Helping Hands Lending Closet at the Vistas Rec Center has walkers, wheelchairs, crutches, canes, and shower seats. Call 566-6178 for availability.





Items may be borrowed for up to 60 days.
(Wheelchairs, Seated Walkers Knee Scooters and Ramps \$100 Deposit- (checks only)
Refunded if equipment returned when due.

We also accept donations of used medical equipment in good condition.

(Sorry, NO toilet risers or commodes).

Helping Hands Medical

Transportation-Volunteers

provide rides to medicalrelated appointments and pharmacy.



Please give a 3-day notice.

Grocery Shopping



for shut-ins, homebound, & those recovering from illness, injury or surgery.

Helping Hands volunteers can call shut-ins on the phone or stop by for a friendly visit.



12/6/2022

Helping Hands Resources
Directory - referrals for
services we don't provide, such
as personal care & grooming,

home nursing, long-term care, house cleaning, home-delivered



meals, & other long-term needs. If you need a referral, please contact Roz Farnsworth 623-533-8177.

We accept donations - please make checks payable to 'Helping Hands'

"Neighbors Helping Neighbors in Times of Crisis"

CAREGIVER SUPPORT GROUP



Toni Stuart-602-799-0412 or Call for days and times

Comfort, Shared Experiences & Help with the Challenges of Caregiving

HELPING HANDS can provide Respite Sitters - Call a volunteer on the Roster in Living Magazine

Helping Hands Mission to help neighbors in times of crisis, such as Surgery, Illness, Temporary Incapacitation, or Death in the family.

Helping Westbrook Village Residents Exclusively

Please join us in

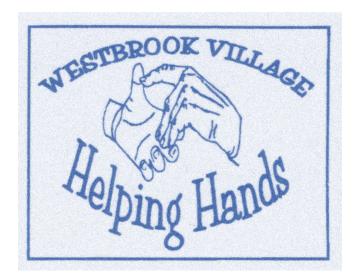
Helping your neighbors.

If you can spare a little time,
call a Coordinator.

Helping Hands needs YOU to help us continue our commitment of service to all our neighbors.



For a **Helping Hands** volunteer in your neighborhood, see the roster in the monthly Westbrook Village Living magazine, or call a Coordinator.



Helping Hands Coordinators

Bill R 623-572-3017 Judy R 623-810-4068 Roz F 623-533-8177

Mailing Address: Westbrook Village Helping Hands 18825 N Country Club Pkwy, Peoria, AZ 85382