
- 57 Inclined way
- 58 Turk. title
- 59 Defy
- 60 Revise
- 61 The (Ger.)

ANSWER TO PREVIOUS PUZZLE

A	B	R		A	H	S	T		S	C	A	B
B	R	A		L	U	C	E		W	O	L	F
B	A	C		P	E	A	R		A	M	I	A
A	W	K		W	A	R	D		A	M	P	
			A	C	E			I	M	P	E	N
C	O	B	I	A		K	O	I		T	A	E
H	O	O	F		L	A	D		D	E	M	E
U	L	A		S	E	A		E	A	D	E	M
B	A	T	A	T	A		B	I	M			
		P	A	D		R	E	D	P	I	N	E
O	D	O	R		C	I	A	O		A	A	A
B	O	L	O		E	N	C	L		G	I	S
E	D	E	N		A	G	H	A		O	D	E

- 3 Three-banded armadillo
- 4 Mild
- 5 Axilla
- 6 Rom. first day of the month
- 7 Slavic prince
- 8 Environment
- 9 Atle
- 10 Here (Fr.)
- 11 Read-only memory (abbr.)
- 19 Fr. author
- 21 Heb. zitherlike instrument
- 23 Fancy
- 24 Easy job
- 26 High (pref.)
- 27 Pet lamb
- 28 Approve
- 29 Design
- 30 Emery
- 32 Act
- 35 Federal agent
- 39 Egg (pref.)
- 41 Pedestal for a bust
- 43 Allure
- 45 Berne's river
- 47 Conduct
- 48 Goad
- 49 Moselle tributary
- 50 Iodine (pref.)
- 51 Small (Scot.)
- 53 Family member
- 54 Male friend (Fr.)

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18			19				20	21				
			22		23	24		25			26	27
28	29	30			31		32			33		
34				35						36		
37				38						39		
40			41			42		43				
		44			45		46		47	48	49	
50	51				52	53	54			55		
56					57					58		
59					60					61		

Sudoku

		9				8		3
4			3					
6		3	2			7		
	4		6	5				
7			8					
				9	7	6	2	
	5			8				
	9				4			5
					2			

9	6	5	3	2	7	4	8	1
1	8	3	6	4	5	7	2	9
4	7	2	1	9	8	3	6	5
7	3	9	2	6	1	5	4	8
8	4	6	7	5	9	2	1	3
5	2	1	4	8	3	6	9	7
6	9	7	5	1	4	8	3	2
3	1	4	8	7	2	9	5	6
2	5	8	9	3	6	1	7	4

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

Answers to Last Month's Puzzle.

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Cooking at WV with Chuy and Jan



Mexico Mission Bars

Who doesn't love Rice Krispy Treats?

This recipe brings them up a few notches! And...they are easy peasy to make!

During one of my first mission trips to Mexico, one of our student's mom sent these Rice Krispy bars along for our team. As you can guess, they didn't last very long (not sure they even got as far as the border)! Hence, I renamed them **Mexico Mission Bars**.

A festive tray of Mexico Mission Bars.

INGREDIENTS:

1/2 cup white sugar
1/2 cup corn syrup
Dash of salt
1 cup crunchy peanut butter
2 cups Rice Krispy cereal

FROSTING:

1/4 cup brown sugar
4 Tablespoons butter (not margarine)
1 Tablespoon milk
1/2 teaspoon vanilla
1-1/4 cup powder sugar

PROCEDURE FOR BARS:

- Put sugar, corn syrup and salt into a saucepan and heat over medium heat until dissolved.
- Remove from stove and add peanut butter to hot sugar mixture and stir.
- Put Rice Krispy's in a large bowl and pour hot mixture over all.
- Stir until blended.
- Press mixture into a buttered 8 x 10 pan and let sit out until cool. Finish off with frosting.

PROCEDURE FOR FROSTING:

- Melt in a saucepan over medium heat, brown sugar and butter.
- When blended, remove from heat and add milk, vanilla and powdered sugar.
- Beat until smooth. Spread over the *uncut bars*.

NOTE: I would suggest you double this recipe if you have grandchildren because they are going to go fast!

WV WINNING!

This year an overwhelming number of WV residents participated in the St. Mary's Food Bank Food Drive, sponsored by Westbrook Village Cares. The community effort was such a huge success, that WV Cares was awarded a special trophy by the St Mary's Food Bank organization.

The trophy wonderfully commemorates how impactful a community can be, even during a crisis.

Center: L-R Marti Harper and Cindy Clark of WV Cares and Matt Cooper of St Marys Food Bank.

Far Right: The trophy was awarded to WV for its magnanimous response during a crisis.



18 Hole Couples

The 18 Hole Couples resumed club games in July, and members were able to sign up via phone and online.

The club would love to see more couples participate, and the cost is \$5.00 per couple. There is no \$1 charge which is normally added to the fund for social events, since there are none planned currently due to COVID. The hope is that there will be social events resuming in the fall.

Dust off the clubs and get signed up! See you on the course.

Steve Jobe, President: 217-972-8621

The 18 hole Couples is a golfing as well as a social organization that plays every Friday with monthly social events, which include luncheons or dinners after golf during the season. Meet new friends and fully enjoy the golf experience at Westbrook Village by joining.



David and Barbara Corn relax after a day of golf



There is a fantastic sport played right here at Westbrook Village that gets the body moving and enjoying aerobic benefits. Pickleball has long been a fave in the community, and Chuck Morse sings its praises.

He muses, "My pickleball partner this morning was 92-year old Ralph Sleeper, my partner last night was 94-year old Ernie Haynes, and I am 83-years old. I am thinking how sweet it would be, if I were able to play pickleball at their ages."

Chuck adds, "This picture was taken this morning; I wanted to show how our club continues to "rock" every day. We practice social distancing as best as we can. A big thank you to the WV management team for supporting play during these difficult times."

Whether you are 50-years old or 94-years old, pickleball provides both excellent exercise and social exchange to boot.

Contact: Steve Merkovich, 602-540-7412

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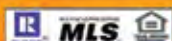
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WVA Treasurer's Report

For the month ended May 31, 2020

The following figures are subject to audit. However they fairly represent the approximate financial condition of the Association at month end.

GENERAL OPERATING FUND

(Funds designated for day-to-day operations.)

Cash and CD's on hand at the end of May was \$2.14 million. At the end of May 2020 our Operating Fund remains in line with full year forecasts, although we are experiencing some large swings in several categories. Total Revenue for 2020 is forecast at \$2.89 million. Our actual revenue year to date is \$1,184,000 which projects slightly behind full year forecast revenue. Revenue shortfall is the result of facility / ballroom closure where events have not happened as expected. Expenses forecast for 2020 are \$2.65 million. Actual expense through May was \$992,000, This is an annualized amount of approximately \$2.4 million, which is \$200,000+ better than forecast. Expenses tend to even out as the year progresses, so we will be watching this closely, but the trend is favorable. Major expense categories for our Operating Fund include landscaping, staff payroll and benefits, rec center and pool maintenance, utilities, and other administrative expense. In addition, the 2020 Operating Fund requires a transfer of \$235,000 into our Reserve Fund.

REPLACEMENT RESERVE FUND

(Funds for major repairs / replacements / improvements)

Cash and CD's on hand at the end of May was \$2.91 million. Revenue forecast to come into our Reserve fund in 2020 is \$989,000. Revenue comes primarily from new homeowner preservation fees and \$235,000 transferred from the Operating Fund. Reserve fund expenditures budgeted for 2020 is \$786,000. As of May 31, we have recorded \$478,000 of revenue year to date. As of May 31, we have spent \$120,000 year to date. Expenditures budgeted include upgrade of our administration software system, repair of Lakes Trellis, perimeter wall repairs and miscellaneous other projects. Facility closure has impacted our reserve expenditures as our ability to secure contractors and manage contracts has been hampered. It is expected that

activity will increase as more businesses get back to work and our staff gets back to full strength. Our Reserve Fund revenue is ahead of forecast as home sales have been very active generating preservation fees for our fund.

These financials will be on file at the WVA Administration Office after noon on Thursday July 2, 2019 and may be reviewed by Association members. Please call 623.561.0099 for an appointment.

Submitted by Sil Maiorana, Treasurer.

General Manager's Report

Karen Jones

OPERATIONS

- Westbrook Village began Phase I of re-opening our common area facilities on Wednesday May 20, 2020, just one short week after Governor Ducey lifted the Stay at Home Order for Arizona, which came with many restrictions. Our team worked diligently and put our plan into action and welcomed residents back into our pools with physical distancing, 12 hour days and limited quantities of swimmers, cleaning and resetting blocks, reservations and then the facilities were opened. We handled reservations for, and welcomed, 200 people per day at our two (2) locations. Thank you to staff and residents for your patience. We were happy to see everyone return!
- Then, Phase II of the re-opening plan went into place 11 days later, on June 1, 2020. This included club rooms and the fitness center (with reservations), also with limited quantities. The club rooms are being monitored by the Club Presidents and many clubs chose not to resume until the fall. Additional staffing for cleaning, reservations and disinfecting is required.
- Then on June 9, 2020 we received a report of a possible exposure of two (2) residents using the fitness center numerous times and closed for testing results which were both negative. Re-opened with the Phase II guidelines. Please remember if you are not feeling well, please stay home.
- All common areas that were being opened and used were sanitized and cleaned for re-opening and reservations began again on June 12, 2020.
- Administration Staff also returned to the office from remote work on June 1, 2020 continuing to perform the association business and by appointment only.
- Architectural applications increased immensely, maybe due to the Stay at Home Order?
- Home sales are also staying steady during these difficult times, keep everyone busy.

- Board Meeting was held on June 3, 2020 with physical distancing requirements in the Lakes ballroom. We had 18 residents in attendance.
- All standing committee meetings were cancelled in June due to Covid-19, except Ways & Means and Architectural Control.
- Bingo, classes and gatherings were all cancelled in June for the safety of our residents due to Covid-19.
- Ongoing community wall repair/painting continues.
- Concrete grinding finished up the third week in June.
- Landscape Maintenance contract renewal interviews and other community inspections were put on hold due to Covid-19.
- Telephone interviews continue for the search of Facilities Manager. Looking forward to in-person interviews so we may fill this position.
- New HOA database work continues with rollout very close.
- New website rolled out last week and doing very well. Visit us at www.WestbrookVillage.org.
- Proposal for the Lakes ballroom and Woodshop walkways was presented to the Landscape & Facilities Committee for approval via unanimous written consent and approved. Then to the Ways & Means committee with approval and to the Board on July 1, 2020.
- Working with Butler Hansen on the 2019 audit.
- Obtaining quotes for new wireless security system throughout the common area buildings.
- Palm Tree trimming scheduled to begin the middle of July and they will begin at the Recreation Centers first.

Architectural Control Committee

Current Architectural Control Committee Discussion Items:

- Roof Repairs & Replacement standard review for amending
- ACC Submittals (5/27 – 6/18/2020)
 - Total received – 139
 - Approved within Standards –136
 - Denied – 3

**Be sure to Call and Reserve
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Lakes Rec Center 623-566-6181

Vistas Rec Center 623-566-6178

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August 2 National Sisters Day

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August 4 U.S. Coast Guard Birthday

August 8 International Cat Day

August 9 National Book Lovers Day

August 10 National Spoil Your Dog Day

August 12 National Middle Child Day

August 13 International Left-handers Day

August 16 National Tell A Joke Day

August 19 National Potato Day

August 20 National Lemonade Day

August 21 National Senior Citizens Day

August 24 National Waffle Day

August 28 National Red Wine Day

Cutting Edge Beauty

with Dina Lawther

Glass is performance art...from its fluidity to the way it scatters light in space

~ Thomas Phifer, Architect

When I was first introduced to art in glass during our early years as WV residents, I immediately imagined and designed a stained glass piece to adorn the top of our front door," remembers fused glass artist, Dina Lawther. The piece above the door led to a cascade of projects, including pieces for a bathroom, a friend's Pinetop cabin, and many more after that.

The sense of fun captured Dina, and she began transitioning into slumping glass, which involves melting a piece of glass into a mold and kiln-firing it to produce beautiful work such as yard art or decorative bowls.

Before long, Dina began creating art with fused glass, where two or more pieces of glass are joined together using the heat inside a kiln. "I was always a seamstress, so contemplating a pattern and figuring out how to put the 'puzzle pieces' together comes readily to me," she explains.

Having studied Interior Design, she also noticed how much architecture is included in that discipline, an approach that comes in handy when planning a fused glass design.

One source of cool tricks Dina found early in the game was taking classes at the Vegas Glass and Bead Show as well as attending some local Valley classes that taught fused glass techniques. "Many people ask me to teach them, and show them what I do. I tell them, 'If you can see it in your mind, you can likely make it in glass,'" Dina insists. "I have to be able to see it in my house usually contemporary flair. It could take me three days to formulate a design I'd like to make." While she loves to share some secrets with aspiring glass artists, she insists that each must proceed on their own in order to develop themselves. "That said, there is a joy in collaboration.



Above: Nita Lywandowsky and Elizabeth Bayramoglu talk about Nita's newest design at the studio. **Right:** Dina uses special tool to slice glass for new design



And the Glass Studio at the Vistas is still the place where Dina loves to meet with other members to create and collaborate on projects. Elizabeth Bayramoglu and Nita Lywandowsky, also members, recently met Dina at the studio to share ideas for ongoing projects, such as yard stands, woven glass, and “crap du jour” pieces — a potpourri of leftover glass handily rescued for use in a fused glass design.

“We have a lot of fun,” shared Elizabeth, as she and Dina gingerly guided colorful glass strips into a woven glass masterpiece that Elizabeth was preparing to fire in the kiln.” And we love to laugh as we go,” added Nita. Creativity at its best!

Shelley Riha 402-210-6644



Above: Elizabeth Bayramoglu and Dina get Elizabeth's woven glass piece ready for kiln firing. **Right:** A gorgeous fused glass on metal by Nita Lywandowsky.



Bottom Left: Dina still enjoys making yard art stands. **Bottom Center:** Dina's beautiful piece in the making. **Bottom Right:** When at home, Dina loves her kitchen countertop for laying out her designs



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Westbrook Village Resident, Carla Cericola

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and/or to order your hand sanitizer bottle

WV 18 Hole Ladies

The 18 Hole Ladies summer schedule included some local valley travel recently. Club members drove to the east side of the valley to play at Rancho Manana in Cave Creek. Their play was interrupted by helicopters transporting water from golf course ponds to wildfires in the area. It was fascinating to watch helicopters filling up with water to carry and combat wildfires, even though the activity caused delays in play.



ABOVE: Barb Corn captured this shot of a helicopter filling up with water to take to wildfires near the Rancho Manana Golf Course. **BOTTOM LEFT:** Cathy Raich, Karen Crisp, Cindy Swallow, and Di Gadow participated in the Corte Bella LASSI tournament.



Also, club members enjoyed four days of golfing at the AZ State Match Play at Desert Mountain Outlaw Course. Robin Krapfl, won her flight and Karen Crisp was runner up in her bracket. The surroundings were stunning, and social distancing did not prevent a fun time had by all.

For Information, contact **President Karen Crisp** at 919-264-6394 or log on to the club website www.westbrookvillagegolf.com.

LEFT: Jane Beckman, and Marva Wondra came dressed alike by accident for Flag Day.



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Westbrook Village Clubs

Clubs and Groups		Day(s) of Week	Time	Place	Contact Person
Arts and Crafts	Ceramics	Please call for details			Bernice Lever 623-566-2222
	Fine Arts	Please call for details			Barb Hurley Peterson 623-566-0737
	Glass Art Studio	Please call for details			Shelley Riha 402-210-6644
	Lapidary/Jewelry Art Studio	M-T-W-Th-F		Lakes	Ella Owen 623-414-2925; Barb Bosworth 314-712-6225
	Needle Arts	M-T-W-Th	M-6:00-9:00pm; T-Th-1:00-3:30pm; W-10:30-3:30pm; at Vistas		Sandy Strother 253-230-5043
	Photography	Please call for details			Tom LaFleur 623-328-5612
	Pottery/Claymates	M-T-W-Th-F			Jane Beckman 623-271-6071
	Woodshop Club	M-T-W-Th-F	8:00-11:00 a.m. 1:00-4:00 p.m.		Ray Jensen 402-393-1802
Due to the COVID-19 situation, please check with WVA or the event organizers for any changes to event scheduling that may have occurred after the publication date of this magazine					
Card and Table top Games	Euchre Card	1st & 3rd Wed	6:00 - 9:00 p.m.	Lakes Multi	Rich Mizner 253-370-7086
	Chess Club	T-W	1:00-3:30 p.m..	Lakes	Ralph Doner 623-547-6553
	Couples Gin Rummy	T	6:30 p.m.	Vistas	Alex Brundage 623-566-2111
	Cribbage	T	7:00 p.m.	Lakes	Jack Heller 623-566-6092
	Duplicate Bridge	M	12:15 p.m.	Lakes	Eileen Madansky 623-566-3634
	Hearts	T	6:30 p.m.	Vistas	Ron Bachara 623-640-8978
	Ladies' Bridge	T	12:15pm	Vistas	Jo Hamilton 623-566-1149
	Ladies' Bridge	Th	9:00 a.m.	Lakes	Gerry Simpson 623-566-3209
	Ladies' Mah Jongg	W	1:00 p.m.	Vistas	Jo Ann Zondlo 602-826-1737
	Mah Jongg	Th	12:00 p.m.	FALC	Miriam 623-388-6407
	Mah Jongg, Wright-Patterson	M	12:00-4:00p.m.	Vistas	Mary Maccracken 623-566-3312
	Monday Social Bridge	M	12:15 p.m.	Lakes	Ralph Doner 623-547-6553
	National Mah Jongg	F	1:00-4:00 p.m.	FALC	Judy Pellish 623-362-1046
	Pan	W	12:00 p.m.	FALC	Janet Leach 623-566-6682 Terry Rulon 623-414-7292;
	Pan	W, 1:00 p.m.; Th, 12:00 p.m.		FALC	Anna Molnar 713-454-3790 Marilynn Cohen 623-572-9131
	Pinochle	M	7:00 p.m.	Lakes	Brian DuFour 623-521-6146
	Progressive Hand & Foot	T-Th	12:00 p.m.	Lakes Ballrm	Susan McDonald 623-414-3697
	Progressive Hand & Foot	Th	6:00 p.m.	Lakes	Sharon Witthuhn 623-640-7631
	Really Fun Bridge	W	9:00 a.m.	Vistas	Ted Cooper 425-216-3773
	Samba	M	5:00 p.m.	Lakes	Sandra Sullivan 623-271-7149
	Shanghai	W	6:00 p.m.	Lakes	Terry Rulon 623-414-7292; Anna Molar 713-454-3790
	Sheepshead	F	1:00 p.m.	FALC	Al Boeck 602-999-3743
	TNT Poker	T-Th		FALC	Willie 623-698-6760
	Tuesday Night Mah Jongg	1st & 3rd Tuesdays	7:00 p.m	FALC	Carol Holtorf, llh.keh@cox.net
	Wednesday Night Mah Jongg	W	6:30-9:00pm	FALC RM 3	Ellen Shapiro 623-332-8016
Dance & Entertainment	Desert Dancers	Please call for details			Fae Ghormley 623-326-1664
	Line Dancing	T-Th	10:00-11:30am	Vistas	Audrey Fulcher 602-620-3294
	Performing Arts Council	1st Mondays	Please call for details		Debbie Gibson 773-502-4194
	Village Players	Please call for details			Max Allen 623-523-3997
	Village Voices	W	1:30-3:30 p.m.	VistasBallrm	Shelley Logan 425-330-2317
	Westbrook Musicians	Please call for details			Steve Thorne 623-312-3773
Fitness	Low Impact Aerobics	M-W-Th	6:30 p.m.	Lakes	Pat Brown 623-293-8037
	General Conditioning Class	T-Th	8:00 a.m.	Vistas	Steve Rommel 602-471-9232
	Lakes Water Aerobics	M-F: 7:00, 8:00 a.m.		Lakes	Nita Lywandowsky 623-561-6305
	Massage Therapy	Please call for details		Vistas	Julie Mirer 623-518-4335
	Personalized Fitness Training	Please call for details		Vistas	Steve Rommel 602-471-9232
	Tai Chi	T-9:30am; Fri-9:30am		Lakes Ballrm	Michael Leoni 623-561-0099
	Vistas Water Aerobics	M-F: 7:15,8:15,9:15 a.m.;Sa-8:15a.m.; Su: 8:15 a.m. by req.			Vicki Springer 623-566-3474
	Water Bootcamp	Sa	11:30 a.m.	Lakes	
	Water Zumba	T-Th	10:00-10:45a.m.	Lakes	
	Yoga	M-W-F	a.m. classes	LakesFitnessF	Call Emily 623-362-1583 for details
	Zumba Gold	M - 9:00 a.m., W - 10:00 a.m., F - 9:00 a.m.		Vistas	Cheri Umlauf 623-825-1085

Please submit all club and activity changes to admin@westbrookvillageliving.com.

and Activities Information



Clubs and Groups		Day(s) of Week		Place	
Specialty Clubs	Baby Boomers	1st & 3rd Friday	6:00 p.m.	FALC	Maria Thorne 623-312-3773; Marti Harper 989-640-1399
	Caregiver Support Group	T	1:30 p.m.	Vistas	Toni Stuart 602-799-0412; Lois Kumerow 602-350-0458
	Chess Club	W	12:00-3:30 p.m.	Lakes	Ralph Doner 623-547-6553
	Christian Fun & Fellowship	2nd & 4th Mondays	6:00 p.m.	FALC	Kate Tucker 623-703-3000 Bob Tucker 623-522-7586
	Computer Club	dprattski@cox.net	Email: wvcc@live.com		Dianne Doerschel 206-713-6129
	Heatherbrook Club	Please call for details			Marilyn Baker 602 790-9462
	Hiking Club	F	6:30 a.m.	Lakes	Allen Miller 623-825-6447
	Home & Garden Club	Please call for details			Amy Miller 623-297-1002
	Italian-American	2nd Mon.	7:00 p.m.	Vistas	Lee Arra 623-566-4578
	Nebraska Club	Please call for details			Pat Kirk 602-697-4023
	Photography	Please call for details			Tom LaFleur 623-328-5612
	Resident Day Trips	Please call for details			Sandy Rozzen 623-362-0693
	Roadrunners RV Club	4th Thursday	6:00p.m.	Vistas	Chuck Fowler 719-649-9026
	Shalom Club	Please call for details			Rita Paper 701-371-1548; Illa Kallish 602-796-3138
	Veterans Club	Please call for details			Garry Horton 928-219-1557
	WV Book Club	Please call for details	1:00 p.m.	Vistas	Susan F 623-566-1982; Margi 623-566-1622
	WV Bookies	Please call for details	6:30 p.m.	Vistas	Claudia Carr 623-322-7055
	Wine Club	Please call for details			Sharon Meeker 623-398-8441
	WOW - Women of Westbrook Charity Events				Winnie Heimke 248-939-6561

Due to the COVID-19 situation, please check with WVA or the event organizers for any changes to event scheduling that may have occurred after the publication date of this magazine

Sports	Bowling - Senior Rollers	M	3:00 p.m., Brunswick Zone		Ellen Howells 623-825-4907
	D.C. Billiards	T-Th	6:30 p.m.	Lakes	Dave Bettner 623-866-8150
	Golf Heritage Cup	Please call for details			Norm Richter 623-566-0971
	Golf 9-Hole Couples	Please call for details			Ken Green 630-254-6946
	Golf 18-Hole Couples	Please call for details			Steve Jobe 217-972-8621
	Golf 18-Hole Ladies	Please call for details			Karen Crisp 919-264-6394
	Golf 9-hole Ladies	T mornings Oct-May			Holly Harmon-Morse 603-566-2360
	Golf Mens Association	W	Please call for details		Garry Horton 928-219-1557
	Golf Weekend Men	Please call for details			Phil Crisp 919-928-3408
	Horseshoe		Stake Pits across from Lakes Rec		
	Pickleball	Please call for details			Steve Merkovich 602-540-7412
	Table Tennis	M 10am; W-F at 1 pm		Vistas	Norm Miller 602-321-1244
	Tennis	Please call for details			Leslie Friedman 623-594-6636 Bill Naturkach 480-729-0431
	Tennis 4.0 Kactus Kickers	Please call for details			Renée Kitchen 623-566-5846
	WV Niner's Golf Group	Please call or email for details			Jim Schulz 623-341-8854; Kathi Carter kmcarrizona5@gmail.com
Misc	Blood Pressure Screenings	1st & 3rd Thursdays	9:00-11:00 a.m.	Vistas	
	Library	Open every day except major holidays		FALC	Martha Swanson 623-566-4753

Important Numbers

Lakes Recreation Center
19251 N. Westbrook Parkway, Peoria, AZ 85382
623-566-6181 ~ 5:30 a.m.-10:00 p.m.

Vistas Recreation Center
18825 N. Country Club Parkway, Peoria, AZ 85382
623-566-6178 ~ 5:30 a.m.-10:00 p.m.

WV Administration Office
19281 N. Westbrook Parkway,
Peoria, AZ 85382
623-561-0099
Mon.-Thurs. 8:00 a.m.-4:30 p.m.
Sunset Bistro: 623-566-1132
Links Grill: 623-561-1681

Peoria Emergency: 911
Peoria Police, non-emergency: 623-773-8311
Peoria Fire, non-emergency: 623-773-7279
Westbrook Posse: 623-566-3133
Poison Control: 602-253-3334



"Every tree is a puzzle, requiring calculations to make sure the pieces fit." ~Tony Kerley

"There is an art to climbing a tree and carefully pruning it," asserts arborist, Tony Kerley of Twilight Tree and Landscape. There are many reasons why Tony gets calls to come and inspect trees for pruning needs. "Both our custom pruning methods and tree removal strategies are very tactical."

Tony's commitment to an ethical treatment of all things trees lifts him head and shoulders above many. Taking his training as an arborist very seriously, he is no stranger to the difficulty involved in climbing high into the sky to diagnose and plan the best way to address tree problems. His clients readily observe a deep knowledge base and are glad to pay a little extra to get the job done right. "

Many times neighbors gather to see a pruning take place, because we rig the tree, and it always draws an audience," laughs Tony.

While his main focus is quality pruning and hazardous or large removals, Tony also provides tree health diagnoses, and will occasionally help a homeowner select new trees from local growers. Tony chooses trees without defects, ensuring the tree's surface roots are not too high or wrapping around each other, as well as other factors. This assistance ensures the homeowner the healthiest trees with the least maintenance in the long run.

Tree Care Talk

"I speak for the trees." – The Lorax

Because of this commitment to quality, Twilight Tree and Landscape boasts a small 6-man crew with a very low turnover rate. "My crew works closely to achieve the same goal, and we have all the equipment we need to complete a job professionally and to the satisfaction of our client," explains Tony.



Tony Kerley owner of Twilight Tree and Landscape Service

"Landscapers can provide a landscape, but are not certified or insured to provide tree care." To be a certified arborist in Arizona, at least 3 years in tree care industry is required, and one must pass a very stringent 300-question exam, which cannot be re-taken until 6 months have lapsed.

Tony adds, "I want my clients happy with the results, and that is why we receive high ratings and accomplish the goal of every homeowner who hires us."



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Rufous Hummingbird Makes a Ruckus

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Known to breed in the northwestern United States and western Canada, the Rufous flies south through the Rocky Mountains, including eastern Arizona and winters in Mexico. They migrate back up north through western Sonora, western Arizona, and up the Pacific coast. During their time in Arizona and Sonora, the Rufous uses a wide variety of habitats, from desert scrub to mountain meadows, and of course, wherever there are flowers or feeders.

WV residents can provide food for these beauties by keeping feeders filled and planting flowers that bloom later in the season. This can help bridge the gap between migration patterns and blooming seasons when these little flying jewels might have a hard time finding food.



A female Rufous Hummingbird feeds at the flower of a bee balm plant.



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W.E. (Bill) Sandvig "Professional Volunteer"

By Victoria Chamberlain, Duty Sergeant



Volunteering for any noble venture or organization has been at the core of Bill Sandvig's moral fiber. "I've always been a volunteer all my life. Volunteering is what makes America as strong as it is."

Bill remembers in high school volunteering at the local YMCA. He joined the High Haven Club of the YMCA to learn to dance and met the love of his

life, Norma. Norma treasures a note from Bill, written 75 years ago which reads, "High Haven is High Heaven to me because through it we met."

Born June 25, 1927 in Minneapolis, MN, Bill was an only child. In high school he played in football, baseball and bowling. In 1945 he enlisted in the Navy. After returning from service, he enrolled and graduated from the University of Minnesota majoring in Science, Sociology and accounting. While in college, he kept thinking of Norma. A Sigma Chi fraternity friend was able to find Norma. The two lovebirds reunited; rekindled the spark, and married in 1949. They had three children: Bill, Steve, and Laurie. After the Vietnam War, Bill and Norma opened their arms to several homeless Vietnamese boys, three of whom are still part of the family today.

Volunteering with the Sheriff's department in Minneapolis was another endeavor Bill is proud of and began in the early years of their marriage. It was this law enforcement background that would manifest years later for the creation of our very own Westbrook Village Posse.

Bill worked for his father's accounting business and successfully owned three Star Bowling and Golf stores in Minnesota. He became a Professional Bowler on tour, and became a good friend of bowling legend, Dick Weber.

After retirement, Bill and Norma moved to Arizona, and were one of the first owner/residents in Westbrook Village. In 1999 a WV resident, Barry Goodman, and friend of Sheriff Joe Arpaio approached Bill to ask for his help to create our Westbrook Posse. With Sheriff Joe's sponsorship, the Westbrook Posse

was born. Since then, Bill has dedicated over 20,000 volunteer hours to make this community safe. He has served as both Commander and Duty Sergeant, and was honored by Sheriff Joe with the Posse of the Year award in 2007.

As Westbrook Posse celebrates Bill's retirement from the Posse, all who serve there bestow appreciation to him for his commitment to protect this wonderful community. His life and example demonstrates that serving gives life purpose and makes this country strong. May all seek to follow his example.

For more information on volunteering:

- Website: www.westbrookposse.com
- Facebook: facebook.com/westbrookvillageposse/
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Left: Bill Sandvig, a WV Hero. Above: Bill and Norma Sandvig, WV residents since 1982.

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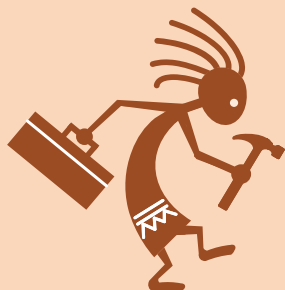
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For questions or to learn more, visit our web site at wvcc.us, email **Chad Sanders** at wvcc@live.com, or text **602-688-2423**.

Logins and Passwords



Few words can summon so much frustration. You have to have a different username and password for everything and no two passwords should be

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Nearly everything today requires some type of username and password to secure your information from prying eyes. Email accounts, financial information, bill payments, cloud services, social media accounts, almost every online of digital service that saves your information requires you to create a personal username and password to allow you to access that information.



Think of your logins as Locks and Keys. Your username is your Lock and your password is your Key.

Here are a few things to remember when creating your new logins:

- You can use the same username or email address for multiple sites, just don't use the same password for each.
- Passwords should be **at least** 8 characters long and should have **at least** one of each of the following:
 - Uppercase and lowercase letters
 - Numbers
 - Special characters like punctuations or symbols. (not all sites allow special characters so pay attention to the rules the site requires.)



- Write down or save your login information as you create it. Few things can frustrate like creating a login and then forgetting what you just created.
- Keep your logins secure.
 - If you write them down, guard that list like your checkbook.
 - You can use a secure 3rd party app to keep your logins safe. Lastpass, Dashlane, 1Password, Enpass. Some are free and some have charges. There are many to choose from and all offer different features so do some research to find the one that's best for you.
 - You can use your favorite Browser to save your logins for you, just make sure not to forget your Browser logins.
- Make sure to update your information when you change something. You should change your passwords periodically and a list is only good if it is accurate.

As always, you can always reach out to your Computer Club for direction and our members have a great resource they can call on for help.

For more information about how to join the [Westbrook Village Computer Club](#) and attend our new, upcoming Virtual Workshops, drop us a line at wvcc@live.com and visit us at wvcc.us.

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Willow Ridge

Willow Ridge

Questions? Call Coordinators Bill or Judy Reisener at 623.572.3017 or Roz Farnsworth at 623.533.8177.

We are always in need of volunteers. If interested, please call one of the coordinators.

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"This is to compliment you and your crew on the completion of our contract to replace the underlay on our tile roof, repair the flat roofing over the patio, and replace fascia boards. Your crew did a superior job. They worked efficiently, carefully, and in a timely manner. They were courteous and cleaned the yard each day, as requested by the Westbrook Village Association. We are very pleased with your overseeing of the job, and will recommend you and your Sunridge Roofing Company to anyone who asks. We certainly would advise Westbrook Village Association of your superior work."

Very Truly Yours,
Jon D. Pardoll"



"I have used Sunridge Roofing on two homes, and I found them to be very professional in every way. I feel they have done an excellent job, plus they clean up after each workday. I HIGHLY recommend Sunridge Roofing for repair or roof replacement placement."

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