

LIVINGTM

Your Guide to the Good LifeTM

*Happy
2026,
Westbrook
Village!*

A Fresh Perspective - Page 10

The Value of Time

Annual Event Report - Page 30

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Prince of a Podcaster



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Residential Customer



Russ
Lyon

Sotheby's
INTERNATIONAL REALTY

Happy
NEW
YEAR!



WESTBROOK VILLAGE
Market Activity
A YEAR IN REVIEW

Now for Sale	Pending Closing	TOTAL SOLD & CLOSED Since Jan. 1/25
\$190,000 To 665,000	\$245,000 To \$700,000	\$240,000 To \$775,000
Active 76	Last Month 21	Up to 12/15/25 186

Year-to-Date Summary Jan-Dec 15, 2025	Single Family Detached (118)	Condo/Casita (68)
Highest Sold Price	\$775,000	\$490,000
Average Sold Price	\$477,362	\$360,805
Average \$\$ Sq Ft	\$261.00	\$263.00
Average Days on Market	73	83

602-828-1455



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and the entire West Valley

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Peoria, AZ 85382

CONTENTS and FEATURES



Lt. Ann Beranis prepares to assist Peoria PD following a traffic accident



During the Veterans Ball Veterans Club President Carl Ulbrich raised a glass to toast the families of our veterans honoring their support throughout

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Pickleball News

Deadline for submissions

for the February issue is

January 1st.

Call Judy Carrucciu at **623-321-2209**

(this number does NOT receive texts)

for advertising rates or send an email to:

admin@westbrookvillageLIVING.com.

Please also send all ideas, articles, club news and memories to Judy.

This publication is delivered at the end of each month via U.S. Mail in Westbrook Village and surrounding area. Check us out online at www.westbrookvillageliving.com.

 Find us on Facebook at
Westbrook Village Living Magazine

Editor's Message

"It's never too late to become who you want to be. I hope you live a life that you're proud of, and if you find that you're not, I hope you have the strength to start over."

~ F. Scott Fitzgerald



Lori Reiland

As I write this introduction to the first magazine of 2026, I am finding myself reflecting on the past year and dreaming of the year to come. Every year we have a vision board creation get-together in our office, picking a word of the year and working towards the goals that we have set for our lives. It is a meaningful exercise in building the life that we want and correcting the things that we do not want anymore. If you want to see some changes in your life, be intentional about reflection and growth by picking your own "Word of the Year."

I find tremendous inspiration every time that I read about all the creative, talented and life-loving folks in Westbrook Village. I hope this month's magazine inspires you to get out and get involved in this fabulous community.

The golf season is in full-swing, and you will find information on the many vibrant golf clubs such as the 18-hole couples, 18-hole ladies, 9-hole ladies and the Men's golf clubs. I

have found all of them to be welcoming and friendly to newcomers.

Check out the talented artists featured this week. Carolyn Pride's love of the Claymates Pottery Club has brought her joy in finding a creative side that she didn't realize that she had. (pg.20). Barb Fajardo (pg. 8) and Linda Blumberg (pg. 15) have been blessed with God-given artistic talent that helps them enjoy their retirement years, and David Gilles highlights some of his exquisite photographs on page 24. I envy their talent!

I hope you all will come out and support the Westbrook Village Posse on January 25th from 11-3 at the Vistas Recreation Center. They are an amazing group of volunteers that add so much value to the safety of the community.

There are so many activities and clubs having events in January that it would be impossible to name them all, so dig into *Westbrook Village Living* and see what inspires you this month!

Happy New Year,

Lori



WESTBROOK GOLF CLUB

Live it! Love it! Play it!

Two beautiful golf courses for you to enjoy all year round.

Stop by the Membership Office at the Lakes Club House to discover how our memberships meet your lifestyle!

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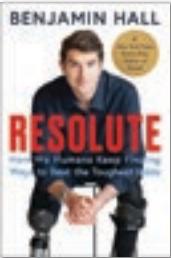
Telephone (623) 566-4548 x 103

BESTSELLERS

WV BESTSELLER BOOKSHELF

by Sandra W. Evans

HAPPY NEW YEAR! BESTSELLER NON-FICTION



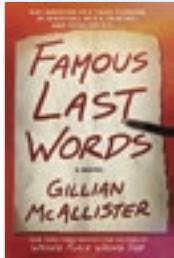
In his **New York Times bestseller**, Benjamin Hall recounts the story of his survival from a missile attack while covering the war in Ukraine and the lessons learned from the experience. Benjamin was a war correspondent when a missile struck his vehicle outside Kyiv causing the loss of a leg, most of a foot and part of a hand and eye. He shares what he learned about his profound will to survive. **Benjamin believes that we can also unlock this power within us to conquer challenges in our lives and to turn adversity into opportunities!**

2026

BE "RESOLUTE"
BY TURNING
ADVERSITY INTO
OPPORTUNITIES!



BESTSELLER FICTION



In her **New York Times bestseller**, Gillian McAllister once again puts her heroin in an impossible situation. Camilla (Cam) Deschamps, a Literary Agent, is heading back to work after months of maternity leave. She is

surprised that her husband, Luke, isn't home but left a very strange note. After dropping off her baby daughter, Cam heads to work only to be confronted by two police officers. The officers explain that her husband is holding three hostages. **Cam spends the next seven years researching the events leading up to the day that their lives were forever changed.**

READING IS TO THE MIND WHAT EXERCISE IS TO THE BODY!

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Advertisers' Corner



Jet Plasma Skin Treatments

Jet Plasma is an advanced, non-invasive skin technology that delivers proven results with absolutely no pain, no trauma to the skin and zero social downtime.

Gliding a handheld device over the skin, I infuse the skin with 14,800 volts of cool plasma energy directly to the dermal (top layer), and subcutaneous layers of the skin.

What does Jet Plasma do?

It repairs the skin at a cellular level tightens skin, lifts skin, fades dark spots, evens skin tone, smooths skin texture, prevents cellular death, firms the skin, generates collagen and elastin for more bouncy/healthy skin, strengthens skin barrier, allows for deeper product absorption, sterilizes the skin and calms inflammation.

What does Jet Plasma treat?

Dull Skin, aging skin, pigmentation, sun damage, saggy skin, crepey skin, enlarged pores, acne and acne scars, crow's feet, heavy eyelids, under eye bags, frown lines, fine lines, wrinkles, smile lines, lip lines, uneven skin tone and rosacea.

The Results:

Immediately skin looks tighter, brighter and smoother and freshly rejuvenated. Over time (6-12 weeks) skin continues to improve as the skin improves from the inside out and collagen and elastin comes in.

- Results last 2-4 years
- Treatments are done in a series
- Each area takes 15 minutes to treat
- Treatments are spaced out at least 72 hours
- Minimal aftercare and no downtime
- Using a hand-held device delivering plasma energy into the skin without needles.
- Used for skin tightening and lifting.
- Smooths and softens fine lines and wrinkles.
- Treats hyper-pigmentation and sun damage.
- Improves the appearance of aging skin and stimulates collagen production
- Treatments are performed in a series of 6-8.
- One treatment improves skin by 14.8%
- Treatments are quick, zero pain, and with no social downtime.



Above: Veteran Jody Calderon loves seeing how her clients enjoy the positive changes in their skin.

Jody Calderon

Veteran Owned

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ateaseaesthetics@gmail.com
www.ateaseaesthetics.com

Instagram [@ateaseaesthetics](https://www.instagram.com/ateaseaesthetics)

Please see ad at top of page 47

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**Sunday March 22, 2026
AND Sunday, March 29, 2026**

Two Consecutive Classes

\$10

Vistas Ballroom

4:00pm to 5:00pm

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Lapidary and Beading Club Featured Artist



Above: Barb loves sharing her passion for these beauties

Right: Stunning stone and setting by Barb Fajardo

Barb Fajardo

If you had told me that a simple girls' night out would turn into a full-blown passion, I never would have believed you. But that's exactly how my journey into silversmithing and lapidary began.

Many years ago, my best friend and I signed up for a six-week silversmithing class just for fun. We wanted something different to do together, a reason to get out of the house and try something new. I immediately signed up for the next course, and then another-- I couldn't get enough of it.

With growing kids, I dabbled in and out of the craft over the years, but things shifted about five years ago. Someone admired a ring I had made and casually asked if I had cut the stone myself. I had never even heard the word *lapidary* before. But once I looked it up, the curiosity took hold. I found the only lapidary class in the valley.

Soon I was rockhounding Arizona on weekends, buying cut slabs online and filling my garage with "just one more" bucket of stones (my fellow rock lovers understand).

There's nothing quite like cutting open a rock to see what's inside - sometimes it absolutely blows you away.



Moving to Westbrook and finding out we had our own lapidary club felt like hitting the jackpot. I joined instantly. A few of the women wanted to learn, so we put together a Saturday afternoon class. When I stop in the studio at night after work and see their beautifully transformed rocks in the cubbies, my heart just melts.

Last year, I took the leap and started my small business, ***My Rocks Rock***. (You can follow me on Facebook and Instagram or website: myrocksrock.com). I create each piece from start to finish, and I've even branched into repairs. I've been given pieces with the words "help me wear this again" It's incredibly rewarding to have the ability to replace a stone that has fallen out and restore jewelry that carries deep meaning for someone. I've also made pieces from rocks people brought me from their vacations—one gal brought back a rock from a Japanese rock garden and we made it into a ring!

As we start 2026, our club is excited to welcome new members. All you need is curiosity—and maybe a rock you picked up on a walk.

Club Contacts:

Cheryl Glennon – 928.814.8269
Barb Bosworth – 314.712.6225

HOME SOLAR EDUCATIONAL SEMINAR



TUESDAY, JANUARY 13TH,
11:00AM - 01:00PM

Complementary Lunch Provided.
SO FIRST COME FIRST SEATED.

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I've done the work for you. Attend a complimentary educational seminar with Westbrook Village to discover the true costs associated with solar energy.

- Why would you put a lien on your home by leasing solar with a rate that goes up yearly? Good luck selling your home.
- Paying over \$950 per premium solar panel installed indicates overpayment. For instance, a completed system of twenty panels would cost \$19,000 or just \$158.00 per month with no exceptions or additional fees.

- Similarly, paying over \$6,900 for the Tesla Powerwall 3 with a solar install is insane.
- So stop overpaying. Over 8,000 Arizona residents have attended and loved this seminar, supporting articles and videos will be provided.

Community Westbrook Village Location: Charley's At The Lakes



POSSE-FEST

Safety & Security Free Event
Jan. 25th 2026
11:00-3:00
Vistas Ballroom & Parking Lot

Mayor Jason Beck & Police
Chief with community updates!

Emergency Vehicle Tour
Safety Exhibits
Pet Adoption
Live Music
Raffles & Giveaways
Free Hot Dogs
Vendors & More!









TICKET

Open to the Public

MONDAY
\$10.99 - 9TH Hole Burger, Fries &
Select Beverage
6 PM FAMILY FEUD

TUESDAY
Tacos Choose From: \$5 (2) Beef,
\$5 (2) Chicken, \$6 (2) Fish,
\$8.99 (2) Shrimp
6 PM TRIVIA

WEDNESDAY
\$12.99 Spaghetti & Meatballs &
Select Beverage
\$25 Bottles of Wine
\$19.99 Pizza, Wings & Select Beverage
\$24.99 3 COURSE DINNER

THURSDAY
\$12.99 Pulled Pork Sandwich &
Select Beverage
6:00 Live Music

FRIDAY
Fish Fry & 3 PM Baked Walleye
6 PM Live Music Rocking the Oldies

SATURDAY
Prime Rib Dinner
6 PM Live Music Still Cruising

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PEORIA, AZ 85382
WWW.CHARLEYSATTHELAKES.COM

WINE TASTING NIGHT

INSPIRATIONAL CORNER:

Time in a Bottle

"If I could save time in a bottle," the first line of the old favorite by Jim Croce is full of longing for more time with a loved one. We have all felt the sting of shortened time with those we love at some point in our lives. But time was not created by God to cause sadness.

Time can create beauty, and time can teach wisdom. In the book of Ecclesiastes in the Old Testament, Solomon expressed poetic words regarding the poignant constraints of time. However, he also conceded that the Creator of time "has made everything beautiful in its time. He (the Creator) has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end" (Ecclesiastes 3:11). King Solomon, who also produced the book of Proverbs, asked of God: "Teach us to number our days, that we may gain a heart of wisdom" (Psalm 90:12).

This idea is reinforced by Jeremiah, who recorded, "For I know the plans I have for you," declares the LORD, 'plans to



prosper you and not to harm you, plans to give you hope and a future" (Jer. 29:11).

In this hurried life it can be comforting to take a 30,000 foot view of our lives long enough to appreciate the journey, with both its highs and lows. The Creator of time can help if we ask, as He is not constrained by time as we are: "But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day" (2 Peter 3:8). God's eternal perspective is grander and trustworthy, so take it as comfort to your heart, dear reader.

WV Tennis Club News - with Kathi Houda

Some members of the WV Tennis Club kicked off the 2025/26 West Valley Women's League season in November with a win over the Bella Vistas team. These members of the WV Tennis Club, known as the Paseo Kactus Kickers, play on a 4.0 team in the league for senior women age 50 plus.



Above: Edna Bienz and Val Schneider vs. Linda Leonard and Frances Armstrong, Corte Bella

Right: Nancy Wruck and Lee Franklund vs. Karen Levatan and Tammy Rowan, Corte Bella



The Kickers won two out of three courts at the Paseo Racquet Center, starting out the season with a great win over a good team from Corte Bella. The team played several other league teams throughout November and December, and enjoyed wins throughout.

Many thanks to the anonymous court fee donor who made it possible for the Kickers to play the season at the Paseo Racquet Center, where league play is permitted.

Club Contacts: Pam Cavalier - 480-276-8213
Linda Renner - 602-550-0810

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**ALL VOLUNTEERS
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**CALL or TEXT a COORDINATOR
TO REQUEST HELP**

Roz Farnsworth 623-533-8177 | Judy & Bill Reisener 623-810-4068

I remember a time not so long ago when I was commenting on the great response from our volunteers. It seems our volunteer roster has begun to shrink, with only three new volunteers this year, with a loss of six. We need to expand our volunteer roster so that we can serve all our residents requests for help. Volunteering with Helping Hands is not a big commitment. We have several volunteers who may only be available once a month or less. Of course, we have a few stellar volunteers who do more than their share of calls.

To VOLUNTEERS:

When a coordinator gets a request, we send an email to all volunteers, using BCC to protect addresses. If you can cover the request, you respond to the email; if not, just ignore the email - you don't need to reply. We don't have volunteers by neighborhood, so all of us serve the whole community. You are never under any obligation to a minimum number of responses, and your time commitment can be as much or as little as you desire. Our primary requests are rides to doctor appointments and weekly grocery shopping. We also help some residents with their trash cans.

To the RESIDENTS:

We ask that those needing help give us at least 3 days' notice. This gives us time to contact the volunteers by email and receive responses regarding their availability. We can help those who are mobile or use a cane or walker. For those who have difficulty walking, or need special assistance, transport or wheelchair, please let us know when you request help. If you need to stop at the pharmacy after a doctor's appointment, let your driver know. We don't usually schedule a doctor's appointment and grocery shopping on the same trip but can schedule multiple requests at the same time. We have a medical equipment lending closet at the Vista's Rec Center reception desk, for short term use of equipment.

Helping Hands does Medical rides, grocery shopping, visiting, minor handyman, and simple requests, plus we have our Medical Equipment Lending Closet at the Vistas Rec Center.

We don't do lifting, bathing or personal care, but we have a Resource Directory for those services, including in-home caregivers, delivered meals, living locators, and more. The ads in the back of the Living Magazine are a great place to find resources Call Roz for more information.

If someone falls, ALWAYS call 911!

"A people that values its privileges above its principles soon loses both" – Dwight D. Eisenhower

Other helpful numbers: 24/7 Senior Help Line - **602.264.4357** Adult Protective Services - **877.767.2385**
Eldercare Locator - **800.677.1116**



WVA Treasurer's Report

For the Month Ending October 31, 2025

"The following figures are subject to audit. However, they fairly represent the approximate financial condition of the Association at month end."

GENERAL OPERATING FUND

(Funds designated for day-to-day operations.)

The general operating fund, designated for day-to-day operations, currently has a cash balance of \$1,846,585.06. This total includes certificates of deposit. The forecasted revenue for the entire year of 2025 is \$3,482,865, with \$3,111,969 of that amount expected to come from member assessments. For the month of October total revenue received was \$284,694.23. Total expenses recorded for October were \$318,654.70. As of this report, the association has maintained a year-to-date spending surplus of over \$50,000.

REPLACEMENT RESERVE FUND

(Funds earmarked for major repairs, equipment replacement, and capital improvements)

The replacement reserve fund, intended for major repairs, equipment replacement, and capital improvements, has a balance of \$4,614,570.43 as of October 31, 2025. This fund is supported by proceeds from home sales as well as the preservation fees that accompany them. As of October 31st, there were 13 home resales, with three preservation fees waived. From January 1st through October 31st, there were 144 resales in Westbrook Village, with 23 of those transactions resulting in a waived preservation fee. Budgeted expenditures from the reserve fund for 2025 total \$1,219,050, of which \$615,658 have been utilized. These expenditures cover planned projects such as perimeter wall repair and painting, HVAC replacement, resurfacing of the RV lot complex, installation of perimeter fencing for the pickleball courts, professional services for long-range planning, and other routine infrastructure repairs and replacements.

All financial statements are on file at the Westbrook Village Association Administration office. **For questions or to schedule an appointment, please call 623.561.0099.**

Submitted by Bruce Garrison – WVA Treasurer

General Manager's Report

Karen Jones

Happy New Year! Welcome 2026

- November was a busy month. The village is very busy!
- Fall overseeding has been completed and the village looks beautiful. Thank you to SDL for all your hard work.
- Annual fall/winter flower change over took place, and with all the wonderful rain everything is looking so beautiful and healthy! Get out and enjoy our beautiful community.
- The Annual Community Garage Sale weekend was very busy, and we heard from many residents that it was the best ever!
- The 37th Annual Crafts Fair was also very well attended. We had a threat of rain, but it held off until after the event. Thank you to all who participated and attended!
- BINGO was a great time; we had 181 people in attendance and many items received for St Mary's food bank. Thank you everyone who donated!
- After the Board of Directors approved the 2026 Budget, the hard work began. Printing, stamping envelopes and then 25 WVA volunteer residents gathered to stuff all 3,910 envelopes. Thank you to all our amazing volunteers, you are the best!
- The 2026 Annual Assessment is \$819.00 and due on January 1, 2026. If received after January 31, 2026, and automatic 10% late fee in the amount of \$89.10 will be added. Please do not miss the deadline.
- The Board of Directors voted to allow vehicle storage in our RV Storage lot, if you have a vehicle you need to store, please contact us. Admin@WestbrookVillage.org. We currently have spaces available for an **annual lease**.
- Vistas Perimeter Fencing project is continuing to move forward. The Landscape & Facilities Committee requested additional information and proposals. The Board of Directors is planning on holding a Town Hall in January 2026. Watch for further information.
- Vistas paint complex project has been completed and looks fabulous!
- The Board of Directors sent out a Guest Pass Fee survey. The survey just ended, and results are being tallied. Watch for further information.
- Golf Club wall repair is completed and looks wonderful, what a beautiful transformation. Homeowners that have ownership in damage repairs have received their invoice, please remit payment.
- Seasonal tree trimming has been completed.
- Do not be a crime of opportunity. Get to know your neighbors and watch out for each other. Close your garage door, lock your cars, do not leave items visible in your vehicles.

- If you notice items throughout the community that need attention and the administration office is closed, please contact the Recreation Centers as we work as one team and they will be sure the correct department is contacted. Water leaks, maintenance etc. Thank you!
- **Remember if it does not look right or feel right call 911.** The Peoria Police Department are always ready to help! Peoria Police **non-emergency # 623-773-8311.**
- Friendly reminder - we welcome you to bring your guests to enjoy the facilities with you, be sure to check in at the front desk and obtain a guest wrist band. Thank you.
- Please have your WVA photo identification card with you at all times when going to the Recreation Centers as this is required to enter. You must be with any guests at check-in; staff will put on a guest wristband at the front desk.
- **PLEASE SLOW DOWN** and use caution when driving in the community, stay safe!
- Reminder – the right lanes are “Shared Lanes” per the City of Peoria, be courteous to walkers, bikers and golf carts. We are one community, be kind!
- Please continue to work with us on architectural applications, exterior improvements, maintenance questions etc. on your properties. We are always here to help! Administration office. 623-561-0099.
- If you come across maintenance needed at our facilities,

please stop at any front desk, and ask staff to submit a maintenance request. They will immediately submit to maintenance through the computer system and our maintenance team will be happy to assist!

- Visit us at www.WestbrookVillage.org for all events, meetings, minutes, updates, agendas, and general information.

ARCHITECTURAL CONTROL COMMITTEE

- Current Architectural Control Committee Discussion Items:
 - Drafting standard for Permanent Generator Systems
- ACC Submittals (10/30/25 – 11/26/25)
 - Total received – 168
 - Approved within Standards – 164
 - Denied – 4

RESALE DEPARTMENT

- Number of Resales (10/30/25 – 11/26/25)

- Opened – 26	- Closed – 14
- Cancelled – 2	- Foreclosed – 0

EVERY RECIPE HAS A

Story!

At Cogir Senior Living, we believe the best meals bring people together. The Cogir Kitchen Classics Cookbook celebrates that spirit—featuring favorite recipes and stories shared by our residents and families. Each page captures the warmth, flavor, and connection that make our communities feel like home.



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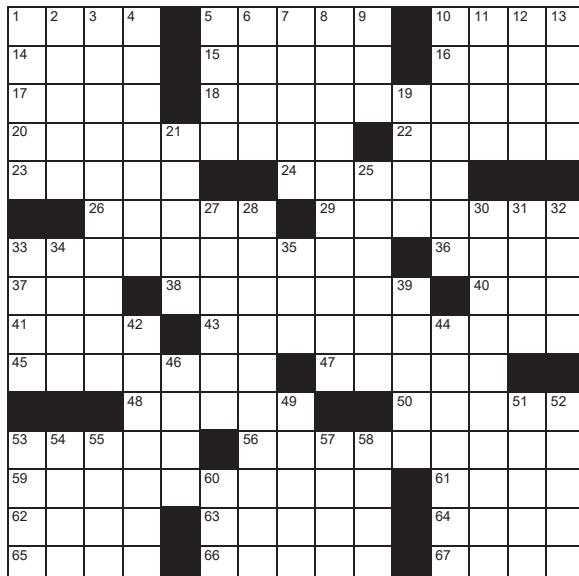


Crossword Puzzle #100

ACROSS

1 Rumble, as hair
 5 ___ del Sol
 10 Orch. section
 14 " ___ Dinka Doo"
 15 Bread spreads
 16 Opera feature
 17 Working hard
 18 Saving gas, say
 20 Shortcut
 22 Bobby of tennis fame
 23 "The Zoo Story" playwright
 24 Took to jail
 26 Like draft beer
 29 Renders invalid
 33 Taunts on the field
 36 Meetup, slangily
 37 Sculler's need
 38 Gibraltar et al.
 40 Nonpro sports gp.

41 It ebbs and flows
 43 Denier's words
 45 Trap
 47 "Peer Gynt" composer
 48 Street reps
 50 Indian flatbreads
 53 Social no-no
 56 "Calvin and Hobbes" cartoonist
 59 "It's news to me"
 61 Bones, in anatomy
 62 Golfer's cry
 63 Water and elec.
 64 Fortune teller
 65 Heads-up abbrs.
 66 "One of ___ days...."



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67 Latin "to be"

13 Yields to gravity

19 Copier insert:

Abbr.

39 "Goosebumps" writer

42 Makes a cryptogram

44 Fragrant bloomer

DOWN

1 Sporty Mazda

2 No further than

3 Wave-riding platforms

4 Shiny fabrics

5 Cola starter

6 One of five Norwegian kings

7 More parched

8 Highest rated

9 Japanese volcano

10 Steinbeck's birthplace

11 H.S. math

12 Smoke or napkin follower

21 Rogen and others

25 Trojan War figure

27 Clothing

28 Gave up,

reluctantly

30 Quells, as rioters

31 Son of Isaac

32 "On the Verge"

33 Shopper's bag

34 Parade spoiler

35 ___ Cruces, N.M.

39 "Goosebumps" writer

42 Makes a cryptogram

44 Fragrant bloomer

46 Elvis' middle name, originally

49 Sink of "Stranger Things"

51 Plastic surgery targets

52 Catch

53 Minor quarrel

54 Call to a mate

55 Italian seaport

57 Business card nos.

58 Shock, in a way

60 Ump's call

Sudoku

4				5	1			
			9		5	4		
3							6	
	7							
9			7	2	3			
			3	4	1			
1								
3	4			6				
2	9	1	4		8	7		

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Solution to last month's puzzle to the right →

Solution to previous puzzle:

B	A	U	M	A	J	A	E	M	A	I	L
A	L	S	O	R	U	L	E	N	O	L	T
R	E	E	D	O	R	G	A	N	J	U	L
T	E	R	E	S	A	R	E	F	O	R	E
S	H	I	M	M	E	R	I	N	M	E	R
H	O	S	T	A	G	E	R	O	F	E	R
O	S	T	A	G	E	R	O	F	E	E	R
O	V	A	L	N	I	E	C	E	S	T	U
L	U	C	Y	M	E	L	O	N	B	I	R
S	L	C	P	E	R	I	O	D	R	O	S
T	E	H	R	A	N	P	L	A	I	N	E
C	A	E	S	T	H	E	T	I	C	S	
C	A	R	E	S	S	E	R	N	T	T	E
O	L	I	V	E	I	N	T	E	R	L	U
S	A	N	E	R	R	I	B	S	E	R	N
T	R	E	S	S	E	A	S	S	S	N	A

7	4	6	1	9	8	3	2	5
3	1	5	7	6	2	9	8	4
9	2	8	3	4	5	1	7	6
6	5	9	4	8	1	7	3	2
4	7	1	5	2	3	6	9	8
2	8	3	9	7	6	4	5	1
1	3	7	2	5	4	8	6	9
8	9	2	6	1	7	5	4	3
5	6	4	8	3	9	2	1	7

JANUARY 2026

WVA Meetings

All Meetings Begin at 9:00am
 – FALC Assembly Room

Wednesday, January 7 – The FALC Board of Directors Meeting

Friday, January 9 – The FALC Cornerstone Committee Meeting

Tuesday, January 13 – The FALC Recreation Committee Meeting

Wednesday, January 14 – The FALC Landscape and Facilities Meeting

Thursday, January 15 – 6:00pm

Lakes Ballroom –
 Town Hall Vistas Perimeter Fence

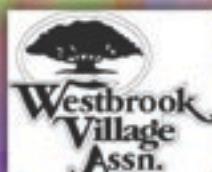
Tuesday, January 20 – The FALC Architectural Control Meeting

Wednesday, January 28 – The FALC Ways and Means Meeting

Thursday, January 29 – 6:00pm

Lakes Ballroom
 Town Hall Preservation Fee

TOWN HALLS



Vistas Perimeter Fence

Thursday, January 15th

at 6:00pm

Lakes Ballroom

Preservation Fee

Thursday, January 29th

at 6:00pm

Lakes Ballroom



Above: Artist Linda Blumberg began her journey with a class

Top Right: *My First Painting*
Middle Right: *Big Sky*

Bottom Left: *Golden Hour*
Bottom Center: *Water as Glass*
Bottom Right: *Rushing Waves*

All paintings created by Linda Blumberg

Fine Arts Club Featured Member Artist - Linda Blumberg

When I was first asked to share with you about my art experiences, I was surprised but honored to respond to that opportunity. My husband Don and I rented for 2 years before moving from Washington and deciding to settle in and purchase a home here in Westbrook Village. I have always loved art, so one of the first clubs I gravitated towards was the Fine Arts Club.

My story began when I took a class that lasted three hours, and I came home with a picture. The instructor put me behind an easel with a blank canvas and gave me a stick of black chalk. She already had a completed painting at the front of the class and said to "draw with the chalk where I saw the lines." It was very challenging to even think about it. I told her that I was a total "green bean" and had never painted before. She responded that it didn't matter – "just draw the lines as you see them." Being able to bring a completed painting home in 3 hours was more than I had hoped for.

From then on, the paintings I did were from my mind, not from a photograph or looking at the real thing. It has been a very fun outlet for me and has proven even to be therapy to escape stress. Some people say they can't even draw a stick person and that's what I thought too until I picked up that black piece of chalk.

I later began painting with oil. You never know what can be achieved until you try! Had I stayed in that mindset of limitations, I would have cheated myself and others from appreciating the multi-faceted value of art. In closing, I will say "If I can do it, so can you!" Come to our Fine Arts Club meetings the 2nd Wednesday of each month, enjoy a demonstration by a talented local artist, and maybe try some classes. Surprise yourself!



Club Contact: Kim Mraz | 623-377-6520

NEEDLE ARTS AND CRAFTS CLUB

NEWS

Join Needle Arts & Crafts and Learn!

Ever wanted to learn how to knit? Or maybe your grandchildren are on the way, and you'd like to make adorable baby accessories? The Needle Arts and Crafts Club (NAAC) is offering a beginner knitting class in January-- perfect for total beginners with little or no prior experience.

Beginner Knitting Class: January 6, 13, 20, and 27 (All Tuesdays in January) from 10:00am to 12:00pm, Needle Arts and Crafts Studio at the Vistas.

In this class, you will learn about different needle materials and types of yarn.

You will learn how to cast on, knit, purl, and bind off. By the end of the class, you will likely have a finished project – a scarf, ear warmer, or cowl or your choice.

These lessons will be offered free for club members.

Please sign up at the club studio in the Vistas Rec Center on Tuesdays or Thursdays between 1-3 PM. Questions? Please email class instructor, Paula Vail, at Paula@CanyonMinistries.com. A few materials must be purchased prior to the class, and a list will be provided when you register.

Annual membership dues for the NAAC Club are \$15 and allow you to meet many creative, like-minded people, use donated NAAC materials and participate in club meetings on Tuesday and Thursday afternoons, as well as other activities (like the club luncheon in the spring).

Club President: Linda Wright | 951-442-9301



Above: Golf Trivia moderator and club VP, Kathy Deitz and winner Kelly Lynch

contestant got the answer to a question wrong, Kathy's "buzzhonk" - kind of a buzz with your mouth open, made sure we all knew—Try again! And as the game progressed, her technique got better and better! Kelly Lynch ended up as the undisputed winner and modeled one of her prizes – a flaming yellow boa with plastic golf balls adorning it.

By the time you read this, our first tournament of the year – The Eclectic – (along with pari-mutuel betting the night before) will be in the books along with our holiday.

We look forward to our January tournament, Pick Your Partner, followed by lunch on January 13. Weekly play continues every Tuesday as well. New members are welcome to join at any time during the year!



18 Hole Women's Club News

Welcome Back in November, Eclectic in December

– by Ann Chapman

Our welcome back event on November 10 was a smash! Food was plentiful. Fellowship abounded, and the schedule of events for the year was revealed.

Four of our new members were introduced and welcomed. Some may have been thinking: "What have I gotten myself into?" when a group of our longstanding members performed an original song that mentioned many of our members (mostly in a complimentary way, whew!)

But the highlight had to be "Golf Trivia" with our VP Kathy Deits as the moderator. When a



Above: New members; Julie Pommering, Jen Bailey, Karen Kao, and Laurie Asher

Club contact: Shelly Berndt, 507-951-5412



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► SunHealthCommunities.org



Freedom Plaza | Peoria



Grandview Terrace | Sun City West



La Loma Village | Litchfield Park



The Colonnade | Surprise



Sun Health At Home | Your Home



Clubs and Groups		Day(s) of Week	Time	Place	Contact Person
Arts and Crafts	Ceramics	Please call for details			Bernice Lever 602-373-6008
	Fine Arts	Please call for details			Kim Mraz 623-377-6520
	Glass Art Studio	Please call for details			Marcia Ulbrich 602-312-5901
	Lapidary/Jewelry Art Studio	M-F 10:00 a.m.-1:00p.m.; W, 1:00-3:30pm Class by Barb; Th, Rock Cutting 10:00a.m.-1:00p.m.		Lakes, \$30/yr	Cheryl Glennon 928-814-8269 Barb Bosworth 314-712-6225
	Needle Arts and Crafts	T-Th	T-Th: 1-3pm	Vistas	Linda Gierescher 623-271-5541
	Photography	1st Tue; Oct-Mar	7:00pm	FALC	Mary Barany 623-680-5091
	Pottery/Claymates	M-T-W-Th-F			Marilyn Reed 602-432-4024
	Woodshop Club	M-T-W-Th-F	8:30-12:00 p.m. 1:00-4:00 p.m.		Tom Canepa 513-477-2207
Bridge	Duplicate Bridge	M	12:30 p.m.	Vistas	Eileen Medansky 623-566-3634
	Monday Social Bridge	M - partner not req'd	12:15 p.m.	Lakes	Ralph Doner 480-410-7786
	Bridge Lessons	T	9:30 a.m.	Vistas	Ted Cooper 425-233-1960
	Ladies' Bridge	T	12:15 p.m.	Vistas	Dovie Templin 623-680-3369
	Ladies' Bridge	Th	9:15 a.m.	Vistas	Gerry Simpson 623-694-4918
	Really Fun Bridge	W	9:30 a.m.	Vistas	Ted Cooper 425-233-1960
	Saturday Night Bridge	1st & 3rd Saturday	6:00 p.m.	Vistas	John Schoop 623-215-6978
Card and Tabletop Games	Bunco Vistas 2	Please call for details			Barb Marsteen 602-819-2439
	Chess Club	W	1:00p.m.-3:00pm	Lakes Multi	Ralph Doner 480-410-7786
	Euchre Card	1st & 3rd Wed	6:00 - 9:00 p.m.	Lakes Multi	Rich Mizner 253-370-7086
	Cribbage	T	7:00 p.m.	Lakes	Gloria Pawluk 623-202-7767
	Hearts	T	6:30 p.m.	Vistas	Ron Bachara 623-640-8978
	Mah Jongg	W	1:00 p.m.	Vistas	Cindy Michlin 480-619-0188
	Mah Jongg, Wright-Patterson	M	12:00-4:00p.m.	FALC	Mary Macracken 623-566-3312
	National Mah Jongg	F	1:00-4:00 p.m.	Vistas	Janet Leach 623-566-6682 Chris Cox 510-299-0945
	Pan	W	12:00 p.m.	FALC	Mary Ann Bolyog 623-203-4469
	Pinochle	M	6:00pm	Vistas	Rhonda Garrison 253-905-6650
	Progressive Hand & Foot	T-Th	12:00 p.m.	Lakes Multi	Loree Crabb 623-203-8649
	Progressive Hand & Foot	Th	5:30 p.m.	Lakes	Sharon Witthuhn 623-640-7631
	Samba	M	5:30 p.m.	Lakes	Sandra Sullivan 602-510-1799
	Shanghai	W	6:00 p.m.	Vistas	Judith Devenney 623-203-9458
	Sheepshead	F	1:00 p.m.	FALC	Al Boeck 602-999-3743
	Tuesday Night Mah Jongg	1st & 3rd Tuesdays	6:30 p.m.	Vistas	Carol Holtorf 602-999-8101
	Winner's Poker	M	6:30-8:30p.m.	FALC	Ron Goodman 623-444-0092
Dance & Entertainment	Desert Dancers	Please call for details			Sharon Corcoran 623-670-6114
	Line Dancing - Intro & Novice	W, 3:00-3:45-Intro; 3:45-4:45-Novice		Lakes - \$5	Cheryl Gramp 623-687-4435
	Line Dancing - Intermediate	W	4:45-5:45pm	Lakes - \$5	Cheryl Gramp 623-687-4435
	Line Dancing - Intermediate	Sundays	3:00-4:00 p.m.	Vistas - \$5	Cheryl Gramp 623-687-4435
	Performing Arts Council	Please call for details			Norma Apodaca 623-377-8500
	Village Players	Please call for details			Max Allen, 623-523-3997
	Village Voices	W	1:30-3:30 p.m.	VistasBallrm	Nancy Connolly 602-380-9315
	Westbrook Musicians	Please call			Steve Thorne 602-427-7616
Fitness	Low Impact Aerobics	M-W	6:00 p.m.	Lakes	Pat Brown 623-293-8037
	General Conditioning Class	T-Th	8:00 a.m.	Vistas	Steve Rommel 602-471-9232
	Lakes Pool Noodle Fitness	W	9:00 a.m. only	Lakes	Sally Cline 319-331-0270
	Lakes Water Aerobics	Nov. 1-Tues thru Sat: 8:00am & 9:00am		Lakes	Sally Cline 319-331-0270
	Lakes Water Walking	T, Th, S	9:00a.m. only	Lakes	Sally Cline 319-331-0270
	Personalized Fitness Training	Please call for details		Vistas	Steve Rommel 602-471-9232
	Gi Gong and Tai Ji	T, F	10:00am-11:00am	Lakes	Becky Boosalis 650-868-4385
	Vistas Water Aerobics	M-W-Th-F-Sat - 8:15a.m. & 9:15a.m.		Vistas	Debbie Hake 805-630-6833
	Water Zumba	T-Th	10:15-11:00a.m.	Lakes	Kathy Margolis 612-201-0167
	Yoga - Mat	Sat	9:00 a.m.	Lakes	Karen Berg, 480-390-9041
	Yoga - Restorative	W	9:00 a.m.	Lakes	Karen Berg, 480-390-9041
Misc	Zumba Gold/Toning for Seniors	M - 9:00 a.m., W - 9:00 a.m., F - 9:00 a.m.		Vistas	Veronica Lowe 623-800-9373
	Blood Pressure Screenings	1st & 3rd Thursdays	9:00-11:00 a.m.	Vistas	
	Library	Open every day except major holidays		FALC	Kay McCaughey 623-217-4161

Please submit all club and activity changes to admin@westbrookvillageliving.com.

and Activities Information



HAPPY
NEW YEAR



Clubs and Groups	Day(s) of Week	Time	Place	Contact Person
Specialty Clubs	Baby Boomers	Please call for details		Maria Thorne 602-463-2903
	Caregiver Support Group	2nd & 4th Tues	1:30 p.m.	Toni Stuart 602-799-0412
	Club GenXYZ	Please call for details		Sophia Phillips 847-565-1457
	Heatherbrook Club	Subdivision coordinator		Marcy Reneau 425-319-8113
	Helping Hands	Please call for details		Roz Farnsworth 623-533-8177
	Hiking Club	Please call for details		Judy Reisener 623-572-3017
	Italian-American	Please call for details		Barry Spiegel 602-318-4149
	Nebraska Club	Monthly Dec-April	Vistas	Maria Thorne 602-463-2903
	Roadrunners RV Club	Please call for details		Dan Geiger 303-885-8169
	Shalom Club	Please call for details		Jack Lytle 623-256-1658
	Technology Club	Website: wbvtc.org	Email: wvcc@live.com	Rita Paper 701-371-1548; Illa Kallish 602-796-3138
	Veterans Club	W, January 14	6:00p.m.	Carl Ulbrich 602-312-5900 westbrookvets.org
	WV Book Club	Th, January 15	12:30p.m.	The Measure Nikki Erlick Jill Ferguson 509-939-8956
	WV Bookies	W, January 14	4:30p.m.	The Day the World Came to Town- Jim DeFede Claudia Carr 206-954-4534
Sports	Wine Club	Please call for details		Cindy Clark 602-363-8633 Fran DeWalt 623-512-3075
	Westbrook Cares!	Please call for details		Cindy Clark 602-363-8633; Marti Harper 989-640-1399
	Billiards	T-Th	6:00p.m.	Lakes
	Bowling - Senior Rollers	T	2pm-Lakeview Lanes Sun City	Thomas Martinez 602-459-0389
	Can-Am Golf	Please email for details		Ellen Howells 623-825-4907
	Golf Heritage Cup	Please call for details		Loris Schuetzle Loris1@shaw.ca
	Golf 9-Hole Couples	F mornings Nov-May		Norm Richter 623-566-0971
	Golf 18-Hole Couples	Please call for details		Lyle TenHaken 507-360-8124
	Golf 18-Hole Women	Please call for details		Rick & Patti Leishman 541-941-6638
	Golf 9-hole Ladies	T, Oct-May	Please call	Shelly Berndt 507-951-5412
	Golf Mens Association (MGA)	W	Please call for details	Kay Hill 503-297-0574
	Golf Weekend Men's Club	Sat	9:00a.m.	Ed O'Bryan 308-631-2260
	Pickleball	Please call for details		Lakes/Vistas
	Table Tennis	W & F	1:00-2:00p.m.	Michael Giroux 623-910-4269
	Tennis	Please call for details		Vistas
	Water Volleyball	1st & 3rd Saturdays	10:30p.m. - 12:30p.m.	Lynette Jones 425-269-6590
	West Valley Ladies Tennis 50+	F, Oct-Mar	Vistas Pool	Bob Suda 847-249-1590
	Village Niner's Golf Group	Please call for details		George Renner 623-937-1649
				Randy Spontak 520-609-1662
				Lynn Semall 623-512-1599
				Lori Van Deventer 706-533-0775
				Pam Cavalier 480-276-8213
				Linda Renner 602-550-0810
				Herb Greksa 224-406-5255
				Dean Carlson 763-301-2138

Important Numbers

Lakes Recreation Center

19251 N. Westbrook Parkway, Peoria, AZ 85382
623-566-6181 ~ 5:30 a.m.-10:00 p.m.

Vistas Recreation Center

18825 N. Country Club Parkway, Peoria, AZ 85382
623-566-6178 ~ 5:30 a.m.-10:00 p.m.

WV Administration Office

19281 N. Westbrook Parkway,
Pearla, AZ 85382
623-561-0099

Mon.-Thurs. 8:00 a.m.-4:30 p.m.
Charley's at The Lakes: 623-399-8557
Links Grill: 623-561-1681

Peoria Emergency: 911

Peoria Police, non-emergency: 623-773-8311
Peoria Fire, non-emergency: 623-773-7279

Westbrook Posse: 623-566-3133
Poison Control: 602-253-3334



Claymates Pottery Club Featured Member

– with CAROLYN PRYDE

Above: Claymates Pottery artist Carolyn Pryde

Top Row-

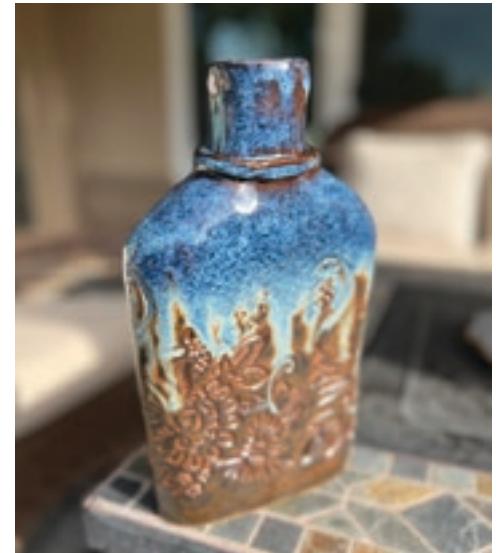
Middle: Hints of Floral bowl by Carolyn Pryde
Left: Decanter by Carolyn Pryde

Center-

Left: Woven bowl by Carolyn Pryde

Bottom Row-

Left: Cute dragon by Carolyn Pryde
Middle: Sneaker planter by Carolyn Pryde
Right: Sign and flowers by Carolyn Pryde

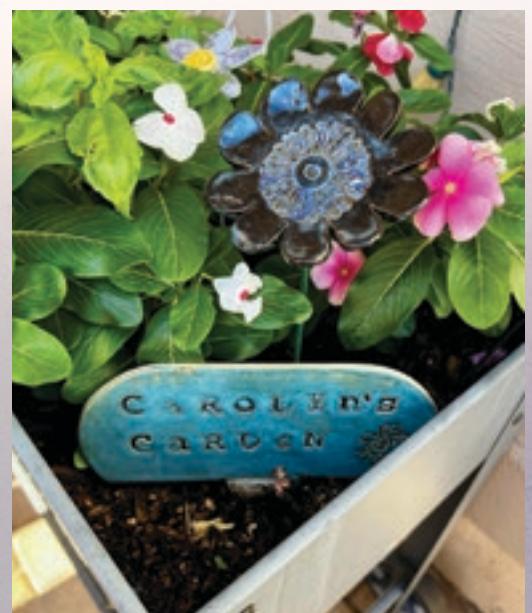


When I moved into Westbrook in 2019 and my first *Living* magazine arrived, I was really excited about all of the activities available. I thought, I'll start at the top of the list and try everything. Well, I started with pottery first, and I'm still playing with clay!

After working behind a computer for 45 years, it's such a delight to allow my creative side to come out and play. I enjoy making one of a kind pieces and my favorite has to be my sneaker planter. I brought one of my Seahawks sneakers into the studio, designed a paper pattern, rolled out my clay and started building. I liked it so much, I made 3 more!

The ambiance in the studio is just so relaxing and the time flies by. We bounce ideas off of each other and share tips on glazing and forming techniques. We always have a laugh along the way. Next time you're at Lakes Rec center, stop by and see us and the lovely items we create!

Club contact: Marilyn Reed 602-432-4024





The mission of the Westbrook Posse is to **protect and serve** the residents of Westbrook Village.

Example of Our Mission: Traffic Assistance at Collision Scene

While departing the Posse Office at the FALC building, Captain Mark Gittins and Lieutenant Ann Beranis observed two Peoria PD patrol vehicles at the scene of a two vehicle traffic collision at the intersection of N. Country Club Parkway and N Rosemonte Dr. It was after 4:00 pm and recognizing a potentially very busy and active scene, Captain Gittins and Lieutenant Beranis approached the officers on site to offer assistance. The officers requested help with directing and controlling traffic, as the ongoing incident management required their full attention.

Captain Gittins and Lieutenant Beranis assumed traffic control duties to ensure public safety and maintain traffic flow.. After approximately one and a half hours, both vehicles were successfully removed, the debris was cleared, and N. Country Club Parkway was reopened to normal traffic.

Community Reminder: Please remember to **observe all posted speed limits** while driving through our neighborhoods. For everyone's safety, use extra caution when crossing intersections.



Toby the Four Legged Hero

In a quiet neighborhood where most days pass without incident, one small dog proved the difference a loyal companion can make. Toby, spirited and attentive, became an unexpected hero when he alerted his owner, Beth, to a neighbor in serious distress.

The day began like any other, with Beth tacking her household chores, when suddenly her dog, Toby, began barking urgently and jumping against the patio door, refusing to be ignored. At first Beth assumed he was agitated



Above: Lt. Ann Beranis and Captain Mark Gittins assisted Peoria PD with traffic control following an accident that blocked the road

Bottom Left: Captain Mark Gittins awarding Toby a certificate for his 4-legged heroism

by a coyote, a fairly common sight in the area. Still, Toby's insistence convinced her to let him outside and to follow and investigate.

Instead of racing off into the yard, Toby led Beth straight to the back wall that borders the neighbor's property. There, faint but unmistakable, Beth heard cries for help. Her neighbor had fallen and believed she had broken her leg. Emergency responders later confirmed it was actually a fractured hip-a painful and serious injury requiring immediate attention.

Thanks to Toby's sharp instincts and refusal to give up, help arrived quickly. With her doors and windows closed, Beth likely never would have heard her neighbor's cries for help on her own. Toby's quick action made all the difference.

When the Posse heard the story, Toby was presented with an award for Outstanding Service by Commander Mark Gittins. He certainly earned his title as a neighborhood hero.

Community reminder: Please be sure to bring your cell phone with you any time you go outside alone.

To volunteer, contact us at commander@westbrookposse.com or **623-566-3133** and see how you can get involved.

The 7 Hidden Dangers of Retirement AND Why You Need a Decumulation Expert

Retirement should be a time of freedom, not fear yet many Americans face financial uncertainty when their working years end. The shift from *accumulating wealth to spending it wisely* brings a new set of risks that can derail even the best-laid plans. Here are seven dangers every retiree must navigate and why partnering with a **Decumulation Expert** is essential.

1. Market Volatility at the Worst Time –

A market downturn early in retirement can devastate your savings, a phenomenon known as “sequence of returns risk.” Withdrawing funds while markets fall locks in losses and can permanently shrink your nest egg.

2. Inflation –

The silent thief of purchasing power, inflation erodes the value of your money year after year. Even modest inflation can make your income feel smaller as living costs rise.

3. Taxes –

Your tax picture doesn't disappear in retirement in fact it often becomes more complex. Required minimum distributions, Social Security, and investment income can trigger higher tax brackets or Medicare surcharges without careful planning.

4. Healthcare Costs –

Medical expenses are among the largest and most unpredictable retirement costs. Premiums, long-term care, and out-of-pocket treatments can quickly drain savings.

5. Social Security Risk –

Relying too heavily on Social Security is risky. Policy changes, benefit reductions, or claiming too early can



"The shift from accumulating wealth to spending it wisely brings a new set of risks that can derail even the best-laid plans."

shrink lifetime income. A strategy tailored to your situation can maximize this cornerstone benefit.

6. Longevity Risk –

Living longer is a blessing unless you outlive your money. Many retirees underestimate how long their savings must last, risking financial shortfalls in later years.

7. Not Making Any Decisions at All –

Perhaps the biggest danger is paralysis. Avoiding decisions doesn't preserve wealth, it increases exposure to all six other risks.

A **Decumulation Expert** helps retirees transition from building assets to strategically drawing from them. By creating a tax-efficient, risk-managed income plan, these professionals help ensure your money lasts as long as you do. Retirement success isn't just about saving, it's about **smartly spending** what you've earned.

Milo Milosevich, IAR at HPY Retirement is 1 of only 3 Decumulation Experts in the Valley. Call 623-887-9322. *Because you deserve a HPY Retirement.*

Please see our ad on page 39

WHAT'S NEXT?



FIND YOUR PACE AT ROYAL OAKS

Life doesn't slow down when you reach retirement, and that's why we strive to meet you where you're at. We've created a holistic living experience anchored by our state-of-the-art Vida Center, ensuring seamless, personalized care and a full range of health and wellness services for every stage of life. Picture yourself exploring new hobbies, embarking on incredible adventures, and starting every morning with a renewed sense of purpose. Embrace the possibilities of each new day at Royal Oaks.

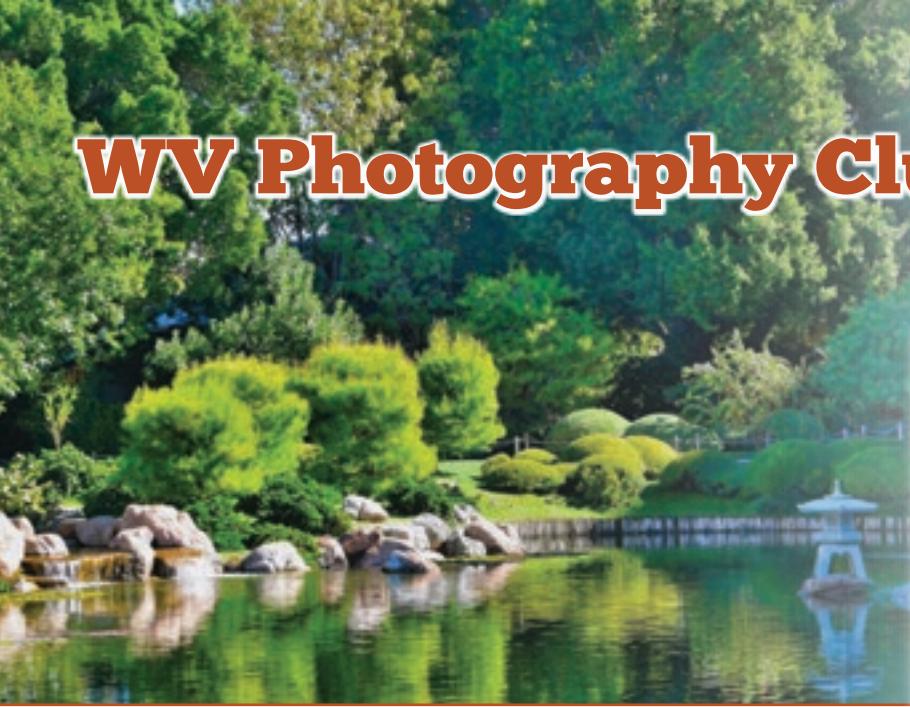
CALL 623.239.3849 TODAY!



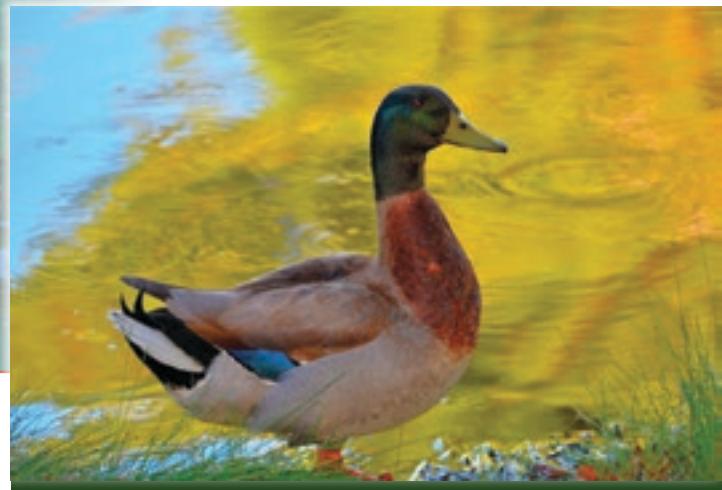
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WV Photography Club SHOWCASE

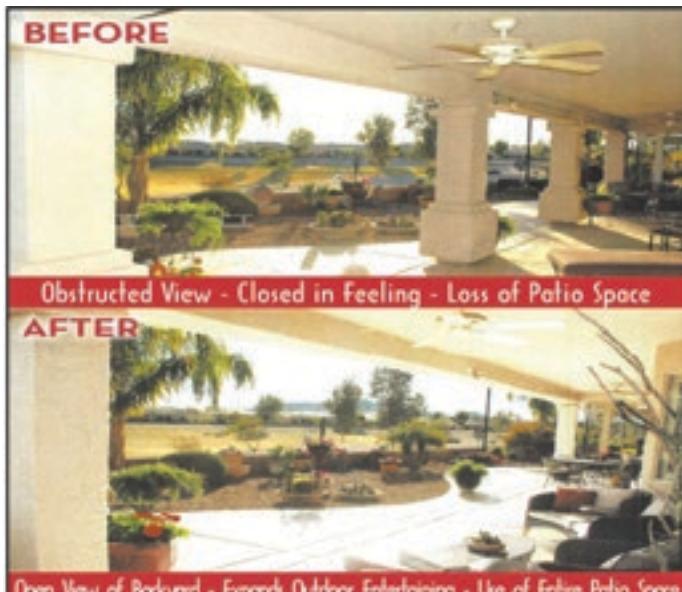
- with David Gilles



The club took a field trip to the Japanese Friendship Garden in the heart of downtown Phoenix and discovered a place of beauty, tranquility, nature's splendor. David Gilles enjoyed capturing the brilliantly colored feast for the eyes in these photos.



CLUB CONTACT: Mary Barany – 623-680-5091



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Always Remembered



Karl Burns | May 5, 1938 – November 13, 2025

Karl Joseph Burns was born in Fostoria, Ohio, to the late Arthur and Marcella Burns. He earned his Bachelor of Science in Electrical Engineering from the Indiana Institute of Technology,

and he proudly served his country in the United States Army Infantry, where he was deployed to Korea. Following his service, Karl built a distinguished career in telecommunications engineering. He began his work with RCA and later continued with Northern Telecom, ITT, and United Telecom, ultimately retiring as a VP at Sprint.

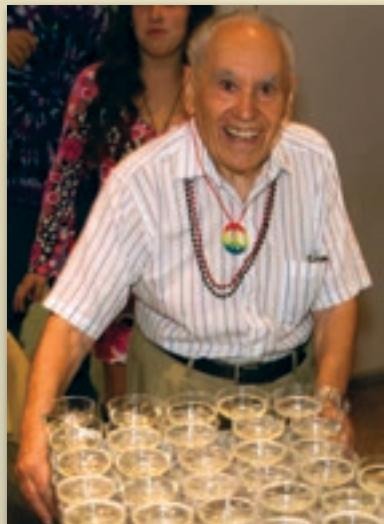
Karl married the love of his life, Judith Ann (Traunero) Burns, and together they raised a beautiful family. Karl loved his family deeply and found joy in bringing everyone together at the lake and on family vacations. A man of many talents,

he enjoyed hunting, fishing, woodworking, farming, beekeeping, and attending local and state fairs. Karl had a warm and welcoming spirit and never met a stranger. He was always ready with a smile, a story, or a piece of helpful advice for anyone working on a project. Karl was also a longtime member of the Elks Lodge, a Master Gardener during his years in Arizona, a dedicated volunteer with the Boy Scouts, and a 4-H advisor.

Karl and his wife, Judy, lived in Oakmont Heights at Westbrook Village for over 20 years, and moved to Fairway Springs a couple of years ago. Karl was very involved in stained glass and woodworking. He was a jack-of-all-trades and always willing to help anyone out with a project.

Services were held in Pickerington, Ohio, and for those wishing to honor Karl in another way, memorial contributions to Mary's Meals or St. Jude's are also welcomed.

We honor your memory Karl Burns, and thank you for your service to our country.



Michael (Mike) Tosto 1932-2025

On November 9, 2025 at 3:30pm, Michael Tosto died of natural causes at Thunderbird unit of Hospice of the Valley at the age of 93. He was a devoted husband, father and

grandfather. His work in NY was at Presbyterian Hospital as a pharmacist.

Michael retired to Westbrook Village in 1997 with his wife of now 68 years, Zina. He enjoyed family life and Catholic faith. He was a parishioner of St. Elizabeth Seton R.C. Church for over 27 years and a life member/Past Exalted Ruler of the Elks (BPOE).

Michael loved his family, especially his two granddaughters, Ashley and Laura. He is survived by his wife, son John, daughter Bella, and his brother Joe, and his granddaughters. He is dearly missed by all.

Nadine Baggaley

July 6, 1925 - April 18, 2025

Nadine Baggaley passed away peacefully on April 18, 2025 (Good Friday) at the age of 99. She was born to Edgar and Mattie Belton in Eden (Leaksville) NC. She was a farmer's daughter and one of 7 children. During her late teens and early twenties, she drove a school bus for the local elementary school. Nadine traveled to New York to model and eventually became a Flight Attendant for Delta Air Lines. On one of her many flights, she met the love of her life John Baggaley, a First Lieutenant in the Air Force. They were married for 73 years.

In 1992, the couple moved to Westbrook Village. During her 33 years at Westbrook Village she found a new passion for playing golf. Both Nadine and John were active in the golf community and were on various committees, and **they started the 18 Hole Couples Club.**

In keeping with her southern roots Nadine loved to

entertain, and hosted many dinner parties and golf events for her friends at Westbrook Village.

Nadine will be remembered for her strong love of family and her many friends. Her quick wit even when she was not feeling great, her gentle soul and the joy she brought to everyone that knew her.

Nadine is survived by her husband John, daughters Sue (Dave) Coleman, and Beth Baggaley (Troy Barnett).

Her ashes were placed at the National Memorial Cemetery of Arizona on April 30, 2025.



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WV HAPPENINGS



JACKPOT BINGO

Friday, January 9th
Lakes Recreation Center Ballroom
Doors open at 4:30 P.M.
Games start at 6:00 P.M.
Limited Seating
Food For Purchase

\$10.00 - 6 PACKS **WINNER TAKES**
\$15.00 - 9 PACKS **THE BIG JACKPOT!**



2nd Sunday Marketplace

Sunday, January 11, 2026
10:00am - 1:00pm

Location:
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at the Vistas!

Marketplace Manager:
Monique, MMEvents@Juno.com



Westbrook Village

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Margaritas
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Westbrook Village Association Presents:
Margaritas in Paradise
Concert
a Jimmy Buffett Tribute Band

Friday, January 30th
The Lakes Ballroom
7:00 P.M.

Tickets on sale for \$35 per person
at the Lakes Rec Center

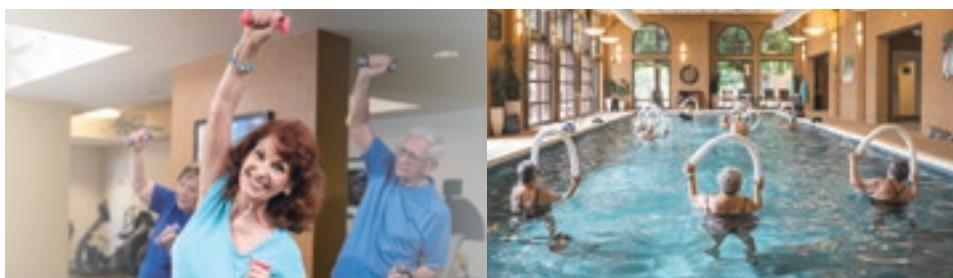


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12th Annual Veterans Ball - A Gala to Remember



Above: The JROTC from Sandra Day O'Connor High School stood ready to carry out the Call to Colors **Right:** Ed Schriber is all smiles as Tona Jackson and Rocco Giurlanda adjust the Quilt of Valor around him



"They Also Serve" was the theme of the 2025 Veterans Ball, in honor of the families of our troops and veterans who serve alongside their military family member(s). Guests arrived and were seated around beautifully decorated tables, and multi-media screens displayed images of Westbrook Village Veterans and the branch in which they served.

The evening began with WV veterans' family members carrying the presentation of Military Colors in honor of their contribution during their loved ones' service time. This was followed by the Call to Colors by the JROTC from the Sandra Day O'Connor High School Band. Bill Wolfe sang our national anthem, and Maurice Walsh led the POW/MIA Ceremony, where those absent on foreign soil were memorialized with symbols of their sacrifice (see table photo on this page).



Above: Gala guests bid on the silent auction items **Center:** The elements on the table honored our POW-MIA servicemen on foreign fields



courageous service.

Following the toast by Carl Ulbrich and invocation by Father Greg Menegay, dinner was served by the Links Grill. Guests enjoyed bidding on the silent auction items, the proceeds of which go to the ongoing charitable efforts of the Veterans Club.

Military family voices were heard in speeches given by Brianna Garcia and Maureen Creekmore of the Luke AFB Spouse's Club. Recognition of the gala's sponsors and volunteers came next and silent auction winners were announced. There is no way to adequately thank all who contributed to the event and those that continue sponsoring the charitable efforts of the Veterans Club.

A million thanks to all!

Veterans Ball Sponsors: Pete and Margie Newman, Lori Reiland-Team Reiland (Russ Lyon Sotheby's International Realty), The Montecito, Inspira Arrowhead, AZ Perfect Comfort AC/Heating, AZReneau of My Home Group, Burnstein Veterans Golf Group, Michelle Ventures Real Estate, Arrowhead Cadillac, BOSA Donuts, Patricia Walsh Sumas, Arrowhead Honda, Volkswagen of Peoria, Dr. Robert & Ann Rentfro, Carl & Marcia Ulbrich, Harold & Donna Wallis, and *In Memory of Norman Palmer N.S.M.M. WWII*

Veterans Ball Volunteers: Vince & Kelly Lodato, Lynette Jones-Baucke, Kevin Trovini, Mary Thorson, Rocco & Judy Giurlanda, Jerry Davis, Wayne Baxter, Jack & Pat Williamson, Marcy Reneau, Donna Knorowski, Randy & Phyllis Weiland, Laurs & Diane Durnell, Jim & Mary Kay Boell, Maurice Walsh, Carl & Marcia Ulbrich

Club president: Carl Ulbrich – 602-312-5900
westbrookvets.org



WV Veterans Club NEWS

Community * Patriotism * Camaraderie

Upcoming Events:

You're Invited! Identity Theft Prevention Workshop

January 14, 2026 at 6:00 pm - Lakes Recreation Center

Hosted by the Westbrook Village Veterans Club and presented by BMO Bank, this informative workshop is designed to empower you with the knowledge and tools to safeguard your personal information in an increasingly digital world. During this session, you will:

- Learn to recognize the early warning signs of identity theft and fraud—before serious damage occurs.
- Examine the different types of identity theft and fraud, including financial scams, phishing attempts, medical identity theft, and more.
- Discover practical strategies to protect yourself, your finances, and your personal data.

- Understand how to build safe habits—online and offline—to reduce your vulnerability.
- Hear expert guidance from BMO Bank, including real-world examples, prevention tips, and steps to take if your information is compromised.

This workshop offers valuable insights for anyone looking to strengthen their identity protection and stay informed about today's fraud threats.

Please register on-line: <https://westbrookvets.org/calendar/identity/>

Coffee with a Veteran – Friday, January 23, 2026 at 10 am

On behalf of the Veterans and their families who will ultimately benefit from your generosity,

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Club president: Carl Ulbrich – 602-312-5900 – westbrookvets.org

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Meet Your Neighbor: Podcaster Steve Merila



Where are you from, and what do you do, Steve?

I was born in northern Wisconsin and spent most of my career in the Twin Cities of Minnesota. I've always been entrepreneurial at heart. I founded Big Wood Brewery, which grew into a well-loved Minnesota brand. Later, my wife and I launched **HER Spirit Vodka**, a company dedicated to giving a portion of its profits to support women entrepreneurs. I also served as President of a hardwood distribution company, which taught me the importance of clear communication and integrity in business.

All of that eventually led me to real estate, which combines my passion for people, community, and service.

What prompted you to start a podcast devoted to Westbrook Village?

I wanted to truly serve the Westbrook Village community. So I asked myself: *How can I give back in a way that feels authentic to who I am?* The answer was simple—I love hearing people's stories.

That's what led to my **Meet Your Neighbor** podcast. It's my way of shining a light on the amazing people who live here, building connection, and giving residents a voice. Yes, it supports my real estate business—but at its core, it's about celebrating neighbors, strengthening relationships, and contributing something meaningful to Westbrook Village.

Describe your podcast and what the response from the WV community has been?

Meet Your Neighbor was launched in April of 2025, and with nearly 4,000 homes in Westbrook Village, my goal for 2026 is simple: reach as many of our neighbors as possible and encourage more people to share their stories.

Why Westbrook Village?

My wife, Kjersten, and I bought our home in Westbrook Village in 2022, after Kjersten's job became remote due to Covid. We had spent a couple of winters here visiting her parents who wintered at WV. Ever since our first visit, I understood why people fall in love with this place.

The response has been amazing. From the very first episodes, people reached out just to say *thank you* for doing this for the community. Everywhere I go in Westbrook Village—on the golf course, at pickleball, even at the mailbox—neighbors want to talk about their favorite interview or ask who's coming up next.

One of the comments I hear most often is, "I've known him or her for 15 years, and I had no idea about that part of their life." That's the magic of it. Not everyone wants to share their story, and that's perfectly fine, but for those who do, it deepens relationships in ways I never imagined.

People have even called me asking for a guest's phone number so they can take them out for a beer and get to know them better. But the most rewarding moments are when an interviewee reaches out afterward and says, "Thank you for telling my story."

How can folks connect to your podcast?

You can find **Meet Your Neighbor – Realtor Steve** on all major podcast platforms—just search for the title and it will pop right up.

You can also listen directly on my website: <https://meet-your-neighbor.captivate.fm>

What is your goal/New Year's resolution for 2026?

I'd love to start hosting podcast get-togethers so residents can meet, connect, and celebrate the community together. One dream interview would be finding an original homeowner and hearing firsthand how Westbrook has evolved over the decades.

Coffee Talk



COFFEE TALK
WITH GENERAL MANAGER
Karen Jones

Tuesday, January 27, 2026
The Lakes Ballroom
9:00 a.m.

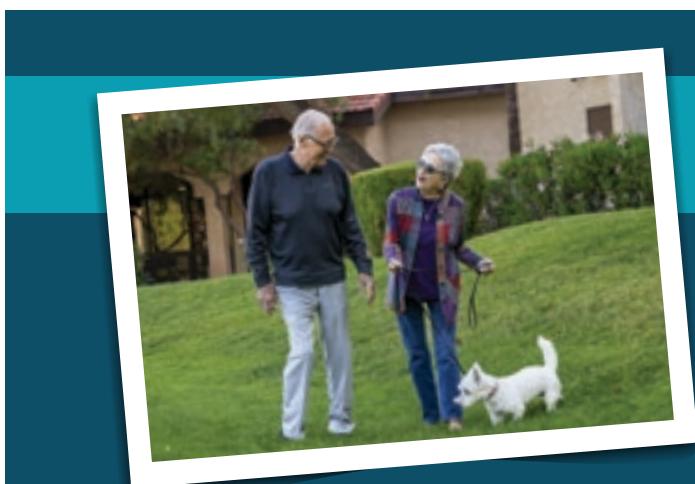


CPR SEMINAR
With Kyle Layne

Tuesday, January 20th
at The Lake Ballroom
Section C
10:00 - 11:30 A.M.


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Men's Golf Association News



Above: Hole in One winners for 2024-2025 season, Ed O'Bryan and Phil Crisp

Club Contact:
Ed O'Bryan, Secretary
308-631-2260

The Westbrook Village Men's Golf Association (MGA) held their Thanksgiving Invitational, followed by a luncheon, annual meeting and awards ceremony after team play. President Phil Crisp announced that 119 members paid for the 2026 season as of meeting time and welcomed all the new members.

Treasurer Bruce Miller gave the Treasurer's report, then presented the shared "Hole in One" pool checks to the two individuals, Phil Crisp and Ed O'Bryan, who made a qualified MGA "Hole in One" during the past season (October 1, 2024 thru September 30, 2025).

Rules were reviewed and 25 MGA-Recognized groups were announced who would qualify for a MGA member's "Hole in One" for the pool. WV Golf Group leaders were asked to contact the MGA's Board to see if the group would qualify according to our bylaws and rules—this so that every MGA member has a chance for a qualified Hole in One.

Brandon Evans and the pro shop staff then presented the awards for our Thanksgiving Invitational which consisted of four flights paying out four places for each flight. The flights (2 Person, One Net) first place winners were:

First Flight— Paul Carroll & Monty Town | Second Flight— Chris Carson & Clinton Bergeron
Third Flight—Steve Mapley & Doug Ward | Fourth Flight—Rob Thaxton & John Mullin

The MGA invites all Westbrook Village Golf members to join our group. We play every Wednesday plus we have —

- THE MEMORIAL TOURNAMENT—January 5, 7, and 14, 2026
- THE MGA CHAMPIONSHIP—February 4 and 11, 2026
- The GUYS AND DOLLS CLASSIC—March 2, 3 and 4, 2026

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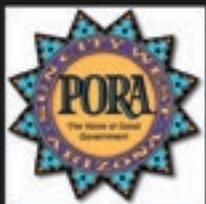
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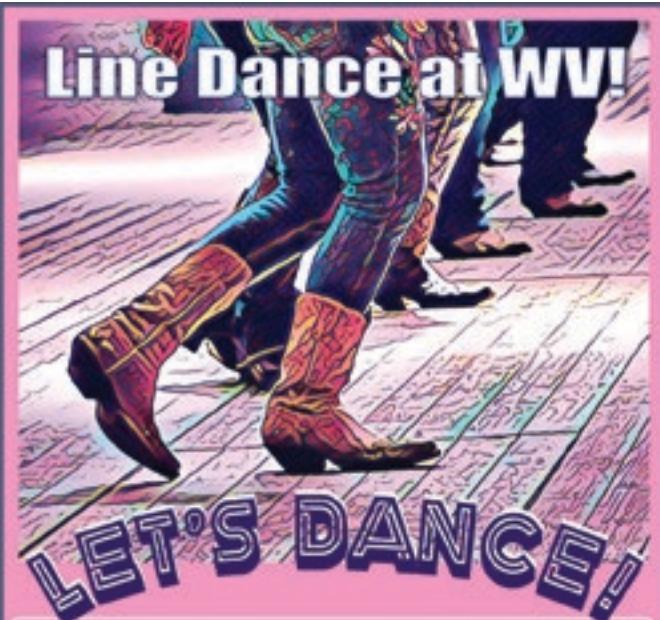
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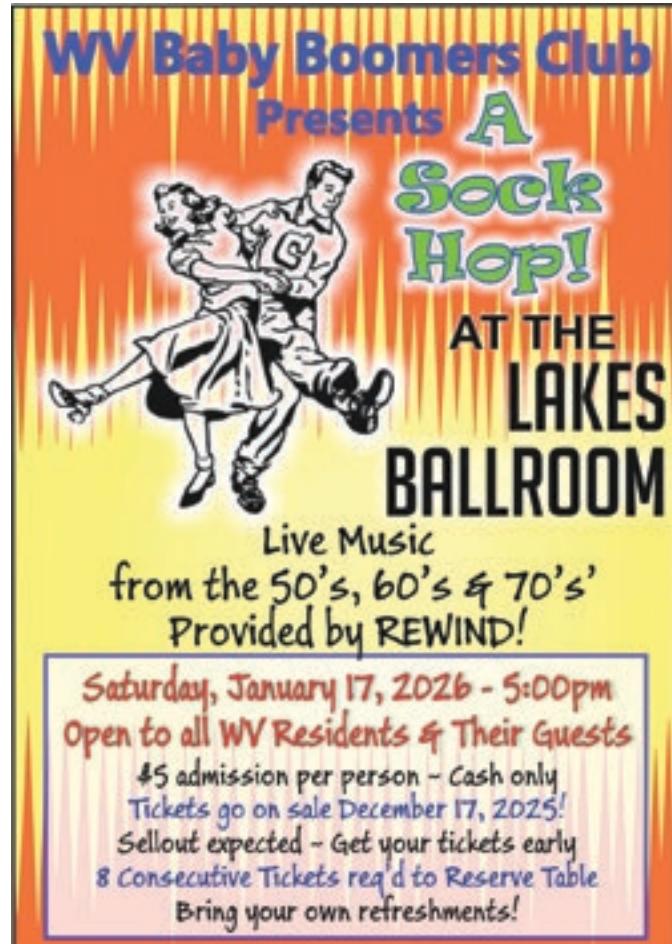
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Lakes Aerobics Rm - Every Wednesday
Intro to Line Dancing 3:00 - 3:45 pm - \$5
Novice Line Dancing 3:45 - 4:45 pm - \$5
Intermediate Line Dancing 4:45 - 5:45 pm - \$5

Vistas Ballroom - Every Sunday
Intermediate Line Dancing 3:00 - 4:00 pm - \$5

Contact: Cheryl Grampp, 623-687-4435



18 Hole Couples

-with Lizelle Dawson

The 18-Hole Couples had a great turnout for the Glowball Golf event in November at the Vistas Golf Course. The group golfed a 9-hole round in the afternoon, followed by a tasty catered meal by the Links Neighborhood

Grill. As the beautiful evening began, everyone ventured out onto the course for a fun round of glowball golf. Winners of the event (combined alternate shot) were then announced, followed by drawings for raffle prizes and door prizes.

The 18-Hole Couples Board would like to thank all the volunteers, sponsors, and our excellent WV Pro Shop and staff for all their hard work and time to make this event a huge success!



Congratulations to this year's winners:

- Champions: Doug and Mary Jo Walter, Bob and Karen Freiburg, and Rob and Pam Sprosty.
- 2nd place: Mike and Jodi Engelstad, Ken and Cathy Schulte, and Stewart Schwartz and Barbara Brown.
- 3rd place: David and Barb Corn, Mike and Mary Ann Porter, and Larry Ditmar and Rita Jorstad.
- 4th place: Jim and Laurie Asher, Steve and Gloria Karch, and Kent and Patty Gilmore.
- Winner of closest to the pin on number on #2 was Rod Bird, at 3' 5".

Above: Winners of the 2025 Glowball Golf Event - Rob Sprosty, Doug Walter, Mary Jo Walter, Pam Sprosty, Karen Freiburg, and Bob Freiburg **Top Right:** Patti and Rick Leishman, 18-Hole Couples President, did a tremendous job putting together the Glowball Golf event and made sure everyone had a great time

Club contacts: Rick & Patti Leishman | 541-941-6638

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- Great place to meet new friends and WV neighbors



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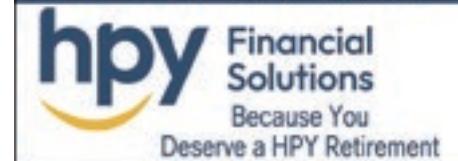
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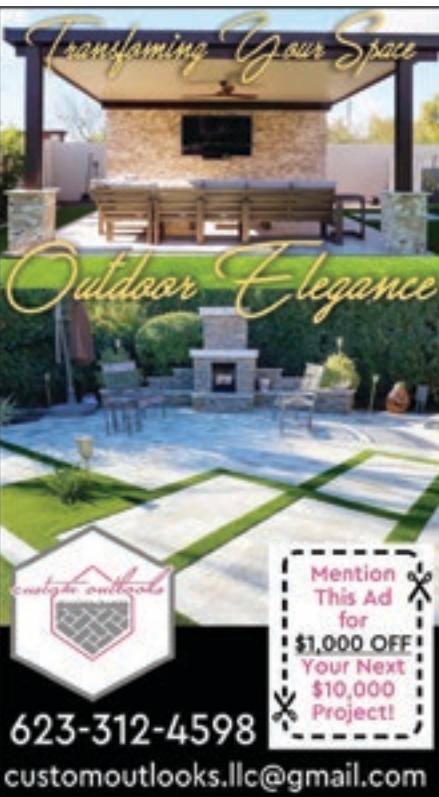
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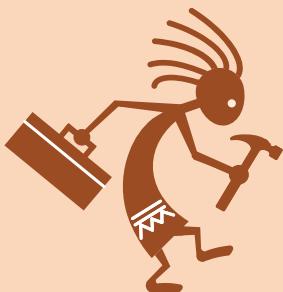
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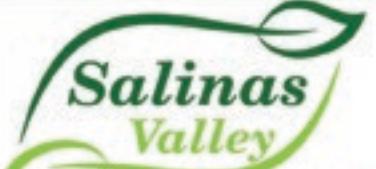


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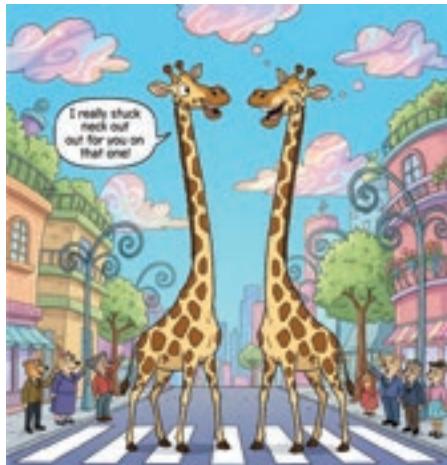
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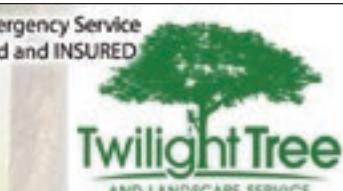
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warm wishes just for you.

—“—



WV Technology Club *Technology for Living Life*

Website: <https://wbvtc.org> Phone: 623-226-8120 (leave message) Email: wvcc@live.com

January 2026 Workshops:

Tech Talk – Hosted by Pete Lawton

Thursday, January 8 at 6 p.m. – **Topic:** 3D Modeling

Windows World – Hosted by John Ellsworth

Tuesday, January 13 at 3 p.m. – **Topic:** Windows Clouds, Clouds and More

Apple Bytes – Hosted by Pat Williamson

Wednesday, January 14 at 2 p.m. – **Topic:** Apple's Cloud Storage

All are held in Computer Room 1 at the Lakes Rec Center – check in at the Front Desk, Lakes Rec Center.

WOULD YOU LIKE TO PROVIDE A VALUABLE SERVICE TO SUPPORT YOUR COMMUNITY?



The Technology Club sponsors AARP Tax Prep and we are looking for experienced Volunteers for Tax Prep Work & related IT help. (AARP Tax Prep runs from the first Monday in February to mid-April).



Technology Club – Member of the Month – Jan Brady

Jan Brady, the Technology Club's President & Outreach Refurbishing Director. She manages the refurbishing of over 250-300 donated computers, laptops and other devices as well.

The Technology Club has a few open positions we are seeking Volunteers for.

- Communications Coordinator
- Events Coordinator
- Workshops Coordinator

If you are interested please contact the Club at **623-266-8120** or wbcc@live.com



Accessing the Computer Room: Computers, Printers, Video Tape to DVD copying and more, available for your use! To gain access to use the equipment, present your WV ID badge to the Lakes Rec Center Front Desk and ask for a key to Computer Room 2. Then, please sign in at the Register just inside Computer Rm. When finished, please return the key to the Front Desk and they will return your ID Badge to you.

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\$20!

*Winners will be contacted by phone and announced in future issues of WV Living. Prizes will be mailed to winners. Limit one (1) entry per household.

Winner is Selected Each Month!

Once you find Westbrook Will, mail entry to: Westbrook Village Living Magazine, 8715 W. Union Hills Drive, Suite 108, Peoria, AZ 85382

Include your Name, Address, Phone Number, and state which Ad contains Westbrook Will.

Every month, one (1) winning entry will be drawn from all correct entries received for that month.



"Actual Size"

Congratulations to **Melissa Clayton**, who correctly identified that Westbrook Will was hidden in the December 2025 issue on Page 25 next to **Realtor Staci Lebsack's HomeSmart ad**. Melissa's entry was drawn from many who sent theirs in, and she will be receiving \$20 as the winner! Thank you to all who participated!

The challenge in this issue is to find **Westbrook Will holding a card with his New Year's wish**. Once you find the image (as shown here), please jot down the ad location and your name and address on a 3" x 5" card, and postmark your entry by January 12, 2026, so you can be included in the draw for the cash prize! (One prize per household, please!)

Pickleball Club News:

Hall of Fame

— By Phillip Ash



Melissa McCurley, a Westbrook Village resident during the mid-2010's and past member of our Pickleball Club, is a true pickleball pioneer who significantly contributed to the game's explosive growth. As the executive vice president of competition for the APP (Association of Pickleball Professionals), she has been instrumental in shaping the competitive landscape of the game. Her leadership and vision have helped elevate pickleball from a casual pastime to a highly organized, global sport enjoyed by thousands. Melissa is not only known for her work behind the scenes but also for being the first woman to broadcast pickleball events on CBS Sports, bringing greater visibility and recognition to the sport.

Beyond her broadcasting achievements, Melissa McCurley has an impressive entrepreneurial and leadership track record.

She helped create the Universal Tournament Pickleball Rating (UTPR) system, the sport's first algorithmic, data-driven rating system, and launched many innovations in tournament technology and operations. Her dedication extends to managing indoor courts, serving on the USA Pickleball Board of Directors, and organizing major tournaments catering to hundreds of players.

A few weeks ago, Melissa McCurley was deservedly inducted into the Pickleball Hall of Fame as a contributor, recognizing her monumental impact on the sport beyond just playing. The induction ceremony took place at the Gold Canyon RV Resort, which was attended by WV resident, Sara Ash. The Hall of Fame honor not only acknowledges Melissa's professional accomplishments but also her character, sportsmanship, and leadership within the pickleball community. This milestone immortalizes her legacy as a dedicated champion of pickleball's growth.

Club Contact: Lynette Jones, 425-269-6590



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WV LIBRARY NEWS with Kay McCaughey

Happy New Year from your Westbrook Village Library!

The library has been very busy with new donations of books and puzzles, which have all been generously donated by our residents, and we are very thankful!

We continue to strive to make the shelves full of new authors and new ideas for you to try. Please stop in and visit with our volunteers. We are always ready to answer any questions and recommend something new for you to read! Don't forget to swipe your Westbrook card!

May you have a Happy and Healthy

2026

9 Hole Ladies Golf

– with Kay Hill



Kay Hill invites you to come out and enjoy some golf with us

I am Kay Hill, a ten-year member of the WV 9-Hole Ladies Golf Club, and I would like to invite you to come out as a Guest and play with us one Tuesday soon. In December and January we play in the afternoons. However, the warmer months, you will see us out on the course around 8 – 9 a.m.

We are a friendly bunch of golfers, and we always enjoy new members. Come out as a Guest first and see if we are the right fit for you.

Call Kay with questions at 503-297-0574



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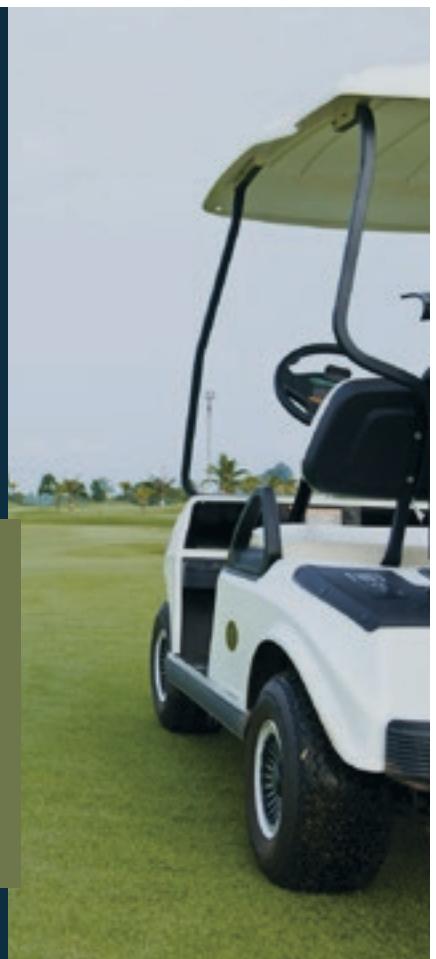
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