

Westbrook Village

LIVING™

Your Guide to the Good Life™



Our Own Little Bit of Heaven! - Pages 14 & 15

Holiday Happenings Around the Village

Revitalizing Downtown - Page 22

Exciting Peoria Venues to Enjoy

Tech Club Tells All - Page 25

Aides in This Digital Age

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Is a New Home on Your Christmas Wish List?



Lori Reiland
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 GRI | CRS | ABR | ASP



15028 N. 88th Dr - MLS 6776807 - \$610,000



13874 N. 95th Ave - MLS 6782454 - \$395,000

3 Fabulous
 Golf Course
 Homes



20100 N. 87th Dr - MLS 6783520 - \$769,000

Westbrook Village Real Estate Market Snapshot

Westbrook Village Market Activity through November 2024

(From MLS as of November 15, 2024 - includes all Single Family, Condos & Casitas)

NOW FOR SALE	PENDING CLOSING	TOTAL SOLD & CLOSED YTD	MOST RECENT SOLD & CLOSED \$\$ (% of original list price)	DATE CLOSED APPROX DAYS ON MARKET	SUBDIVISION BEDRMS/BATH	HOUSE CASITA CONDO	MODEL SQ FT PARKING	POOL/SPA GOLF LOT (MLS #)
\$185,000 To \$769,000	\$245,000 To \$740,000	\$201,000 to \$779,000	\$349,900 (100%)	11/04/2024 17	Oakbrook 2/2	Casita	Model not given 1,291 2-Car Garage	No (6755831)
Active 54	Last Month 24	YTD 2024 166	\$400,000 (95%)	10/25/2024 76	Fairway Ridge 2/2	Casita	Riviera 1,583 2-Car Garage	Golf (6637425)
Year-to-Date 2024 (Jan-Nov) (# Sold & Closed)	Sgl Fam Detached (100)	Condo/Casita (66)	\$420,000 (100%)	11/01/2024 4	Meadow Ridge Unit 1 3/2	House	Model not given 1,738 2-Car Garage	No (6759918)
Highest Sold Price	\$779,000	\$503,500	\$498,180 (95%)	10/24/2024 125	Cypress Pointe 3/2.5	House	Malibu 2,287 3-Car Garage	No (6711731)
Average Sold Price	\$499,902	\$370,354	\$558,000 (100%)	10/18/2024 37	Meadow Ridge Unit 1 3/2	House	Ventura 2,372 2-Car Garage	No (6756117)
Average \$\$ Sq Ft	\$262.00	\$275.00						
Average Days on Mkt	54	67						



Russ Lyon

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December 2024

CONTENTS and FEATURES



Page 8

The Peoria High School JROTC performed the Call to Colors for the evening



Pages 14-15 & 42

Gathering is what it is all about!

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Needle Arts & Crafts

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Pickleball Fun

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WVA Spotlight

Deadline for submissions
for the January issue is
December 1st.

Call Judy Carrucciu at **623-321-2209**
for advertising rates or send an email to:
admin@westbrookvillageLIVING.com.
Please also send all ideas, articles, club news
and memories to Judy.

This publication is delivered at the end of
each month via U.S. Mail in Westbrook Village
and surrounding area. Check us out online at
www.westbrookvillageliving.com.

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Westbrook Village Living Magazine

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Editor's Message

This season is so beautiful in every way, and I love to see the excitement build as festivities are planned and families and friends prepare to gather. My own brood loves to celebrate Christmas, and strategies are already underway for what to get the grandkids (the annual quest for those perfect gifts).



Lori Reiland

Speaking of gifts, the Veterans Club is truly a gift to this community, and the Veterans Ball this year was a wonderful success, planned down to the tee by those who give of their time each year. My husband and family enjoyed supporting that effort again this year, and are so honored to have the opportunity (see page 8).

The holiday events pages show me that the clubs are busier than ever, so make sure and plan to join a club or two. The opportunities to stay active and socially involved are all around us, and there for the taking. Gathering with others is a hallmark of our existence, and neglecting the beauty of it is unthinkable! (see pages 14 and 15 and article on page 42).

Thanks to Rick Meggison for his year as Posse Commander (page 26), and enjoy meeting Jody Snider in the WVA Spotlight on page 34. Also, note the opportunities to do your holiday shopping (pages 28 and 31), and also plan to donate to the toy drive on page 31 so that those less fortunate can receive from the bounty of this season.

Merry Christmas to each of you, and enjoy creating more happy memories to cherish,

Lori



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BESTSELLERS

WV BESTSELLER BOOKSHELF

by Sandra W. Evans

Christmas BESTSELLER NON-FICTION



In her New York Times Bestseller, Carly Evelyn presents recipes to bake her holiday cookies plus cakes, breads and bars. She wants the aroma of baked goodies to fill your home with warmth and happiness. For your decorating session, Carly

provides examples of plates filled with an assortment of cookies, cakes and bars that are decorated with frosting, sprinkles and an array of toppings to turn each treat into a work of art. **Carly wants her recipes to transform your holiday into a fun-filled, remarkable and heartwarming celebration!**

FUN & YUMMY "HOLIDAY COOKIES"



BESTSELLER FICTION



In her New York Times bestseller, Sheila Roberts spins a story about second chances and holiday do-overs. Best friends, Sunny, Arianna and Molly had the worst Christmases ever. So, they decide to celebrate Christmas all year long to

make up for this terrible one. They plan to leave their trees up and decorate with valentines in February, shamrocks in March, bunnies in April and keep on going throughout the year. **Through all the trials and tribulations of their busy daily lives, they take the time to plan each month for another extra special holiday celebration!**



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INSPIRATIONAL CORNER: His Train & Faithfulness

In this season, there is so much to celebrate, and it is mixed with layers of excitement and meaning. The nature of our Creator is likewise expressed in limitless facets for us to behold. Isaiah reports in Isaiah 6:1, "I saw also the Lord sitting upon a throne, high and lifted up, and His train filled the temple." The image we see in our mind can evoke awestruck thrill at the vastness of His glory.

Such magnificent grandeur does combine with the truth of God's faithfulness to us. Throughout scripture, His faithfulness is displayed and discussed: "Your faithfulness endures to all generations; you have established the earth, and it stands fast" (Psalm 119:90). Webster defines faithfulness as "loyalty, adherence to something to which one is bound by a pledge or duty." Synonyms include: devotion, allegiance, dedication, commitment and fidelity.

Ultimately, God's faithfulness to all generations manifested fully when His Son came in the flesh to permanently mend what we could not mend ourselves. Christ's birth opened the gates for Him to demonstrate faithfulness to us in countless ways over His short 33 years while here. And then His ultimate sacrifice for us paid the debt for sin, and His resurrection conquered death forever. Our incomprehensibly superlative God is faithful to all generations, indeed!

*Oh Lord, You have been good
You have been faithful to all generations
Oh Lord, Your steadfast love
And tender mercy have been our salvation
For by Your hand we have been fed
And by Your Spirit we have been led
Oh Lord.
For by Your hand we have been fed
And by Your Spirit we have been led
Oh Lord, Almighty God
Father Unchanging, Upright and Holy
Oh Lord, You have been good
You have been good
You have been faithful, You have been good
* * * * **

You Have Been Good, Twila Paris - 1988

**Find "Westbrook Will" in an Ad
for a Chance to Win
\$20!**

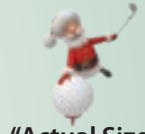


Winner is Selected Each Month!

Once you find Westbrook Will, send Entries to Westbrook Village Living Magazine, 8715 W. Union Hills Drive, Suite 108, Peoria, AZ 85382

Include your Name, Address, Phone Number, and state which Ad contains Westbrook Will.

Every month, one (1) winning entry will be drawn from all correct entries received for that month.



"Actual Size"

*Winners will be contacted by phone and announced in future issues of WV Living. Prizes will be mailed to winners. Limit one (1) entry per household.

Congratulations to, John (Doug) Ward, who correctly identified that Westbrook Will and his cheese were hidden in the November 2024 issue on **Page 33** in the **Gold Wealth Management** ad. His entry was one of many who sent theirs in, and he will be receiving \$20 as the winner of the draw. Thank you to all who participated!

The challenge in this issue is to find **Westbrook Will in his Santa suit with his golf club in hand**. Once you find the image (as shown here) inside one of the ADS in this issue (December), please jot down the ad location and your name and address on a 3" x 5" card, and postmark your entry by December 9, 2024, so you can be included in the draw for the cash prize! One prize per household, please!



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11th Annual Veterans Ball

- A Tribute to Korean and Vietnam Veterans



The renowned Annual Veterans Ball was enjoyed by so many again this year, and the event raised funds for the important charities the WV Veterans Club proudly supports. The evening began with the presentation of Military Colors by WV resident representatives of each branch of service. This was followed by the Call to Colors, conducted by the Peoria High School JROTC. Bill Wolfe sang our national anthem, and Bill Barbuto explained the meaningful and symbolic empty table at the front of the room, honoring our POW and MIA servicemen. Veteran Club President, Carl Ulbrich, led a toast to our Korean and Vietnam Veterans, emphasizing the importance of the words "Welcome Home," which everyone proclaimed in unison to our Vietnam servicemen.

After the invocation by Ray Thompson, dinner was served by the Pickleball Club members and the end of the Silent Auction drew near, where attendees were able to bid on beautiful and ornate items donated by many. After Dinner, event sponsors and volunteers were recognized for their wonderful contributions, and silent auction winners were announced. Everyone rose to join the multimedia presentation of the song "Proud to be an American," and there was not a dry eye in the room. The evening ended with beautiful music courtesy of the talented WV Musicians Club, who played and sang wonderful old tunes for guests to dance to.

Top Left: Veterans Club President, Carl Ulbrich prepares to raise a toast to our Vietnam Veterans and declare along with all present, WELCOME HOME!

Above: Linda Wright proudly carries the Army colors at the opening of the event

Bottom Left: Guests had the opportunity to bid on many beautiful donated items

Bottom Right: The Missing Soldier table was displayed as a symbol and in honor of those in service who are still missing from us



Veteran Ball Sponsors:

Pete and Margie Newman

Bill Patena, Councilmember City of Peoria

Team Reiland – Lori Reiland and Lindsey Reiland-Shoultes

Mayor Jason Beck

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Liberty Buick, Arrowhead Cadillac, Arrowhead Honda, and Marcy Reneau-My Home Group

Mary Bailey, Carol Buonincontro, Jack Lutz, Raymond James, Glenn Pahnke, Dr. Robert & Ann Rentfro, AZ Perfect Comfort Heating & Cooling

The Veterans Club would like to again thank each and every sponsor, volunteer, and musicians who made this event a terrific success!



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- * Certified Real Estate Negotiations Expert
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RESIDENTS AND
THEIR GUESTS
ARE WELCOME

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DINNER

BYOB

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With RNB
Tastings

**WVA WINE CLUB
HOLIDAY
DINNER/DANCE**

December 14, 2024
6:00pm - 8:30pm
LAKES BALLROOM

BUY 8
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TO RESERVE A
TABLE

TICKETS AVAILABLE AT THE
LAKES REC CENTER
\$40 PER PERSON

DEADLINE TO PURCHASE TICKETS
DEC. 6, 2024

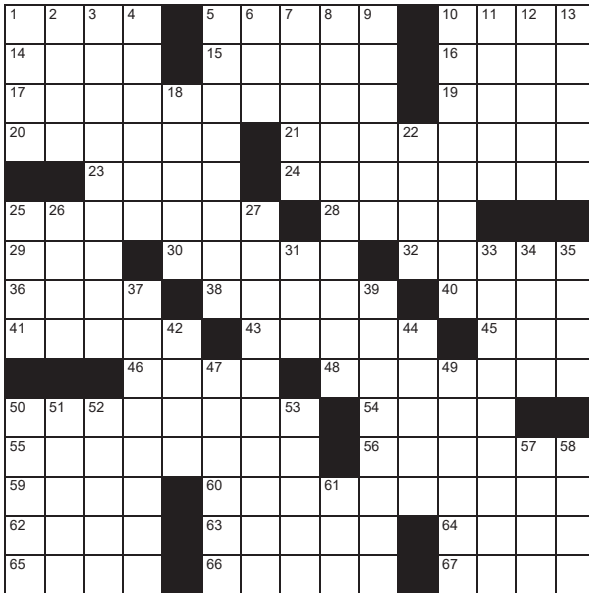
For more information, contact Cindy Clark
CINDY@CINDYCLARK.COM
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Crossword Puzzle #87

ACROSS

- 1 Coop residents
- 5 Hawthorne's
"___-Told Tales"
- 10 Harsh review
- 14 Beat anagram
- 15 It's a shore thing
- 16 Cornmeal cake
- 17 Like most
citizens
- 19 Miner's quest
- 20 Tasty mollusk
- 21 Broadway
backdrop
- 23 Shampoo brand
- 24 Royal title
- 25 Credit cards,
slangily
- 28 Grant basis
- 29 Race unit
- 30 Fling with force
- 32 Downy duck
- 36 Territory
- 38 Quick rides
- 40 Cut up
- 41 Bakery treats
- 43 Falk or Fonda
- 45 Junior, to Senior
- 46 Vegan's staple
- 48 Campus figure
- 50 Cancel a choice
- 54 Very, in Avignon
- 55 Cardinal
address
- 56 Hung in there
- 59 "Shane" star
- 60 Reject as false
- 62 Scrabble piece
- 63 Bruce Lee film,
"___ the
Dragon"
- 64 Astin or Bean
- 65 Nautical
direction



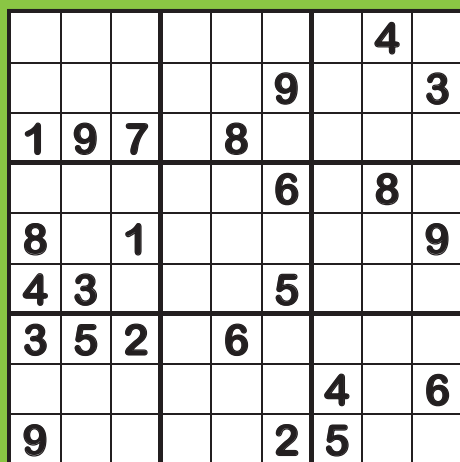
Copyright 2024 by The Puzzle Syndicate

- 66 Thorny bunch
- 67 Animated crime-
fighting quartet,
briefly
- 9 Mesh, as gears
- 10 "Delightful"
- 11 Off the leash
- 12 Llama's land
- 13 Track events
- 18 Bed on board
- 22 Calcutta butter
- 25 Surveyor's map
- 26 Actress ___
Flynn Boyle
- 27 Frothy coffee
drink
- 31 Contend (for)
- 33 Hold in low
regard
- 34 Univ. course
- 35 Monopoly
payment
- 37 One who
shows up
- 39 Oregon Trail
folks
- 42 One and only
- 44 Like Mayberry
- 47 Stratocaster
maker
- 49 Partner of cease
- 50 Tucker's tune,
"___ Dawn"
- 51 Send, in a way
- 52 Move stealthily
- 53 Doctor's orders
- 57 John, in Wales
- 58 Job for a body
shop
- 61 Worker in a
garden

DOWN

- 1 Ring of light
- 2 Big name in
online bidding
- 3 It's breaking, at
times
- 4 Union members?
- 5 Dust Bowl's
decade
- 6 Get hitched
- 7 Football's
Fighting ___
- 8 Geological
seven

Sudoku

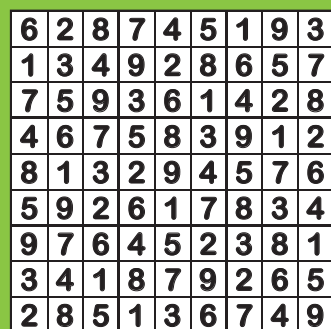


HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Solution to last month's puzzle to the right →

Solution to previous puzzle:



December 2024 WVA Meetings

ALL MEETINGS BEGIN AT 9:00AM

Wednesday, December 4 **FALC
Board of Directors Meeting**

Tuesday, December 10 **FALC
Recreation Committee Meeting**

Wednesday, December 11 **FALC
Landscape and Facilities Meeting**

Friday, December 13 **FALC
Cornerstone Committee Meeting**

Tuesday, December 17 **FALC
Architectural Control Meeting**

Wednesday, December 18 **FALC
Long Range Planning Meeting**

*To Be Determined **The Admin. Bldg.
Ways and Means Meeting**

Westbrook Village Opportunity

EVALUATION & INITIAL MANAGEMENT OF PAIN

Presented by Abrazo Health

Friday, December 6th-9am-10am

Lakes Rec Center

Free to attend and no
sign up required!



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I work here!
I love
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Roz Farnsworth 623-533-8177 | Judy & Bill Reisener 623-810-4068

Another busy month, but no records were broken. We only had 40 requests for help, done by 12 of our volunteers. Winter visitors are returning so things may pick up. We added one new resident we're providing weekly trash can duty for and another we're helping with weekly grocery shopping. Our outstanding volunteers were Jan Stevens, Allen McCracken, Marla Putnam, Melinda Vanmeter and Catherine Nagy. Cheryl Price has started regular visits to a homebound resident and several other volunteers have expressed interest in phone or in person visiting, so let us know if you need a visit.

Our newest volunteer is Mary Kay Boell, a winter visitor who will help while she is here. A group of volunteers that I have neglected to mention are the people who take care of follow-up on our medical equipment lending, to make sure all our items come back home. Those people are Barry Spiegel, Donna Chakravarty and Jan Stevens. With their follow up, equipment is being returned on a timelier basis. Thanks everyone.

Are you thinking of volunteering but not sure what's involved? The first thing is that "NO" is a valid answer when you get an email request for help. In fact, you can just ignore the email. The number of requests you take or decline is your decision. We give you the information you need to make a decision – the date, time and location. After you take the assignment, we give you the address and phone number of the resident requesting help. The time commitment is all up to you. However, if you don't respond to anything over a year's time, we will take you off the email list. So, what could be easier?

We don't do lifting, bathing or personal care, but have a resource list for those services, including home health care, meals and assisted living locators. The ads in the back of the Living Magazine are a great place to find resources, or Call Roz for more information.

If someone falls, ALWAYS call 911!

"Every day of your life is merely preparation for the next. What you become is the result of what you do today." – John C. Maxwell

Other helpful numbers: 24/7 Senior Help Line - 602.264.4357
Adult Protective Services - 877.767.2385
Eldercare Locator - 800.677.1116

WV LIBRARY NEWS

- With Martha Swanson

Merry Christmas! Happy Hanukkah!

Have you finished all those holiday ideas found in the magazines, pamphlets, and books that have been displayed in the Westbrook Village library these last few weeks? The 300-piece puzzles are very popular, and if you would like to give a gift to the library--new 300 piece puzzles--new or used but complete--that would be great. Much has been reported in newspapers and magazines in 2024. Imagine what 2025 holds for us!

Everyone on the library committee: Kay McCaughey, Chair, Sylvia Plank, Martha Swanson, Fran Gustafson, Jan Van Vugt, Elsie Vargo and each of the 25 library volunteers hope you have lots of holiday parties and good cheer. We wish you the best of the season and a happy new year.





Rudolph has made an early visit to Westbrook Village by way of the Needle Arts And Crafts club, Stop by their studio, located at the Vistas Recreation Center, and purchase one of these adorable Reindeer of your very own for only \$10--complete with a very shiny nose! Rudolph will add some Holiday Cheer to your front door or entryway.

If you have that special person to buy for on your Holiday shopping list, visit the Needle Arts Studio and select a unique handcrafted gift made right here in Westbrook Village. Studio hours are Tuesday and Thursday 1-3pm and most Saturdays 11-3pm. Stop by or contact **Linda Gierescher at 623-271-5541.**



The club is making plans for a Christmas Pot-Luck luncheon for club members in the Vistas Ballroom on December 10 from 12-3pm.

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AFTER



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Village Niner's Golf Club

The Village Niner's Club is grateful for a great relationship with the WV Golf Club and all they do. If you reside at WV as a homeowner or renter, you are eligible to be a member of the club. There are no dues for the Niner's Club, but we do need your name and email to contact you with golf and club info, so please reach out to our Director of Golf, Dean Carlson to provide/update your contact info.

When the club has a shotgun start, we will ask you to confirm with Dean that you will be playing that day. He will assign the pairings for all payers. We will collect \$1.00 from each player prior to golfing at check-in and use the money for scorecard draws at the social time after golf.

Info: Dean Carlson 763-301-2138

Snowbirds Always Welcome

SOLAR EDUCATION: ENLIGHTEN YOURSELF

Saturday, December 14 | 10:00 - 12:00 PM
Links Neighborhood Grill

APS APPROVED HOME SOLAR CLASS

This class has been presented through the Maricopa Community College System.

Get the truth about benefits and pitfalls from a retired Electrical Engineer.

Absolutely NO SELLING of any kind!
Solar companies cannot attend!

To register, call or text 480-522-6278 or email azadvocate55@gmail.com.

HOLIDAY EVENTS

Around the Village

Tuesday/Thursday Progressive Hand and Foot

Thursday, **December 5** at 11:30am in the Lakes Ballroom for members. Loree Crabb, 623-203-8649.

The Westbrook Village Voices

Friday, **December 6** at 7:00pm - Saturday, **December 7** at 7:00pm - Sunday, **December 8** at 3:00pm. Holiday Concert "Silver and Gold." Tickets may be purchased at the westbrookvillagepac.com website or calling the box office at 623-237-3037.

Lapidary & Jewelry Art Studio

Sunday, **December 8** from 9:00 - 1:00. Come and shop for the holidays during 2nd Sunday Marketplace hours and anytime the studio is open, which is Monday, Thursday, and Friday from 10:00am-1pm. Nita at 623-606-2144 or Barb at 314-712-6225. (See article on page 33)

Pottery Club

Sunday, **December 8** from 9:00am-1:00pm. Come and shop for the holidays! Beautiful pottery for sale at an outside booth during the Second Sunday Market. Our studio inside the Lakes Rec Center will also be open to the public for additional sales of handmade, original pieces. Large variety of functional and decorative pottery as well as many Holiday/ Christmas items and ornaments.

Duplicate Bridge

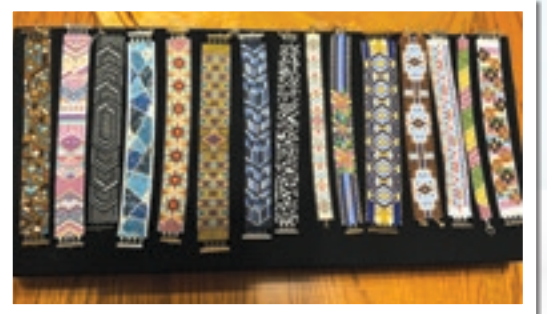
Monday, **December 9** from 11:30am – 12:30pm at the Vistas. Members and spouses with bridge game afterward. Eileen Medansky, 623-566-3634.

Needle Arts & Crafts Club

Tuesday, **December 10** from 12:00pm-3:00pm at the Vistas Ballroom for a Christmas Pot-Luck luncheon for club members. Linda Gierescher, 623-271-5541. (See article on page 12)

18 Hole Ladies

Tuesday, **December 10** - Christmas Luncheon following play. For questions and registration, please contact Pam Sprosty, President at Psprosty1973@gmail.com.



Veterans Club

Monday, **December 11** at 5:00pm at the Lakes Ballroom. Veterans Holiday Party - Please see website www.westbrookvets.org for details and to RSVP. Must RSVP by Dec 5, 2024.

18 Hole Couples

Friday **December 12**, "Baby It's Cold Outside Golf Tournament with Dinner and Dance. Dinner at the Lakes Ballroom will be served between 5:00pm – 7:00pm; dancing with the Phil Hendricks Band will be from 7:00pm-9:00pm. Contact Kurt or Sally Kimmerling at clinesally1@gmail.com or 319-331-5814.

Technology Club

Thursday, **December 12** from 1:00-7:00pm, Holiday Open House in our Lakes Classrooms. See what our club has to offer and drop your name in the jar for our hourly drawings for gift certificates (must be present to win). Signup for membership will be available. Email wvcc@live.com or call 623-226-8120.

Lakes Water Aerobic Christmas Party

Friday, **December 13** at 11:30am at the Links Neighborhood Grill. Order off the menu. Prizes, Singing and Fun. Contact Coralee Scott at C_scott2010@cox.net.

Italian Club Christmas Party

Saturday, **December 14** at 5:00pm at the Vistas Ballroom.

Shalom Club of Westbrook

Wednesday, **December 18**. We will celebrate Hanukkah together! For details, call Rita Paper at 701-371-1548.

WV Book Club

Thursday, **December 19** at noon at Abuelos for lunch and a book exchange. Bring a wrapped new or slightly loved book to share at the Book Swap! It will be fun! Jill Ferguson, 509-939-8956.

Westbrook Village Voices

Saturday, **January 4, 2025** – We will also be hosting an After New Year's Event "Swing Into 2025." Tickets will be \$5.00 each and may be obtained at the Vistas Rec Center beginning on December 5, 2024. For more details, call Nancy Connolly, 602-380-9315.

Progressive Hand and Foot – Thursday Group

Thursday, **January 9, 2025** at 5:00pm in the Lakes Multi-Purpose room – Holiday Party with card games afterward. Sharon Witthuhn, 623-740-7631.

Opposite Page: Far left- Shop the Pottery Club for the holidays Left- Endless creativity expressed in these beaded bracelets available at the Lapidary and Jewelry Arts Studio this season Right- Middle: Italian American Club festivities Bottom: It takes a Village to enjoy the holidays fully



Merry Christmas & Happy New Year!



WVA Treasurer's Report

For the month ending September 30, 2024

"The following figures are subject to audit. However, they fairly represent the approximate financial condition of the Association at month end."

GENERAL OPERATING FUND

(Funds designated for day-to-day operations.)

Cash and CDs on hand at the end of September was \$2.0 million. For the full year 2024 we are forecasting total revenue of \$3.3 million, of which \$3.0 million will come from homeowner annual assessments. Budgeted expenses forecast for 2024 is \$3.3 million with \$125,000 expected to transfer to our Reserve Fund. Through September, our revenue and expenses are in line with our forecast. However, we continue to monitor expenditures, and undergo higher pricing in products, labor, and availability. In addition, there remains a large "unknown" as to what may lie ahead with regards to home resales, interest rates and the overall economy in 2024.

REPLACEMENT RESERVE FUND

(Funds for major repairs / replacements / improvements)

Cash and CDs on hand at the end of September was \$4.4 million. In 2024 we are forecasting revenue of \$782,000. Revenue comes primarily from new homeowner preservation fees of \$633,000.

The 2024 reserve budget includes a transferred revenue of \$125,000 from the operating budget and projected interest of approximately \$24,000. Through September, interest revenue earned is approximately \$78,500 which exceeds our projected budgeted amount of \$24,000.

Reserve fund expenditures budgeted for 2024 is \$1,142,250. Ongoing expenditures remain planned for perimeter wall repair and painting, Lakes Complex Asphalt replacement, and the Fitness Center Architect. Other normal infrastructure repairs and replacement and expenditures will be addressed as needed.

These financials will be on file at the WVA Administration Office after noon on Thursday, November 7, 2024. The September Treasurers Report will be approved at the November 6 Board of Directors meeting and available the following day. **Should you have any questions, please call 623 561-0099 for an appointment.**

Submitted by Steve Merkovich, Treasurer

General Manager's Report

Karen Jones

- The Westbrook Village Association Board of Directors voted to implement electronic voting beginning in 2025 for the Annual Meeting and Board of Director elections. We will be educating the community on this process. There will be three (3) options to vote 1 – online, 2 – telephone, 3 – request a paper ballot. We are excited to begin using this simple process. Thank you to all the wonderful volunteers that have assisted in the mailings, and ballot counting for the annual meeting through the years. **We could not have done it without you!**
- The 2025 WVA Budget work has been ongoing in September and presented to the Budget Committee in October. The budget committee is comprised of three (3) Ways & Means members and four (4) Westbrook Village residents that applied to be part of this very important process. Thank you to everyone for your hard work & diligence in this very important process.
- At the 2025 Budget Special Board of Directors meeting on October 30, 2024 the recommended budget for next year from the budget committee was approved by the Board of Directors.
- The WVA Annual Assessment for 2025 will increase by CPI (Consumer Price Index) per our Governing Documents which is 2.5%. Thus, making the **2025 Annual Assessment \$795.90**, an increase of \$19.40 from 2024. The annual assessment invoice will be mailed in late November, due January 1, 2025 and a 10% late fee assessed on February 1, 2025 if not paid.
- October BINGO was well attended with 178 players. And many great Halloween costumes!
- Looking forward to the upcoming POSSE FEST on Sunday, November 3, 2024.
- GM Coffee Talk went very well with good discussions - 41 in attendance.
- Overseeding is progressing very well, and the community is looking beautiful! Thank you for all of your hard work SDL!
- The WVA Concert Series tickets go on sale Friday, November 1, 2024, at the Lakes Recreation Center at 9:00am. \$150 per person for 6 concerts. Do not wait as we expect them to sell out.
- Remember – if it does not look or feel right, call someone to report it! Peoria Police **non-emergency # 623-773-8311** – Westbrook Posse 623-566-3133 – and in ANY emergency call **911**.

Wishing you the Happiest of Holidays and Merry Christmas from All of us at WVA!

- Remember, if you are bringing a guest into the facilities, you **MUST** check in at the front desk and obtain a wristband. If you do not follow this Board policy, your Recreation Center privileges will be suspended.
- Remember you must have your WVA photo identification card with you when going to the recreation centers. You must be with any guests at check-in, staff will put on a guest wristband at the front desk.
- **PLEASE SLOW DOWN** and use caution when driving in the community, stay safe!
- Please continue to work with us on architectural applications, exterior improvements, maintenance questions etc. on your properties. We are always here to help! Administration office. 623-561-0099.
- If you come across maintenance needed at our facilities, please stop at any front desk, and ask staff to submit a maintenance request. They will immediately submit to maintenance through the computer system and our maintenance team will be happy to assist!

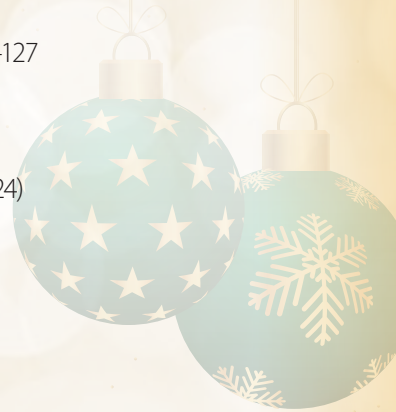
- Visit us at www.WestbrookVillage.org for all events, meetings, minutes, updates, agendas, and general information.

ARCHITECTURAL CONTROL COMMITTEE

- **Current Architectural Control Committee Discussion Items:**
 - Drafting standard for Permanent Generator Systems
- **ACC Submittals (9/27 – 10/30/24)**
 - Total received – 131
 - Approved within Standards –127
 - Denied – 1

RESALE DEPARTMENT

- Number of Resales (9/27 – 10/30/24)**
- Opened – 26
 - Closed – 21
 - Cancelled – 2
 - Foreclosed – 0



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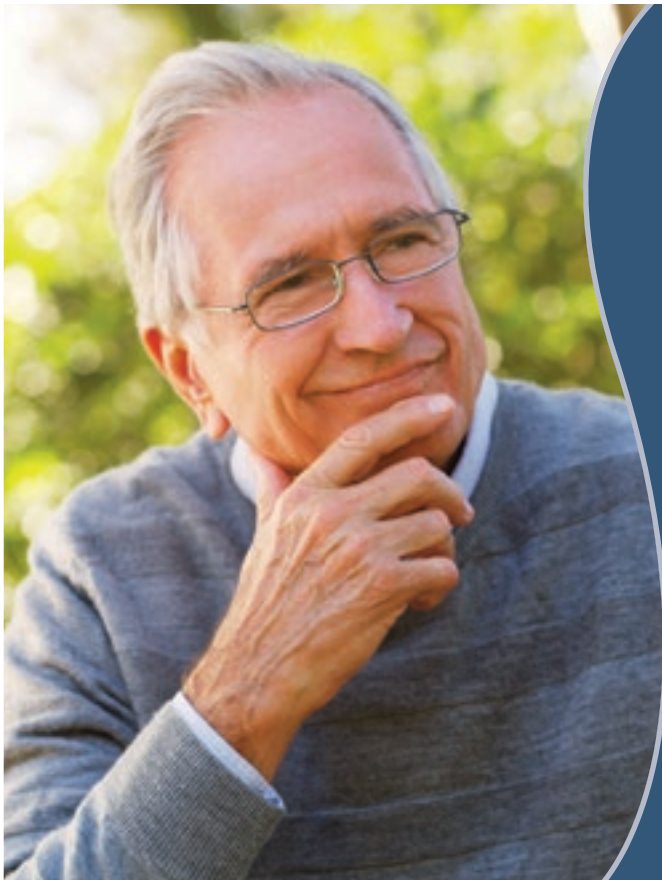
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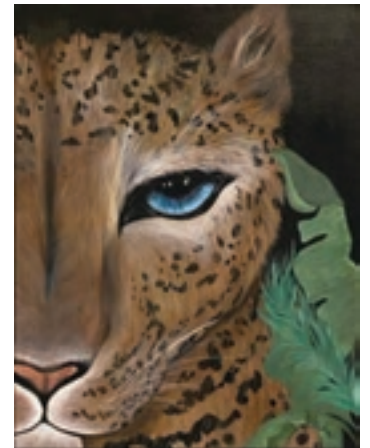
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WV Fine Arts Featured Member Artist

CINDY BLUHN

I am fairly new to painting and have no art background. I have never taken formal classes. I started trying watercolor but quickly realized that I prefer to focus on acrylics. I have watched many tutorials and have learned important concepts by studying other artists. There are many paintings that I either painted over or threw out, but each time I learned something new. My favorite subjects to paint are animals. I've done a few landscapes but always return to painting animals.



Above: WV Artist and Fine Arts Club member, Cindy Bluhn

Far Left: *Teamwork* by Cindy Bluhn

Middle Left: *Piercing Eyes* by Cindy Bluhn

Middle Right: *Trailing Beauty* by Cindy Bluhn

Right: *Leopard Eye* by Cindy Bluhn

Center: *Wonder* by Cindy Bluhn

I joined the Westbrook Village Fine Arts club last year and have really enjoyed being a part of that talented group of artists. Everyone is so supportive! I am now part of a group of artists who take classes from a fine arts club member. Nancy's instruction has been amazing! The club provides demonstrations in many different techniques from accomplished local artists. Be sure to visit the studio at our next fine arts show and sale!



Previous to coming to Arizona, my husband and I lived in Wisconsin. I spent most of my early years working as an executive assistance at a local hospital.

My love of animals led me to make a major career change. Living in the country on 16 acres gave us the opportunity to open Country Roads Boarding Kennel in 2000. I thoroughly enjoyed owning my own business for 13 years where we cared for dogs and cats, an occasional bird, fish and even a rabbit. As early as I can remember, I loved horses and we had 3 horses of our own, and one goat along with the boarding facility! My first passion was realized.

A friend of mine once said, "It's never too late to find your passion," and she was right! Horses, animals and art have been mine.

We love living in Westbrook Village and enjoy biking, hiking, swimming and walking our dog, Skye.



	Clubs and Groups	Day(s) of Week	Time	Place	Contact Person
Arts and Crafts	Ceramics	Please call for details			Bernice Lever 602-373-6008
	Fine Arts	Please call for details			Kim Mraz 623-377-6520
	Glass Art Studio	Please call for details			Sally Bailey 360-250-9877
	Lapidary/Jewelry Art Studio	M-T-W-Th-F		Lakes	Cheryl Glennon 928-814-8269 Barb Bosworth 314-712-6225
	Needle Arts and Crafts	T-Th	T-Th: 1-3pm	Vistas	Linda Gierescher 623-271-5541
	Photography	1st Tue; Oct-Mar	7:00pm	FALC	Tom LaFleur 623-328-5612
	Pottery/Claymates	M-T-W-Th-F			Jane Beckman 563-340-3264
	Woodshop Club	M-T-W-Th-F	8:30-12:00 p.m. 1:00-4:00 p.m.		Ray Jansen 402-393-1802
Card and Table top Games	Bunco Vistas 2	Please call for details			Barb Marsteen 602-819-2439
	Chess Club	W	1:00p.m.-3:00pm	Lakes Multi	Ralph Doner 480-410-7786
	Euchre Card	1st & 3rd Wed	6:00 - 9:00 p.m.	Lakes Multi	Rich Mizner 253-370-7086
	Cribbage	T	7:00 p.m.	Lakes	Gloria Pawluk 623-202-7767
	Duplicate Bridge	M	12:30 p.m.	Vistas	Eileen Medansky 623-566-3634
	Hearts	T	6:30 p.m.	Vistas	Ron Bachara 623-640-8978
	Ladies' Bridge	T	12:15pm	Vistas	Dovie Templin 623-680-3369
	Ladies' Bridge	Th	9:15am	Vistas	Gerry Simpson 623-694-4918
	Mah Jongg	W	1:00 p.m.	Vistas	Cindy Michlin 480-619-0188
	Mah Jongg, Wright-Patterson	M	12:00-4:00p.m.	FALC	Mary Maccracken 623-566-3312
	Monday Social Bridge	M - partner not req'd	12:15 p.m.	Lakes	Ralph Doner 480-410-7786
	National Mah Jongg	F	1:00-4:00 p.m.	Vistas	Judy Pellish 623-362-1046 Janet Leach 623-566-6682
	Pan	W	12:00 p.m.	FALC	Mary Ann Bolyog 623-203-4469
	Pinochle	M	6:00pm	Vistas	Bruce Garrison 253-905-6650
	Progressive Hand & Foot	T-Th	12:00 p.m.	Lakes Multi	Loree Crabb 623-203-8649
	Progressive Hand & Foot	Th	5:30 p.m.	Lakes	Sharon Witthuhn 623-640-7631
	Really Fun Bridge	W	9:30 a.m.	Vistas	Ted Cooper 425-233-1960
	Samba	M	5:30 p.m.	Lakes	Sandra Sullivan 623-271-7149
	Shanghai	W	6:00 p.m.	Vistas	Judith Devenney 623-937-6535
	Sheepshead	F	1:00 p.m.	FALC	Al Boeck 602-999-3743
Tuesday Night Mah Jongg	1st & 3rd Tuesdays	6:30 p.m.	Vistas	Carol Holtorf 602-999-8101	
Winner's Poker	M	6:30-8:30p.m.	FALC	Ron Goodman 623-444-0092	
Dance & Entertainmen	Desert Dancers	Please call for details			Sharon Corcoran 623-670-6114
	Line Dancing	T-Th	10:00-11:00am	Vistas	Audrey Fulcher 602-620-3294
	Performing Arts Council	Please call for details			Norma Apodaca 623-377-8500
	Village Players	Please call for details			Max Allen, 623-523-3997
	Village Voices	W	1:30-3:30 p.m.	VistasBallrm	Nancy Connolly 602-380-9315
	Westbrook Musicians	Please call for details			Steve Thorne 602-427-7616
Fitness	Low Impact Aerobics	M-W	6:00 p.m.	Lakes	Pat Brown 623-293-8037
	General Conditioning Class	T-Th	8:00 a.m.	Vistas	Steve Rommel 602-471-9232
	Lakes Pool Noodle Fitness	W	8:00a.m.	Lakes	Sally Cline 319-331-0270
	Lakes Water Aerobics	Tues thru Sat: 7:00am, 8:00am, 9:00am		Lakes	Sally Cline 319-331-0270
	Lakes Water Walking	T-Th-Sa	9:00 a.m.	Lakes	Sally Cline 319-331-0270
	Personalized Fitness Training	Please call for details		Vistas	Steve Rommel 602-471-9232
	Tai Chi	T, Th	10:00-11:00a.m.	Lakes Ballrm	Michael Leoni
	Vistas Water Aerobics	M-W-Th-F 7:15am,8:15am,9:15am		Vistas	Kay Neighbors 602-568-1925
	Water Zumba	T-Th-Sa	10:15-11:00a.m.	Lakes	Kathy Margolis 612-201-0167
	Yoga - Mat	Sat	9:00 a.m.	Lakes	Karen Berg, 480-390-9041
	Yoga - Restorative	W	9:00 a.m.	Lakes	Karen Berg, 480-390-9041
Zumba Gold/Toning for Seniors	M - 9:00 a.m., W - 9:00 a.m., F - 9:00 a.m.		Vistas	Veronica Lowe 623-800-9373	
Misc	Blood Pressure Screenings	1st & 3rd Thursdays	9:00-11:00 a.m.	Vistas	
	Library	Open every day except		FALC	Martha Swanson 623-566-4753

Please submit all club and activity changes to admin@westbrookvillageliving.com.

and Activities Information



	Clubs and Groups	Day(s) of Week	Time	Place	Contact Person	
Specialty Clubs	Baby Boomers	Please call for details			Maria Thorne 602-463-2903	
	Caregiver Support Group	2nd & 4th Tues	1:30 p.m.	Vistas	Toni Stuart 602-799-0412	
	Christian Fellowship	TBD			TBD	
	Computer (Technology) Club	Website: wbvtc.org	Email: wvcc@live.com		wvcc@live.com; 623-226-8120	
	Heatherbrook Club	Subdivision coordinator			Marcy Reneau 425-319-8113	
	Helping Hands	See article in this issue			Roz Farnsworth 623-533-8177 Judy Reisener 623-572-3017	
	Hiking Club	See Hiking Club article			Allen Miller 623-703-6447	
	Italian-American	Sat, Dec. 14	5:00pm	Vistas Ballrm	Maria Thorne 602-463-2903	
	Nebraska Club				Vistas	Dan Geiger 303-885-8169
	Photography	1st Tues; Nov thru Mar	7:00 p.m.	FALC	Tom LaFleur 623-328-5612	
	Roadrunners RV Club	4th Thursday	6:00 p.m.	Vistas	Harris Evans 303-956-6395	
	Shalom Club	Please call for details			Rita Paper 701-371-1548; Illa Kallish 602-796-3138	
	Veterans Club	M, Dec 11 -Holiday Party	5:00 p.m.	Lakes Ballrm	Carl Ulbrich 602-312-5900 westbrookvets.org	
	WV Book Club	Th, Dec. 19, Book Exchange	Noon, bring wrapped book	Abuelos	Jill Ferguson 509-939-8956	
	WV Bookies	W, Dec. 11	4:30 p.m.	Vistas	<i>The Ride of Her Life</i> by Elizabeth Letts Claudia Carr 206-954-4534	
	Wine Club	Please call for details			Cindy Clark 602-363-8633 Fran DeWalt 623-512-3075	
Westbrook Cares!	Please call for details			Cindy Clark 602-363-8633; Marti Harper 989-640-1399		
Sports	Bowling - Senior Rollers	T	2pm-Lakeview Lanes Sun City		Ellen Howells 623-825-4907	
	Can-Am Golf	Please email for details			Loris Schuetzle Loris1@shaw.ca	
	D.C. Billiards	T-Th	6:30 p.m.	Lakes	Dave Bettner 623-866-8150	
	Golf Heritage Cup	Please call for details			Norm Richter 623-566-0971	
	Golf 9-Hole Couples	F mornings Nov-May			Lyle TenHaken 507-360-8124	
	Golf 18-Hole Couples	Please call for details			Kurt & Sally Cline Kimmerling 319-331-5814	
	Golf 18-Hole Ladies	Please call for details			Pam Sprosty, 216-536-4710	
	Golf 9-hole Ladies	T mornings Oct-May			Mary Murphy 440-479-0338	
	Golf Mens Association (MGA)	W	Please call for details		Garry Horton 928-219-1557	
	Golf Weekend Men's Club	Sat	9:00a.m.	Lakes/Vistas	Herb Wohlf 602 690 7890	
	Pickleball	Please call for details			Vince Lodato 253-293-2765	
	Table Tennis	W & F	1:00-2:00p.m.	Vistas	Norm Miller 602-321-1244	
	Tennis	Please call for details			George Renner 623-937-1649 Randy Spontak 520-609-1662	
	West Valley Ladies Tennis 50+	F, Oct-Mar	11:00am-Paseo Racquet Ctr		Pam Cavalier 480-276-8213 Linda Renner 602-550-0810	
	Village Niner's Golf Group	Please call for details			Herb Greksa 224-406-5255 Dean Carlson 763-301-2138	

Important Numbers

<p>Lakes Recreation Center 19251 N. Westbrook Parkway, Peoria, AZ 85382 623-566-6181 ~ 5:30 a.m.-10:00 p.m.</p> <p>Vistas Recreation Center 18825 N. Country Club Parkway, Peoria, AZ 85382 623-566-6178 ~ 5:30 a.m.-10:00 p.m.</p>	<p>WV Administration Office 19281 N. Westbrook Parkway, Peoria, AZ 85382 623-561-0099 Mon.-Thurs. 8:00 a.m.-4:30 p.m. Charley's at The Lakes: 623-399-8557 Links Grill: 623-561-1681</p>	<p>Peoria Emergency: 911</p> <p>Peoria Police, non-emergency: 623-773-8311</p> <p>Peoria Fire, non-emergency: 623-773-7279</p> <p>Westbrook Posse: 623-566-3133</p> <p>Poison Control: 602-253-3334</p>
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City of Peoria:

Mayor Jason Beck

The Revitalization of Peoria's Historic Downtown

I hope everyone had a wonderful Thanksgiving with family and friends, and that we all had the chance to reflect on the many things we have to be thankful for across our great city.

As Mayor, I have remained committed to fostering an environment that focuses on smart growth, strategic long-term planning, and dynamic economic development. A key piece of this mission has been, and will continue to be, the revitalization of Peoria's historic downtown area.

Peoria's downtown has a rich history that reflects the character of our city. I am a firm believer that we must drive innovation while maintaining our city's roots. Our City Council has prioritized the revitalization of downtown, as we work to transform it into a central hub that celebrates local culture, supports local business, and attracts new development.

Over the past year, we have allocated resources and initiated several key projects aimed at enhancing the downtown experience. By improving public spaces and investing in infrastructure, we are laying the groundwork for a downtown area that maximizes engagement and economic activity.

In this spirit, several key developments are already underway. First, Caldwell County BBQ is set to become a cornerstone of



Mayor Jason Beck

our historic downtown. Caldwell's first West Valley location will be approximately 6,600 square feet, located between the Fire House Event Center and the former downtown hotel site. The restaurant will feature a large outdoor patio space, and a design that seamlessly connects with the surrounding area.

Following Caldwell's, the Jefferson House is set to be located at the northwest corner of 83rd Avenue and Jefferson Street. This venue will feature a mix of restaurants, a bar, retail, and event space. Developed in partnership with the owners of The Churchill in Phoenix and the existing Driftwood Coffee, Jefferson House will serve as a community gathering hub for special events and local pop-ups.

In addition to these developments, we are also celebrating Greystar's Peoria Place, a \$500 million mixed-use master plan that will bring luxury apartments and retail spaces to our downtown, and the renovations to the City Hall's 'Front Lawn,' aimed at creating a public space for community gatherings and events.

Growing Economic Development opportunities in the city's Historic Downtown has been a decades-long priority for the city, and I am proud that our council has taken meaningful steps towards achieving that goal. I look forward to continuing our work with the community and nearby stakeholders to turn the revitalization of Downtown Peoria into a reality that we all take immense pride in.

Finally, as we move into the holiday season, I want to take a moment to wish everyone a very Merry Christmas and a Happy New Year. May this season be filled with peace, joy, and continued progress for our city!

Mayor Jason Beck



18 Hole Ladies

– With Karen Crisp

As you read this our 2024/2025 season is truly in *Full Swing!* It's good to see so many of our friends return from cooler temps...and we thank you for bringing that back with you! Our group currently has over 135 playing members, and we welcome anyone with an established handicap of 40 or below.

We have a schedule full of fun games that are played every Tuesday as well as some exciting tournaments such as our annual Eclectic 2-day Partner event, a Member Guest, a two-day Ladies Classic (championship), Guys and Dolls, Citrus and Cactus Cups... so much more! The annual fee to join our fun-golfing group is \$40 and a \$3 play-day fee for non-tournament games. If you have any questions, please feel free to contact our **President, Pam Sprosty** at psprosty1973@gmail.com.



Above: Ready to tee it up- Nancy Oliphant, Marva Wondra, Marchell Fletcher, Jean Welter, Ramona Sessions, Rhonda Hoge



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Shalom Club News - With Rita Paper

The Shalom Club of Westbrook Village will be celebrating the Jewish holiday of Hanukkah on December 18. Hanukkah is also known as the Festival of Lights. The actual date of Hanukkah this year is on December 24 and ends on December 31.

Our holiday is celebrated for eight days and nights because a miracle happened. A small amount of oil which should have lasted only a day lasted for eight days. This gave the Jews enough time for them to rededicate the Temple in Jerusalem, which they regained by beating back their enemies. It is the story of the battle between the Maccabees and King Antiochus.

The traditional foods to eat during Hanukkah are potato latkes (pancakes) and sufganiyot (jelly filled donuts). Sometimes we play a spinning game with a dreidel. It's a good time for all!



Rita Paper - 701-371-1548

A Different Kind of Doctor

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****Please be advised that the WBVTC will be disbanded in January 2025 if no one steps forward to volunteer for the President's position.****

The Program Coordinators, John Ellsworth, Pat Williamson, and Tanju Bayramoglu, will complete their workshop schedules through the end of April 2025.

Sadly, we had very little response to our plea for new leadership. There were a couple of thoughtful suggestions, and we even had a delightful guest join us for our Board Meeting; however, **NO PROGRESS HAS BEEN MADE TO FILL THE LEADERSHIP POSITIONS: PRESIDENT, SECRETARY, MAGAZINE ARTICLE COORDINATOR and TECH TALK COORDINATOR.**

TECH TALK

The December Tech Talk will be about Social Security and held on December 5 at 6 p.m. at our Computer Room #1 at the Lakes. A representative from Social Security will enlighten our club about new developments you should be aware of. Fifteen minutes will be set aside to field your questions.

NOTE: Do not go to the Lakes Ballroom.

OPEN HOUSE

The Club will be hosting an Open House in our Lakes Classrooms to celebrate the holiday spirit on Thursday, December 12. You are invited to join us anytime between 1-7 p.m. See what our club has to offer and drop your name in the jar for our hourly drawings of gift certificates (must be present to win). Signup for membership will be available.

CONSIDER STARTING YOUR NEW YEAR BY STEPPING UP TO SOME NEW CHALLENGES. It's actually exhilarating to be at the forefront of tech at this place in time. Just as it was exciting to have a new pair of eyes at our recent Board meeting, it is always intriguing to consider other points of view and knowledge from the seasoned professionals who populate this little village we live in. Remember, it takes a VILLAGE – and the action starts **WITH YOU** in January 2025. Join our Leadership Crew. **Don't forget that you can send emails to wvcc@live.com and messages or comments to our phone: (623) 226-8120.**

WINDOWS WORLD, APPLE WORKSHOPS and MASTERMIND MEETUPS

We are also pleased to announce that John Ellsworth's timely December topic for **Windows World** is about the new look and options for Windows Mail, which will be held on Tuesday, December 10th @ 2 p.m. in the Computer Lab at the Lakes.

Pat Williamson is assembling her **Apple Bytes Workshop** for **Wednesday, December 11 @ 2 p.m.** for APPLE followers. The subject will offer a better understanding of your OS Directory, and its in-depth extensions.

Meanwhile Tanju Bayramoglu will present his monthly **Mastermind Meetup** on **Monday, December 16 @ 2 p.m.**

Announcements will be sent to members and also posted by flyers at the Rec Centers and on our website. (You can also subscribe to our Calendar on the Website.) Be sure to check Westbrook's Weekly E-Blast for additional information posted on the flyers. This resource is invaluable regarding activities for our residents.

MEMBERSHIP DATA

The process has started for all 2025 new and renewal members, wherein an updated Application and Release & Indemnification Waiver will be required for membership. The Membership Committee has been busy updating all records. The Lab will be accessible to all Tech Club Members (just check out the key). Remember to have your membership badge and WV ID card to gain access to the room!

.....
The Club is a group of tech users that learn from each other and advance our knowledge and proficiency in technology. We appreciate all volunteers from all areas of technology. Bring us your ideas and talents. **** Dues are waived for 2025.** (Applications are available at the Rec Centers or printed from our new website as listed above.)

-
- We accept all desktop and laptop computers with Windows 7 and newer OS systems to be refurbished for needy school children. No printers please. Drop off at the front desk of the Lakes Rec Center. (See website <https://wbvtc.org> for further details.)
 - We are NOT a tech-support group and cannot provide specific tech support, setup assistance or in-home device support.



WV Veterans Club NEWS

Community * Patriotism * Camaraderie

OUR CLUB WILL BE DOING ONLY ONE EVENT IN DECEMBER DUE TO ALL THE OTHER HOLIDAYS EVENTS.

Veterans Holiday Party

December 11, 2024, 5:00 pm – at Lakes Ballroom
Please see our website www.westbrookvets.org for details and to RSVP. **MUST RSVP by December 5, 2024**

“Coffee with a Vet”

December 20, 2024, 10:00 am – at Lakes Ballroom
Coffee and Donuts will be provided.

All veterans and family members are welcome and encouraged to join us for all events.



On behalf of the Veterans and their families who will benefit from your generosity, **WE THANK YOU.**



Happy Holidays!

It’s a special time of year in the Village. There are lots of parties, reverent gatherings, and groups of neighbors roaming the area looking at the Christmas Lights. And that is a good reason to be especially careful this month as you cruise the Village. The Lights are beautiful but they draw people out after dark. Our neighbors, bundled up against the harsh 60-degree weather, will be out walking tonight, and all month long, (and not always on the sidewalk or against traffic). Add to that multiple golf carts, filled with revelers and colorful lights, rolling down the cart lanes and you can see why we ask everyone to slow down a little more, smile a lot more, and enjoy the wonderful holiday atmosphere that is Westbrook Village in December!

The Westbrook Posse turns 25 years old this coming year. It was formed in 1999 with one patrol car that was donated by the Sheriff’s office. The neighbors of Westbrook Village responded to the call for support with both funding and volunteers to staff the effort. From that humble beginning, the Posse has grown substantially, running three vehicles to protect our forty-two neighborhoods and participating with our larger Public Safety Community to keep Westbrook in front of the Powers that Be. And we

are set to grow again. We are seeking new volunteers to join us in building the most effective Posse possible. We provide a variety of no-charge services for our neighbors that include things like vacation checks, wellness checks, neighborhood patrols, and response to calls for service from our neighbors or the Peoria Police. Our mission is noble and the members are friendly, Village loving folks.

I am completing my tour as Commander of the Posse this December and would like to take a moment to thank my Posse for their support and commitment to our Village. I would also like to thank Karen Jones and the good folks at the Westbrook Village HOA for both support of the Posse and for the encouragement we receive when we work to secure the Village. The Peoria Police have our thanks for the work they do in the village when we need it.

Most importantly I would like to thank you, the residents of our Village, for your support of the Posse. One of our most cherished Posse actions is when we receive your smile and wave as we cruise by. It may seem a small thing, but it is those small things that accumulate to buoy the soul. Thanks again to all who have volunteered, donated and waved to the Posse. God bless you all.

– Commander Rick Meggison

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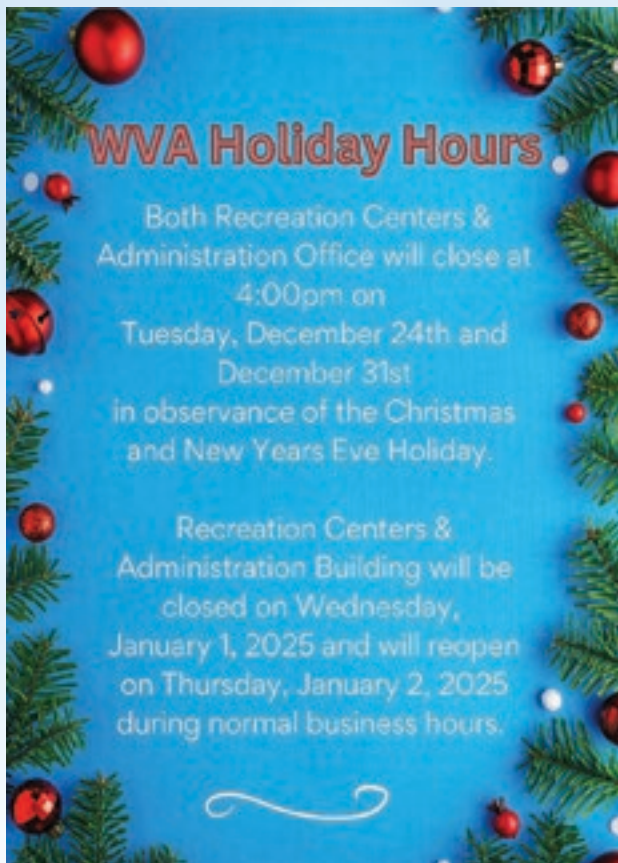
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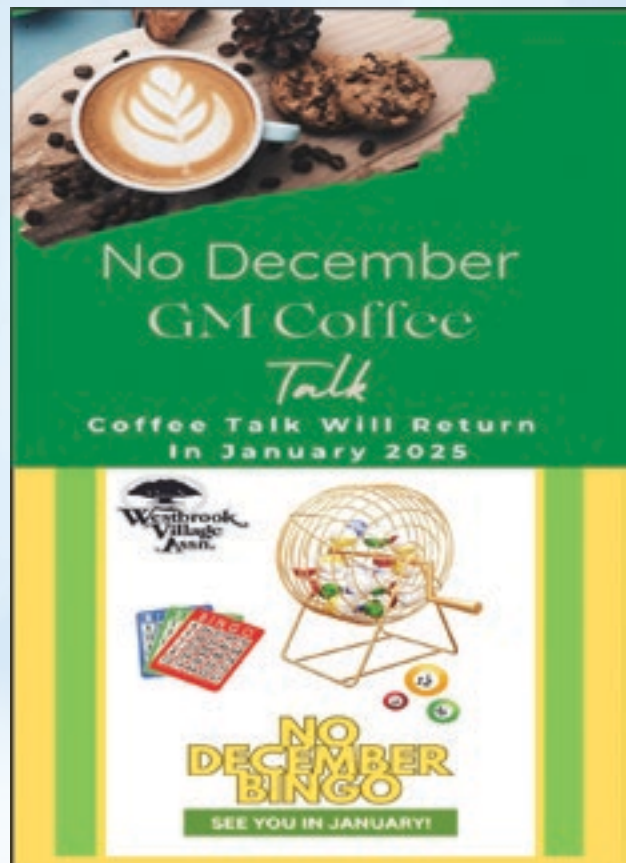
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WVA Holiday Hours



Both Recreation Centers &
Administration Office will close at
4:00pm on
Tuesday, December 24th and
December 31st
in observance of the Christmas
and New Years Eve Holiday.

Recreation Centers &
Administration Building will be
closed on Wednesday,
January 1, 2025 and will reopen
on Thursday, January 2, 2025
during normal business hours.



No December
GM Coffee
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Coffee Talk Will Return
In January 2025



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Pickleball Club News

– With Club President, Vince Lodato

The WV Pickleball Club held its 2nd Annual “Welcome Back Oktoberfest Jamboree and Social” on Saturday October 19. As always festive attire was encouraged.

The Event was set to begin at 7:30AM but Mother Nature had other ideas! A rain storm hit the courts from 6AM-7AM forcing a one our delay. This might have sent some groups into a tail spin but not our intrepid crew. Folks showed up with leaf blowers, old towels and squeegees. After about an hour hard work the courts were nearly dry. A light breeze came up and finished the job just in time for the event to start.



Court Drying Crew – Nancy Bagger and Mel Jensen

Court Drying Crew participant Sean Reneau



The 74 players enjoyed playing 6 games of pickleball during the Jamboree portion of the morning. The format was specifically designed so that all players, no matter their skill level, would feel comfortable playing and getting to know their fellow club members. Four brackets were created by the committee via a random draw of all registered players. Scores were determined by rolling dice after each match, and everyone had a chance to win!

While we were playing, some of our Pickleball Board members and our social committee were busy cooking. About 100 players, volunteers and extra club members were served a delicious bratwurst lunch with all the fixin’s by Vince Lodato- club President, Skip Desaulniers-club Treasurer, Laura Blauvelt and Deb Desaulniers- Social Committee.

After lunch everyone helped clean up, stack chairs and return the folding tables to their carts. We were done with clean up in a quick 20 minutes. A big thank you to all of our awesome club members!



Jamboree Committee-Sue Coppinger, Melissa Murrell, Kelly Lodato and Karin Milner



Frankfurt Bracket Winners and Jamboree Committee members, Karin Milner, Tim Greseth, Tom McKeever, Ray Thompson and Sue Coppinger



GAME DAY HEALTH – With Vicki Castleman


When asked to describe what is offered at Game Day Health in Arrowhead Ranch, Vicki Castleman, explains, "We assist men as they take control of their health in an environment that allows them to feel comfortable. Because men are

more likely to skip or not attend doctor appointments and often suffer silently, we want to empower them to control and optimize their health. The stats are clear that 40% of men over the age of 45 have Low-T and 52% of all men suffer from erectile dysfunction. Our customers range in age from 21-85.

She adds, "Our clinic assists men with testosterone replacement, vitamins and peptides, and weight loss. We also do a very important free PSA screening (Prostate Specific Antigen). PSA is an early indicator of prostate cancer or other conditions, so our process helps to provide information to our consumers that often is overlooked. If we identify elevated PSA levels, we help to connect our patients with urology specialists and ensure that men don't ignore this indicator. This is a life-saving screening solution and the Gameday brand is now the largest "free" screener of this PSA level in the country since that test is part of our initial

consultation. Our in-office lab allows us to provide this information within an hour."

The clinic works with customers to better understand their current situation and establish goals to improve their sexual health, employing both medicinal and scientific treatments (such as radial Shockwave therapy). Through the Gainswave treatment men, can achieve a better outcome for their late-life sexual health goals (<https://gamedaymenshealth.com/gainswave/>)



Gameday Men's Health | 18555 N. 79th Ave.
in Arrowhead Ranch is open 8 a.m. – 5 p.m.

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Please also see ad on page 38



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Lapidary & Jewelry Art Studio News

with Nita Lywandowsky

This winter, we welcome back our out of town members, and we are looking forward to all the activity in our Studio. We have "Open" beading on Monday and Friday from 10am to 12:30pm. We have started weekly Beading classes by Barb, on Wednesday afternoons at 1pm. Our Lapidary department, which is the art of cutting, grinding, polishing, and shaping stones and minerals into cabochons, is meeting every Thursday at 10am.

Please stop by our Studio at the Lakes and look at the beautiful items for sale in our window. We have great Christmas presents at very reasonable prices. (Please see photos here of some of the items for sale).

Our studio is also open every 2nd Sunday Marketplace for your convenience.

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WVA SPOTLIGHT: Jody Snider

Featured Staff Member

There are so many folks who make the Westbrook Village Association work like a well-oiled machine, while serving the many needs of this one-of-a-kind community. Look no further than WVA's Jody Snider, who loves her job as Assistant General Manager. She spends her days reviewing ACC applications for compliance with the Guidelines, preparing agendas for ACC meetings, and attending ACC meetings. She receives complaints or concerns from homeowners, and supervises the day-to-day business of the compliance

Department and Administration Receptionist Departments. She is responsible to review resale documentation for approval.

Jody's favorite part of her day is working with the WVA team and meeting and speaking with homeowners.

Born and raised in Michigan, Jody is an avid sports person, and loves talking sports. She will find a way to weave a sports analogy into just about any conversation. Jody has two rescue dogs at home who welcome her home.

Thank you for all you do, Jody!

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Gathering



The definition of "to gather" is to come together in a body; to cluster around a focus of attraction.

Take a look at the photo above.

"This picture was taken recently at a local church, and all of the folks pictured there are from Westbrook Village," explained WV resident Nora Schmidt. A simple gathering on the grounds of a church was captured on someone's phone camera, and spoke of community, even though those in the picture were not currently "at" their community.

That sense of belonging when we congregate and have a community in common is extraordinary. The collective nature of living at Westbrook Village is truly special and something to be celebrated.

Science concurs: "Making social connection a pivotal part of one's lifestyle can produce positive health benefits, and it is never too late to do so. . . the abundance of research report(s) positive health outcomes in socially-connected groups compared to socially-isolated groups regardless of age, gender, and initial-health status. The researchers estimate that having strong and secure relationships not only increases our happiness but also our longevity by roughly 50 percent."*

So make plans to gather this season. Even if the gathering cannot be with family due to distance, find those who wish to gather and celebrate. Enjoy every minute of it!

"The best times are always found when friends and family gather round."

*Ref. Carly Smith, BS, MPH(c) *Stanford: Lifestyle Medicine*

WV Hiking Club

DECEMBER 2024 HIKE SCHEDULE

In general, hikes are classified as follows:

- Easy** – 2 to 4 miles with elevation gains up to 400 feet.
- Moderate** – 4 to 7 miles with elevation gains up to 750 feet.
- Difficult** – 7 or more miles with no limit on elevation gain.
- Total Ascent** – adds all the up elevation changes together.

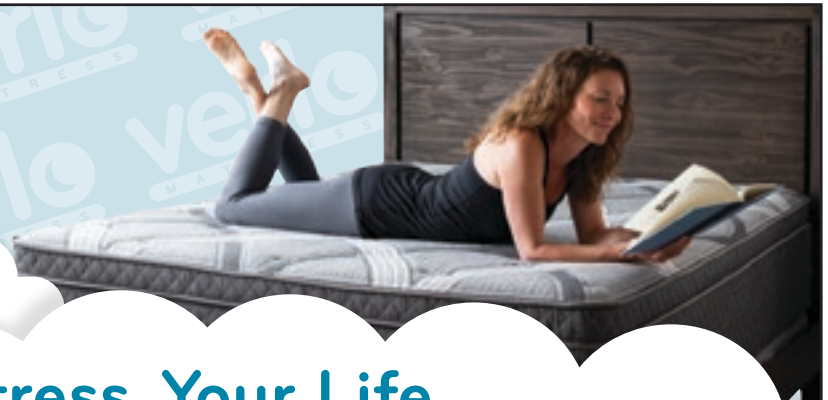
- **Dec 6 Ocotillo/Skip Rimsza/Sidewinder Loop** – Phoenix Sonoran Preserve – approximately a 6.1 mile loop. Moderate. Well-groomed trail that passes through typical Sonoran Desert terrain. First half mile follows Carefree Highway, then heads south. In and out of several washes and parts of the trail are fairly rocky. Good views of mountains and hills of the west valley such as Daisy Mountain, White Tank Mountains, Deems Hills, etc. Last couple of miles will climb near a tower and back to the trailhead. If we are lucky we may see some hot air balloons. Restroom at TH. Driving distance approx. 40 miles RT.
- **Dec 13 Chuckwalla Loop** – Buckeye – Skyline Regional Park – approximately a 5.5 mile loop. Moderate. Vegetation on this hike is typical Sonoran desert. Series of three trails to make a loop, in and out of several washes. Restrooms at TH. Driving distance approx. 70 miles RT.
- **Dec 20 Bursera/Gila Loop** – South Mountain Park – approximately 6.0 mile loop. Moderate to difficult. South side of South Mountain Park. Many roller-coaster dips and climbs among the craggy foothills. After about 0.5 miles climb about 600' in about 1.1 miles and there will be good views of the Gila River Reservation. Descend about 560' over the next 1.1 miles into wash and a valley in between two mountains. Very rocky with sections on loose rock. No Restrooms at TH. Driving distance approx. 80 miles RT.
- **Dec 27 Sunrise/Saguaro/Ridgeline Loop (New)** – Peoria – Sunrise Mountain Preserve – 5.1 mile loop. Moderate. Hike uses all of the Sunrise Loop and Saguaro Loop trails plus part of the Sunrise Ridgeline trail. Several ups and downs with some being rocky. Terrain is typical Sonoran Desert. Restrooms at TH. Driving distance approx. 10 miles RT.

Background: Views of the Gila River Reservation from Bursera-Gils Loop

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